



# Rehab for Life After Amputation

To get you back to an active life after amputation, we begin your therapy as soon as medically possible. Our accredited rehab program tailors therapy to your needs, so you get the right support during recovery. Our dedicated doctors, nurses, therapists and other specialists work as a team to help improve your mobility and quality of life.

## Inpatient Rehab Improves Amputation Recovery

Our inpatient rehab program is designed to help you strengthen muscles, prevent pain, improve wound healing and gain confidence using your prosthesis. We offer ongoing care that prepares you to live independently or with help from family members and caregivers.

## Pre-Prosthetic Rehab

Before using a prosthesis, it's essential to strengthen the muscles you use for balance and movement. You'll learn how to maintain muscle tone and care for the remaining part of your limb called the stump.

## Inpatient Rehab vs. Skilled Nursing

Patients who receive inpatient rehab are:



More likely to be discharged to their home



Less likely to be readmitted



More likely to be satisfied with their gait

## Your Treatment Plan

After your prosthesis is fitted, our therapists teach you to use it safely and effectively. Your treatment plan will focus on:

- Regaining mobility or learning adaptive skills
- Performing daily activities with a prosthesis, such as eating, dressing, grooming, bathing and housework
- Keeping your stump healthy

Treatment plans depend on your amputation type and current health. Your therapy may include 30- to 60-minute physical and occupational therapy sessions throughout the day. Case managers can help you find resources for emotional support, get assistive equipment and access services you may need at home.

## Contact us to learn more.

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