



# Experts in Stroke Rehab

When you're recovering from a stroke, you want to regain as much function and freedom as possible. Our accredited stroke rehab program tailors therapy to your needs, so you can get the right support during recovery. Our dedicated doctors, nurses, therapists and other specialists work as a team to improve your abilities and quality of life.

## **Inpatient Rehab Improves Stroke Recovery**

Early action is critical after a stroke. Your rehab should start as soon as you're medically stable and doctors have taken measures to help prevent further strokes and complications.

Our inpatient program offers personalized therapy and ongoing care. We help prepare you for living independently or with help from family members and caregivers.

## **Research Shows That Inpatient Rehab:**

- Shortens your length of stay, getting you back home quickly
- Lowers your chance of readmission

All our inpatients are treated with dignity, respect and compassion. The goal of our specialized care is to send you directly home, avoiding the need for additional care at a nursing home.

## **New Heart & Stroke Association Guidelines**

Did you know that the American Heart and Stroke Associations issued new guidelines to help you and your care team get the best rehab results? The guidelines say that, when possible, stroke therapy should start at an inpatient rehab facility rather than a nursing home.

## **Caregiver Support**

Having a support system is important to your recovery. We offer education and training for close family members and caregivers. Our social workers and case managers help you and those caring for you get the help and equipment you'll need during recovery.

## **Contact us to learn more.**

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