

# Immigrant and Refugee Resources – St. Louis Area

(community resources for low income and uninsured)

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## Comprehensive Mental Health and/or Case Management Services

### **Bi-Lingual International Assistance Services**

1329 Macklind Avenue, Suite 200  
St. Louis, MO 63110  
314-645-7800  
[www.bilingualstl.org](http://www.bilingualstl.org)

Provides mental health and social services to the elderly and disabled foreign born. Includes counseling, case management, citizenship assistance, translation/interpretation services, and referrals.

### **Care Access for New Americans (CANA)**

[www.canausa.net](http://www.canausa.net)

A collaboration that provides counseling for immigrant and refugee adults, families and children including, needs assessments, psychiatry services, substance abuse treatment, information and referral to community resources, interpretation, and assistance with transportation to project services. Contact Places for People for intake.

### **Center for Survivors of Torture and War Trauma**

1077 S. Newstead Avenue  
St. Louis, MO 63110  
314-533-4114  
[stlcenterforsurvivors.org](http://stlcenterforsurvivors.org)

Provides culturally holistic counseling/mental health services for refugee and immigrant survivors of torture and war trauma.

### **Places for People**

4130 Lindell Boulevard  
St. Louis, MO 63108  
314-535-5600 x274  
[www.placesforpeople.org](http://www.placesforpeople.org)

Faith Team provides services for refugees who are survivors of torture. The services include coordination of all mental health needs, assistance with benefits and links to translation services, legal assistance, and more.

### **St. Francis Community Services Southside Center**

4172 Delor St.  
St. Louis, MO 63116  
314-773-6100 English & Spanish Line  
314-644-8900 Vietnamese Line  
[www.sfcstl.org](http://www.sfcstl.org)

Provides social services, mental health counseling, and youth programming a bilingual, culturally sensitive environment.

## Health Services

### **Casa de Salud**

3200 Chouteau Avenue  
St. Louis, MO 63103  
314-977-1250  
[casadesaludstl.org](http://casadesaludstl.org)

Provides basic health and wellness services and referrals. Focus is on new Hispanic immigrants. Adults only.

### **Vietnamese Community Clinic – Operated by St. Francis Community Services**

4172 Delor St.  
St. Louis, MO 63116  
314-773-6100 English & Spanish Line  
314-644-8900 Vietnamese Line  
[www.sfcstl.org](http://www.sfcstl.org)

Provides basic health and wellness services including health screenings, blood draws, pap smears, and referrals for Vietnamese immigrants.

## Legal Services

### **Catholic Legal Assistance Ministry (CLAM)**

100 N. Tucker Blvd., Suite 726  
St. Louis, MO **63101**  
314-977-3993  
[www.sfcstl.org](http://www.sfcstl.org)

Offers representation for impoverished families who do not have the resources to hire an attorney for themselves. CLAM offers services for immigrant populations who face challenges in filing governmental documents.

### **Interfaith Legal Services for Immigrants**

4158 Lindell Blvd.  
St. Louis, MO **63108**  
314-371-4640  
<http://www.ilsilegal.org/>

Provides legal services to low-income families on a sliding-scale basis. Provides representation for Adjustment of Status, Asylum applications, Employment authorization, Family-based petitions, Habeas Corpus, Naturalization/Citizenship, Removal hearings, Temporary Protected Status (TPS), Violence Against Women Act (VAWA) petitions, etc.

### **Legal Services of Eastern Missouri Immigration Law Program**

4232 Forest Park Avenue  
St. Louis, MO **63108**  
314-256-8756  
[www.lsem.org](http://www.lsem.org)

Provides representation for visa petitions, adjustment to permanent residence, and various other immigrant related legal matters. Also provides legal assistance in Human Trafficking and domestic violence cases when immigrants or refugees are involved.

### **M.I.C.A. Project (Migrant & Immigrant Community Action Project)**

1600 S Kingshighway, Suite 2N  
St. Louis, MO **63110**  
314-995-6995  
[www.mica-project.org](http://www.mica-project.org)

Provides free Know Your Rights presentations, focus groups and community collaboration for immigrants. Provides sliding scale fees for individual legal services for removal defense, family-based immigration, asylum, adjustment of status, legal status for victims of domestic violence and more.

## English Language Education and Interpretation and Translation Services

### **All Access Interpreters, LLC**

8460 Watson Road, Suite 140  
St. Louis, MO **63119**  
314-259-1010  
[www.aai-vri.com](http://www.aai-vri.com)

Provides qualified medical interpreters for clinics who need assistance for their clients without the high cost of new equipment. Interpreters can provide services for over 40 languages including American Sign Language. Services are available over video, phone, or in-person.

### **International Institute of St. Louis**

3401 Arsenal St.  
St. Louis, MO **63118**  
314-773-9090  
[www.iistl.org](http://www.iistl.org)

Refugee resettlement, English classes, job search assistance, and adjustment services. Certified Nursing Assistant (CAN) class available to foreign born.

### **International Language Center**

1416 S. Big Bend Boulevard  
St. Louis, MO **63117**  
314-647-8888, Toll Free: 800-445-4440  
[www.ilcworldwide.com](http://www.ilcworldwide.com)

Provides translation services, foreign language and sign language interpreting, and adult, children, teen, and cross-cultural education programs.

### **Language Access Metro Project (LAMP)**

8050 Watson Road, Suite 340  
St. Louis, MO **63119**  
314-842-0062, Toll Free: 866-948-7133  
[www.cfsstl.org](http://www.cfsstl.org)

Interpretation and translation services, medical interpreter training and services, advocacy, outreach and provider education.

### **Parkway Area Adult Education and Literacy**

13157 N. Olive Spur Road  
St. Louis, MO **63141**  
314-415-4940  
[www.parkwayschools.net](http://www.parkwayschools.net)

Offers free English as a second language and citizenship classes to adults throughout St. Louis County.

**YMCA Literacy Council of Greater St. Louis**

600 Loughborough  
St. Louis, MO **63111**  
314-678-0162

[www.ymcastlouis.org/literacy](http://www.ymcastlouis.org/literacy)

Provides free one-on-one tutoring to adults who need help with English language skills and also citizenship preparation.

**Life Skills and Career Resources****Immigrant & Refugee Women's Program**

3672B Arsenal Street  
St. Louis, MO **63116**  
314-771-1104

[www.irwp.net](http://www.irwp.net)

Teaches women basic English and practical living skills in the security of their own homes.

**Rise Together Ministries**

3646 Fairview Ave  
St. Louis, MO **63116**  
314-865-2210

Offers job development programs, communal mentoring, after-school tutoring, counseling, and a clothing/furniture ministry.

**St. Louis Mosaic Project**

7733 Forsyth Blvd., Suite 2200  
St. Louis, MO **63105**  
314-615-8107

[www.stlmosaicproject.org](http://www.stlmosaicproject.org)

Connects people to career, entrepreneurship, and education resources to promote economic well-being of immigrants.

**Additional Resources****American Red Cross – St. Louis Chapter**

10195 Corporate Square Drive  
St. Louis, MO **63132**  
314-516-2803

[www.redcrossstl.org](http://www.redcrossstl.org)

International Services provides assistance in family tracing and messaging for immigrants separated by war or armed conflict.

**Baitul-Mal Charity**

4815 Oleatha Ave  
St. Louis, MO **63116**  
314-954-3075 or 314-702-0989

Offers household goods including beds, mattresses and blankets, clothing and shoes, non perishable food items, and toiletries to any immigrant or refugee. Rent and utility assistance may be available for new refugee families from Syria, Iraq, Kurdish, Afganistan, Burma, Eritrea, Oromo, Ethiopia, Sudan, and Somalia

**United Way Information & Referral:** Dial 2-1-1 or visit [www.211helps.org](http://www.211helps.org) to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.