

Meal Program Resources - Lincoln, St. Charles, and Warren Counties

(community resources for low income and uninsured)

To get information about an agency or to find a food pantry by zip code:

- 1) call **Operation Food Search Hunger Hotline**, an emergency 24/7 service at **314-726-5355**,
- 2) call **United Way Information & Referral**, an emergency 24/7 service at **2-1-1** or **1-800-427-4626**

ZIP CODE	NAME	ADDRESS	PHONE NUMBER	TIME & DATE	ZIP CODES SERVED; ADDITIONAL COMMENTS
63301	FIRST UNITED METHODIST CHURCH	801 First Capitol Drive St. Charles, MO	636-947-0066	Tues 7:30 am -9:30 am	Call for confirmation
	LOAVES AND FISHES, INC	520 N. Benton St. Charles, MO	314-291-3857	Wed 6:00 pm -7:00 pm 6:00 pm sign in, hot meal	150% poverty level - St. Charles, St. Louis City/County
	SALVATION ARMY ST.CHARLES	2140 North 4th St St. Charles, MO	636-946-7966	Lunch: Mon-Fri 12:00-12:30pm Dinner: Mon-Thu 6:00-6:30pm	Serves a meal to anyone in need
63357	IMMANUEL UNITED CHURCH OF CHRIST	17510 Church St Marthasville, MO	636-932-4646	Thurs 11:30 am-12:30 pm	Call for confirmation
63369	GOD'S KITCHEN ST. PAUL'S UNITED CHURCH OF CHRIST	903 Meier Road Old Monroe, MO	636-665-5529	Tues/Thurs 11:00 am-1:00 pm	Call for confirmation
63379	FIRST CHRISTIAN CHURCH	1302 Boone St. Troy, MO	636-528-7322	2 nd Saturday of the month 8:00 – 11:00 a.m.	Serves a meal to anyone in need

Meals on Wheels

314-612-5918

Must be a senior OR 60+ & disabled

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.