

Today's Date: _____

Patient's Name: _____ SSN: _____

Who is legally responsible for this patient? _____ Phone: _____

Name of the person completing this form: _____ Relationship to Patient: _____

How did you hear about us? Phone Book Advertisement Family Friend
 Physician Insurance Employer Other: _____

What religious preference do you have? _____

Yes No Do you have any specific cultural or spiritual needs or beliefs that should be addressed?
If "Yes," please describe: _____

Who is your primary physician? _____ Located at: _____

Name of any specialist: _____ Located at: _____

Yes No Do you have Advance Health Care Directives (Durable Power of Attorney, Living Will)?

Military Service Branch: _____ Years of Service: _____
Type of Discharge: _____ Retired: Yes No

Years of school completed: _____
 HS Grad GED College: Some Graduated Grad School

What is your occupation? _____ What department do you work in? _____

What is the location of your employer/school? _____ How long with this employer? _____

What shift do you work? Days Evenings Nights Split

How long at your current address? _____ Do you plan to live there the next 6 months? Yes No

Are you? Single Single Parent Divorced Separated Living with Parents Married
 Living with Significant Other Widowed Blended family Living with Children
 Other Status: _____ How many years in current status? _____

Number of previous marriages? _____ Please provide the dates: _____

Who should be contacted in case of emergency? _____

Relationship: _____ Phone: Home: _____ Work: _____

CHIEF CONCERN

Please describe what prompted you to contact us.

How long have these issues existed? _____

What do you hope will happen from treatment? _____

Stressors: Please check all that apply.

<input type="checkbox"/> Past physical, emotional, or sexual abuse	<input type="checkbox"/> Separated/Divorced? When? _____
<input type="checkbox"/> Homelessness/Moved	<input type="checkbox"/> Loss of a family member, friend, or pet
<input type="checkbox"/> Traumatic event	<input type="checkbox"/> Work or school problems
<input type="checkbox"/> Legal problems/proceedings	<input type="checkbox"/> Financial problems
<input type="checkbox"/> Witness to violence	<input type="checkbox"/> Physical problems
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Memory problems

Activities:

How is your leisure time spent? Alone With Family With Others

What indoor and/or outdoor leisure activities do you do, and how often?

Feelings and Habits:

In times of difficulty or illness, does you find your spirituality to be: Source of comfort Source of strength

Seldom helpful Of no help Source of stress

Yes No Do you have difficulty expressing opinions or feelings? If "Yes," explain

What do you do when you get angry?

Please list 3 words that describe yourself: _____

Generally, how do you feel about yourself? Very Good Good Neutral Bad Very Bad

Please describe your relationship with your:

Friends: _____

Family: _____

Coworkers: _____

Yes No Do you drink alcohol? If "Yes," please indicate: Daily A couple of days per week
 Less than once per week How many ounces per day? _____

Yes No Do you use street drugs? Date last used: _____ Kind: _____

Yes No Do you smoke? (Packs per day _____) Drink caffeinated beverages? (Cups/can per day _____)

Yes No Legal, family, or work problems related to alcohol or drugs?

Yes No Have you had a recent weight Loss Gain If "Yes," how much? _____

Yes No Appetite changes with stress?

Yes No Do you use vitamins, herbs, or food supplements? If "Yes," please indicate the kinds and amounts:

Times per week you eat: Breakfast Lunch Dinner Restaurants/fast food

Describe your eating habits: _____

Family Information - Please list all people living in the household.

Problems in relationship?

Name	Age	Relationship	Place of Work	Problems in relationship?		
				Yes	Neutral	No
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
_____	_____	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Family History: Have any relatives had any of the problems listed below? If so, indicate, "parent, grandparent, aunt, uncle, brother, sister, or cousin" in the section under "Relationship."

Problem	Yes	No	Relationship
Depression/suicide attempted/completed suicide	<input type="checkbox"/>	<input type="checkbox"/>	_____
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Strange thoughts/behavior	<input type="checkbox"/>	<input type="checkbox"/>	_____
Paranoid thinking	<input type="checkbox"/>	<input type="checkbox"/>	_____
Extreme mood swings - Manic Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nervousness/anxiety/panic	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nervous Breakdown	<input type="checkbox"/>	<input type="checkbox"/>	_____
Worry/fearfulness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Substance abuse (drugs/alcohol)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Attention Deficit/Hyperactivity Disorder	<input type="checkbox"/>	<input type="checkbox"/>	_____
Obsessive Compulsive Disorder	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tics/Seizures	<input type="checkbox"/>	<input type="checkbox"/>	_____
Physical, sexual, or other abuse	<input type="checkbox"/>	<input type="checkbox"/>	_____
Alzheimer's or other dementias	<input type="checkbox"/>	<input type="checkbox"/>	_____

Yes No Have you or are you being treated for one of the problems listed above? If "Yes," please explain.

Who did you see for the problem(s)? _____

Yes No Have you been hospitalized for mental health problems? If "Yes," when? _____

Medical History

Yes No Are you currently receiving treatment for any medical problems?

Yes No Allergic to medication? If "Yes," name the medication and describe the problem it causes.

Yes No Allergic to substances? If "Yes," name the substance and describe the problem it causes.

Yes No Have you had the Hepatitis B vaccine?

Yes No Have you had the Pneumonia vaccine?

Yes No Do you have any physical limitation? Please describe.

Please check if you currently have or have ever had any of the following:

- | | | | | |
|--|-----------------------------------|------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Headaches | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Neurological problems |
| <input type="checkbox"/> GI problems | <input type="checkbox"/> Seizures | <input type="checkbox"/> Soiling | <input type="checkbox"/> Head injury | <input type="checkbox"/> Bladder/Kidney problems |
| <input type="checkbox"/> Thyroid problem | <input type="checkbox"/> Tics | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Respiratory problems |

For Females:

Yes No Is there a possibility of pregnancy?

Yes No Do you use birth control pills or a contraceptive device?

Yes No In the process of or completed menopause?

For Males:

Yes No Do you take hormone supplements?

What medications have you taken in the last 12 months, **but are not now taking?**

Medication	How much	How often	Did it help	Reason stopped
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

What medications, **prescribed** or **over-the-counter**, are you **currently** taking?

Medication	How much	How often	Did it help	Date/time last dose
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Regarding prescription and over-the-counter medication, have you:

- Yes No Always followed directions?
- Yes No Quit them because you couldn't afford them?
- Yes No Take them only when you felt like it?
- Yes No Often take more than prescribed or recommended?
- Yes No Had to go to more than one physician to get what you needed?

Yes No Is there other information that you think we should know to help you?

What additional follow-up and/or supportive relationships are available to you?

Please mark any areas you would like to learn more about:

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Community Resources | <input type="checkbox"/> Self-confidence | <input type="checkbox"/> Leisure Skills | <input type="checkbox"/> Assisted Living |
| <input type="checkbox"/> Substance Abuse | <input type="checkbox"/> Stress Management | <input type="checkbox"/> Current Diagnosis | <input type="checkbox"/> Anger Management |
| <input type="checkbox"/> Money Management | <input type="checkbox"/> Time Management | <input type="checkbox"/> Relationships | <input type="checkbox"/> Alternative Medicine |
| <input type="checkbox"/> Spiritual Resources | <input type="checkbox"/> Advance Directives | <input type="checkbox"/> Medications | <input type="checkbox"/> Communication |
| <input type="checkbox"/> Sexually Transmitted Disease | <input type="checkbox"/> Nutrition | <input type="checkbox"/> Grief and Loss | <input type="checkbox"/> Parenting Skills |
| <input type="checkbox"/> Other: _____ | | <input type="checkbox"/> Other: _____ | |

For Office Use Only. Further Assessment required by:

Social Services	_____	_____	Psychiatry	_____	_____
	Initial	Date Referred		Initial	Date Referred
Nutrition	_____	_____	Medical	_____	_____
	Initial	Date Referred		Initial	Date Referred
Pastoral	_____	_____	Psychology	_____	_____
	Initial	Date Referred		Initial	Date Referred
Chemical Dep.	_____	_____	Other	_____	_____
	Initial	Date Referred		Initial	Date Referred

Reviewer/Screeners: _____ Time: _____ Date: _____