



BOWEL PREP FOR DA VINCI SURGICAL PROCEDURES

Although small, the risk of infection with abdominal surgery is real. In order to reduce the risk of infection, you will be on a special bowel preparation program.

THE DAY BEFORE SURGERY DAY: _____

DATE: _____

Take your regular medications (except aspirin or aspirin products, ibuprofen, Naprosyn, etc.), unless otherwise informed.

DIET/BOWEL PREP: (THE DAY BEFORE YOUR SURGERY):

-Follow a light-soft diet such as soups, light sandwiches, clear liquids, etc. After lunch, do clear liquids only. Clear liquids are anything you can see print through – water, soda, juices such as apple, cranberry, soup broths, etc.

- Take 3 Dulcolax laxative tablets at 11 AM the day before surgery.
- Fleet’s Enema at 6 PM. Use as directed by the instructions on the box.

-Drink plenty of fluids the day prior to surgery and avoid dairy products the day prior to surgery--milk, cheese, yogurt, etc.

- **DO NOT** eat or drink anything after **MIDNIGHT** the night before surgery (including water, juice, coffee, chewing gum, Lifesavers, etc.)
- You are allowed to have a sip of water with your medications (no more than 1-2 ounces of water). Failure to do this may delay or require us to cancel your surgery.
- NO alcoholic beverages 48 hours before or after surgery.

(You can get the Dulcolax tablets and Fleet Enema at any drugstore, Wal-Mart, Walgreens, etc.)

*Nothing to eat or drink after midnight before your procedure.

REMEMBER –No Aspirin, aspirin products, ibuprofen, naprosyn, etc. 7-10 days before your surgery!!!!