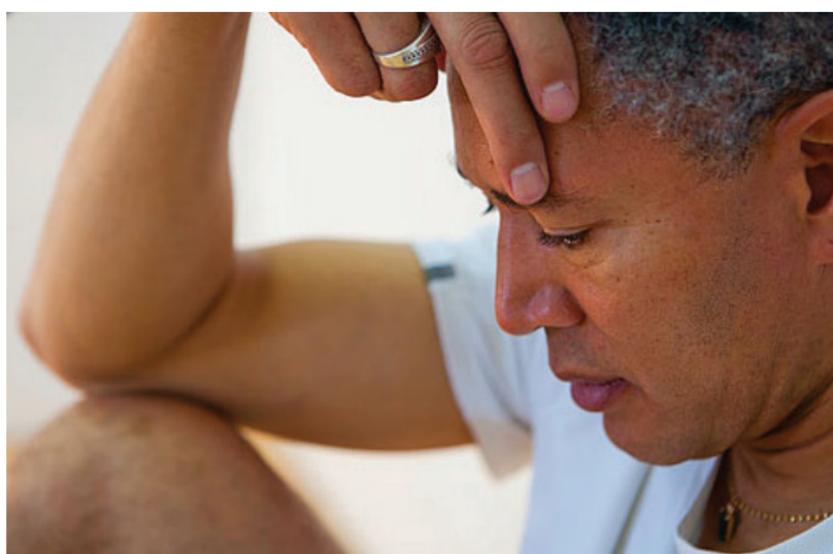




Rehabilitation
Hospital

BRAIN INJURY SPECIALTY REHABILITATION PROGRAM



*Nationally Ranked Top 7%
of Rehab. Hospitals for 2015*

Top Performer status based on ranking in the top decile of Uniform Data System
for Medical Rehabilitation's program evaluation model for nearly 800 facilities.

Mercy Rehabilitation Hospital



OUR APPROACH

Mercy Rehabilitation Hospital has a long tradition of providing outstanding care with compassion. In 2016, Mercy Rehabilitation Hospital has treated 203 adult traumatic and non-traumatic brain injury patients. We take a holistic approach to rehabilitation that stresses physical, emotional, psychological and social improvement.

Brain Injury affects millions of Americans each year and since no two brain injuries are alike, they create different challenges for patients and their families. Research shows that where a patient goes for brain injury treatment can make a world of difference in his or her recovery.

Mercy Rehabilitation Hospital delivers an intensive brain injury program to best address the complex needs of each patient. As a specialized rehabilitation hospital, we provide the earliest possible start to brain injury rehabilitation to help optimize the recovery of the patient.

Mercy's goal-oriented approach helps brain injury patients:

- Develop new cognitive and behavioral strategies to compensate for any deficits
- Improve mobility and physical function
- Overcome psychological and social problems due to the brain injury

REHABILITATION TEAM

Mercy Rehabilitation Hospital's interdisciplinary team draws on the expertise and experience of brain injury rehabilitation specialists, including:

- who manage patients' complex medical needs around the clock
- Rehabilitation nurses who deliver compassionate, evidence-based care to each patient
- Physical, occupational and speech therapists who involve patients in an intensive and comprehensive treatment program for a minimum of three hours a day

TREATMENT

A treatment team of physicians, therapists, and nurses work closely together to help each patient reach his or her full potential. This multidisciplinary team meets regularly to evaluate and help the patients achieve their short- and long-term goals. The patient's family members are encouraged to participate in the rehabilitation process.

EDUCATION

Patients and their families receive counseling and instruction in many important areas to help facilitate the readjustment to a fulfilling lifestyle. Topics of discussion include:

- Understanding the medical, physical and emotional effects of brain injury
- Nutrition
- The adjustment to disability
- Vocational counseling

Each patient also receives a comprehensive manual about brain injury rehabilitation that includes information about self-care, nutrition and equipment use.

OUTCOMES

Studies show that brain injury survivors treated at an acute rehabilitation hospital like Mercy Rehabilitation Hospital have a higher level of functional independence and are more likely to be discharged to home than those treated in other care settings. In fact, on average, Mercy's brain injury patients have greater improvement during their stay and a higher level of functional independence upon discharge, based on national benchmarks that measure criteria such as locomotion, cognitive ability and activities of daily living.

SCOPE OF SERVICES

BRAIN INJURY SPECIALTY PROGRAM

Brain Injury inpatient rehabilitation services are provided to adolescent, adult and adult geriatric patients who have sustained a traumatic or non-traumatic brain injury. These injuries can result in neurological as well as other medical conditions of recent onset or regression and who have experienced a loss of function in activities of daily living, mobility, cognition, or communication. This program serves persons 16 years and older and accepts persons served of varying cultural backgrounds and of all payer sources. All patients are medically stable, but have sufficient medical acuity to warrant an ongoing hospital stay.

As patient at Mercy Rehabilitation Hospital you will receive 24 hour rehabilitation nursing and three hours a day of therapy per day, five out of seven days a week. Your therapy program, including the frequency, intensity and length of stay, will be designed according to your needs after you have been fully evaluated by your rehab team and will be reviewed weekly in team conferences. Hours for therapy services are normally provided from 7:00 am to 4:00 pm, weekdays, with some weekend therapies provided based on the patient's plan of care.

Based on the ongoing needs of the individual served the interdisciplinary team may include the rehabilitation physician, hospitalist, rehab nurse, case manager, physical therapist, occupational therapist, speech language pathologist, recreational therapist, dietician, wound care, respiratory therapy, chaplain services, and psychology services. The team will work with you and your family to help determine the best discharge environment for you based on your needs at the time of discharge. To prepare for discharge home weekly brain injury classes and literature is provided as well as individual patient/family training sessions with therapist. The goal is to return home and reintegrate into the community from this hospital. In order to achieve this, community outing and/or home evaluation may be recommended. If you are unable to return home, the team will assist you and your family in making other arrangements.

REFERRAL SOURCES:

We receive referrals from the St. Louis area, surrounding counties, and from across the United States. Persons with brain injury are accepted from acute hospitals, long term acute care hospitals (LTACH), skilled nursing facilities, home health agencies, outpatient centers, physicians as well as self referrals.

SPECIFIC SERVICES (DIRECTLY OR BY REFERRAL)

The following services are provided as need at the hospital, unless otherwise noted:

- Physical Medicine and Rehabilitation
- Internal Medicine
- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Speech Pathology
- Clinical Psychology (72 hour response time)
- Social Services/Case Management (72 hour response time)
- Respiratory Therapy
- Dietetic Services (72 hour response time)
- Pharmacy with remote after hours order verification (inpatient service only)
- Recreational Therapy
- Chaplain
- Wound Nurse
- CT scan, MRI, interventional radiology-provided by referral at local hospital
- Prosthetics and Orthotics by referral

The Hospital provides for the following under arrangements onsite:

- Diagnostic Radiology - same day testing/24 hour results
- Pathology and Clinical laboratory - same day testing/results 24 hours or less
- Dialysis - scheduled per required dialysis treatment day
- Modified Barium Swallow - scheduled, immediate results
- PICC Line Insertion - scheduled

INSURANCE AND PAYMENT SOURCES:

Your stay will be reviewed prior to admission and approved based on medical necessity criteria and will cover most services provided during your inpatient rehabilitation stay, as long as you continue to meet criteria. The Medical Director will evaluate whether you meet these criteria, but this is always subject to Medicare/Insurance review. If there are limitations in your coverage, your case coordinator manager will discuss these with you, as well as alternative resources to help meet your needs.

Out of pocket expenses that you may incur depend upon your specific insurance coverage, co-payments, benefits and eligibility. Most patients may need to purchase durable medical equipment (wheelchair, walker, commode, etc.). Insurance coverage for this equipment varies. Bathroom devices such as shower benches are generally not covered by insurance.

ASSISTANCE WITH FINANCIAL RESPONSIBILITY:

A financial counselor is available to assist you and your family in understanding your benefits, co-payments, and responsibilities before or after admission. If you need assistance or information, please contact the Business Office Manager at 314-881-4011.

CONTACT

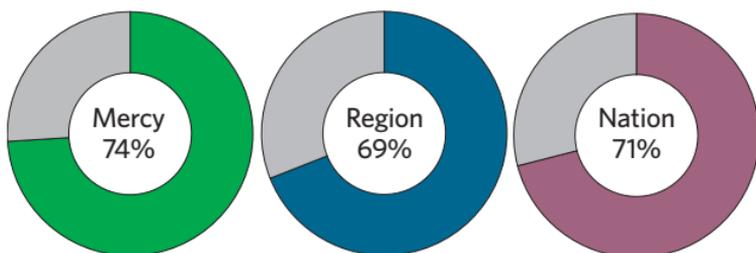
At Mercy Rehabilitation Hospital, we help every individual work toward his or her greatest potential through advanced rehabilitative and medical treatments and compassionate care from skilled medical professionals. For more information or to schedule a tour of our facilities, please call the Mercy Rehabilitation Hospital Admissions Office at 314-881-4004.

ACCREDITATIONS

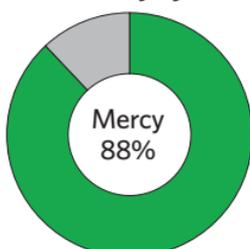
Joint Commission on Accreditation of Healthcare Organizations
The Commission on Accreditation of Rehabilitation Facilities (CARF) —
Comprehensive and Stroke
Approved Medicare/Medicaid Provider

MERCY REHAB OUTCOMES 2016

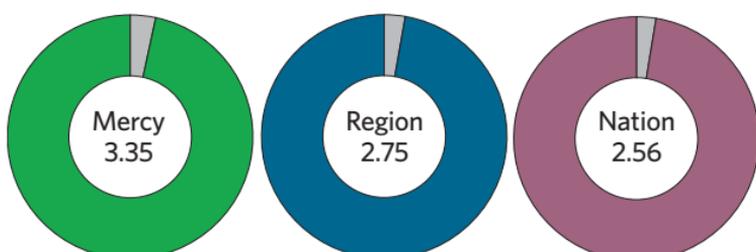
Discharge to Community - Brain Injury



Patient Satisfaction - Likelihood to Recommend for Brain Injury Patients

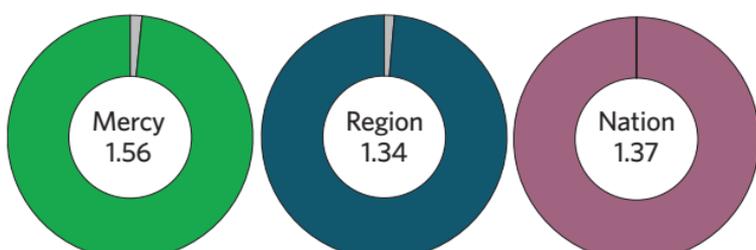


Length of Stay Efficiency*



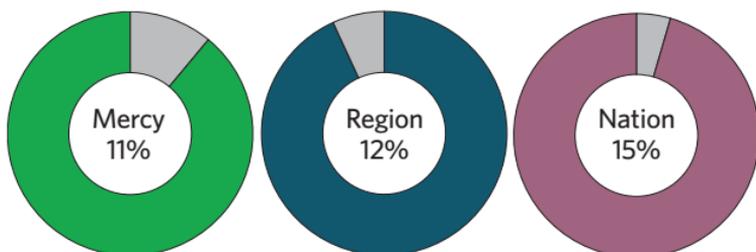
*Length of Stay Efficiency is a numeric scale that measures a patient's total amount of improvement per day until discharge. A higher LOSE would be that a patient progressed quickly in a short amount of time.

Case Mix Index*



*Case Mix Index is a numeric scale that measures the acuity of a specific type of patient within a diagnosis. The higher the CMI, the more medically complex the patient.

Acute Care Transfer - Brain Injury



Rehabilitation
Hospital

Receptionist: 314-881-4000 • Admissions: 314-881-4004

www.mercy.net/stlrehab