



Rehabilitation
Hospital

COMPREHENSIVE SPECIALTY REHABILITATION PROGRAM



*Nationally Ranked Top 7%
of Rehab Hospitals for 2015*

Top Performer status based on ranking in the top decile of Uniform Data System for Medical Rehabilitation's program evaluation model for nearly 800 facilities.



Mercy Rehabilitation Hospital



OUR APPROACH

Mercy Rehabilitation Hospital has a long tradition of providing outstanding care with compassion. In 2016, Mercy Rehabilitation Hospital has treated 721 adult and 13 adolescent comprehensive rehab patients. We take a holistic approach to rehabilitation that stresses physical, emotional, psychological and social improvement.

Individuals needing comprehensive rehabilitation often have limited function and mobility, and may have associated pain or other complications. Mercy Rehabilitation Hospital helps patients recover the functional skills necessary to resume their daily activities.

Mercy Rehabilitation Hospital delivers an intensive comprehensive rehabilitation program to best address the complex needs of each patient. As a specialized rehabilitation hospital, we provide the earliest possible start to comprehensive rehabilitation to help optimize the recovery of the patient.

Mercy's goal-oriented approach helps comprehensive rehabilitation patients:

- Build strength and functionality
- Improve balance and mobility
- Restore function and enhance skills required for daily life

REHABILITATION TEAM

Mercy Rehabilitation Hospital's interdisciplinary team draws on the expertise and experience of comprehensive rehabilitation specialists, including:

- Physicians who manage complex medical needs around the clock
- Rehabilitation nurses who deliver compassionate, evidence-based care to each patient
- Physical, occupational and speech therapists who involve patients in an intensive and comprehensive treatment program for a minimum of three hours a day
- Psychologists and neuropsychologists who address cognitive, emotional or behavioral issues
- Dietitians who oversee that nutritional needs are met
- Case managers who carefully coordinate the individual's stay and discharge plans
- Other important members, including respiratory therapists, pharmacists and chaplains

TREATMENT

A treatment team of physicians, therapists, and nurses work closely together to help each patient reach his or her full potential. This multidisciplinary team meets regularly to evaluate and help the patients achieve their short- and long-term goals. The patient's family members are encouraged to participate in the rehabilitation process.

EDUCATION

Patients and their families receive counseling and instruction in many important areas to help facilitate the readjustment to a fulfilling lifestyle. Topics of discussion include:

- Understanding the medical, physical and emotional effects of a comprehensive injury
- Nutrition
- The adjustment to disability
- Vocational counseling

Each patient also receives a manual about comprehensive rehabilitation that includes information about self-care, nutrition and equipment use.

OUTCOMES

Studies show that comprehensive injury patients treated at an acute rehabilitation hospital like Mercy Rehabilitation Hospital have a higher level of functional independence and are more likely to be discharged to home than those treated in other care settings. In fact, on average, Mercy's comprehensive injury patients have greater improvement during their stay and a higher level of functional independence upon discharge, based on national benchmarks that measure criteria such as locomotion, cognitive ability and activities of daily living.

SCOPE OF SERVICES

COMPREHENSIVE REHABILITATION PROGRAM

Comprehensive inpatient rehabilitation services are provided to adolescent, adult and adult geriatric patients with neurological and other medical conditions of recent onset or regression and who have experienced a loss of function in activities of daily living, mobility, cognition, or communication. This program serves persons 16 years and older and accepts persons served of varying cultural backgrounds and of all payer sources. All patients are psychologically and medically stable but have sufficient medical acuity to warrant an ongoing hospital stay.

As a patient at Mercy Rehabilitation Hospital, you will receive 24 hour rehabilitation nursing and a minimum of three hours of day of therapy per day, no less than five out of seven days in a week. Your therapy program, including the frequency, intensity and length of stay, will be designed according to your needs after you have been fully evaluated. Hours for therapy services are normally provided from 7:00 am to 4:00 pm, weekdays, with some weekend therapies provided based on the patient's plan of care. You will receive on average, three hours of therapy five days per week.

The goal is to return home and reintegrate into the community from this hospital. In order to achieve this, a community outing and/or home evaluation may be recommended. If the individual is unable to return home, the team will assist the individual and care givers in making other arrangements to facilitate a safe and successful transition to the next level of care.

REFERRAL SOURCES:

We receive referrals from the St. Louis area, surrounding counties, and from across the United States. Persons with rehabilitation needs are accepted from acute hospitals, long term acute care hospitals (LTACH), skilled nursing facilities, home health agencies, outpatient centers, physicians as well as self-referrals.

SPECIFIC SERVICES (DIRECTLY OR BY REFERRAL)

The following services are provided as needed at the hospital, unless otherwise noted:

- Physical Medicine and Rehabilitation
- Internal Medicine
- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Speech Pathology
- Clinical Psychology (72 hour response time)
- Social Services/Case Management (72 hour response time)
- Respiratory Therapy
- Dietetic Services (72 hour response time)
- Pharmacy with remote after hours order verification (inpatient service only)
- Recreational Therapy
- Chaplain
- Wound Nurse
- CT scan, MRI, interventional radiology-provided by referral at local hospital
- Prosthetics and Orthotics by referral

The Hospital provides for the following under arrangements onsite:

- Diagnostic Radiology - same day testing/24 hour results
- Pathology and Clinical laboratory - same day testing/results 24 hours or less
- Dialysis - scheduled per required dialysis treatment day
- Modified Barium Swallow - scheduled, immediate results
- PICC Line Insertion - scheduled

INSURANCE AND PAYMENT SOURCES:

Your stay will be reviewed prior to admission and approved based on medical necessity criteria and will cover most services provided during your inpatient rehabilitation stay, as long as you continue to meet criteria. The Medical Director will evaluate whether you meet these criteria, but this is always subject to Medicare/Insurance review. If there are limitations in your coverage, your case coordinator manager will discuss these with you, as well as alternative resources to help meet your needs.

Out of pocket expenses that you may incur depend upon your specific insurance coverage, co-payments, benefits and eligibility. Most patients may need to purchase durable medical equipment (wheelchair, walker, commode, etc.). Insurance coverage for this equipment varies. Bathroom devices such as shower benches are generally not covered by insurance.

ASSISTANCE WITH FINANCIAL RESPONSIBILITY:

A financial counselor is available to assist you and your family in understanding your benefits, co-payments, and responsibilities before or after admission. If you need assistance or information, please contact the Business Office Manager at 314-881-4011.

CONTACT

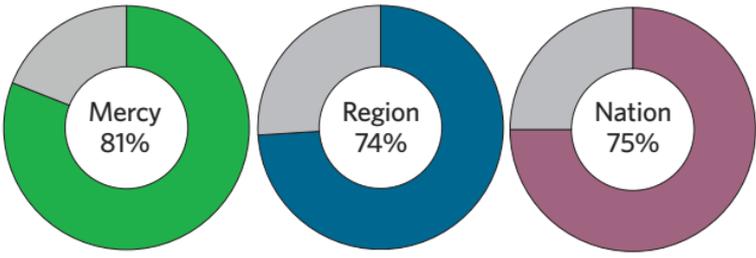
At Mercy Rehabilitation Hospital, we help every individual work toward his or her greatest potential through advanced rehabilitative and medical treatments and compassionate care from skilled medical professionals. For more information or to schedule a tour of our facilities, please call the Mercy Rehabilitation Hospital Admissions Office at 314-881-4004.

ACCREDITATIONS

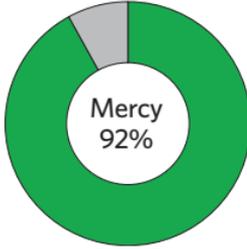
Joint Commission on Accreditation of Healthcare Organizations
The Commission on Accreditation of Rehabilitation Facilities (CARF) —
Comprehensive and Stroke
Approved Medicare/Medicaid Provider

MERCY REHAB OUTCOMES 2016

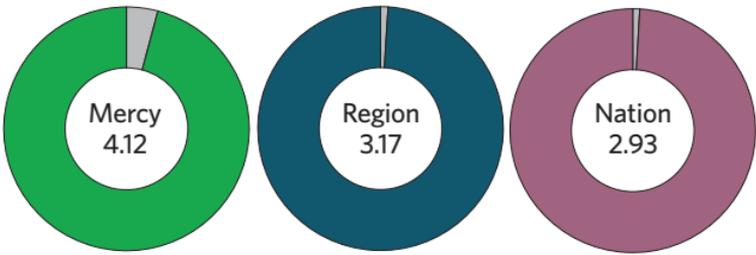
Discharge to Community - Comprehensive Rehab



Patient Satisfaction - Likelihood to Recommend for Comprehensive Rehab Patients

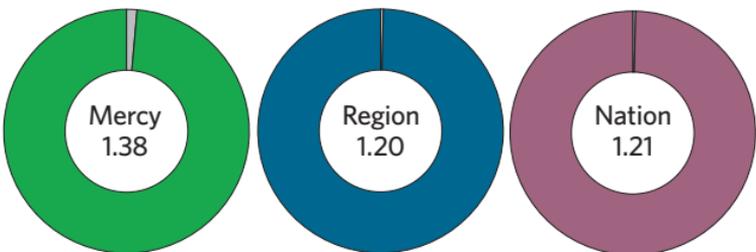


Length of Stay Efficiency*



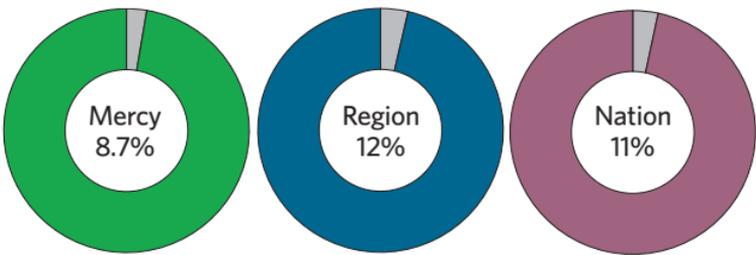
*Length of Stay Efficiency is a numeric scale that measures a patient's total amount of improvement per day until discharge. A higher LOSE would be that a patient progressed quickly in a short amount of time.

Case Mix Index*



*Case Mix Index is a numeric scale that measures the acuity of a specific type of patient within a diagnosis. The higher the CMI, the more medically complex the patient.

Acute Care Transfer - Comprehensive Rehab



Rehabilitation
Hospital

Receptionist: 314-881-4000 • Admissions: 314-881-4004

www.mercy.net/stlrehab