



Mercy Clinic Ear, Nose and Throat

1229 E. Seminole, Suite 520
Springfield, MO 65804
417-820-5071 phone
417-820-3757 fax

The **Electronystagmography** or **ENG** examination is used primarily in the diagnosis of imbalance and dizziness. It is a simple, painless procedure requiring about 1-1/2 hours. The first portion involves wearing goggles equipped with a camera to follow eye movements. The last portion of the test involves putting both cool and warm air in to your ear canal. The cooling and warming effect of this air may make you a little dizzy, but this will subside in a few minutes.

The results from the **ENG** test will help indicate whether more tests are warranted to rule-out possible ear or nerve disorders. In order to get valid results from the test; it will be necessary for you **NOT** to take any of the following medications or beverages for **TWO DAYS (48 HOURS)** prior to the time of your appointment. The following list is not all inclusive of every medication that should not be taken, so if you have a question about your particular medication, **please call and ask.**

1. Sleeping pills - Seconal, Dalmane, Nembutal, Halcion, etc.
2. Tranquilizers/antidepressants - Librium, Valium, Xanax, Equanil, Miltown, Prozac, Zoloft, etc.
3. Antihistamines/Allergy Medications
4. Anti-dizzy medications - Antivert, Dramamine, Bonine, Compazine, Torecan, Meclizine, Droperidol, etc.
5. Barbiturates
6. Sedatives
7. Muscle relaxants
8. Alcoholic beverages

NO MAKE UP INCLUDING EYE MAKE UP PLEASE.

NO EATING *FOUR (4) HOURS* BEFORE THE TEST. You may have liquids up to *two (2) hours* before.

NO COFFEE OR CAFFEINATED BEVERAGES *AFTER MIDNIGHT* the day of the procedure.

NO TOBACCO OR NICOTINE PRODUCTS OF ANY KIND (GUM, PATCHES, CHEW OR SMOKING) *FOUR (4) HOURS* BEFORE THE TEST.

MEDICATIONS FOR THYROID, DIABETES, BLOOD THINNERS, HIGH BLOOD PRESSURE, POTASSIUM & HEART **MAY BE TAKEN.**

You may not feel like driving. Some patients are not able to drive following the test. Make arrangements for a driver to take you home if necessary.

If you have questions regarding medication, which you are taking, please inquire before coming back to the office for the test.

Because the ENG test is lengthy, we ask that you inform us as soon as possible if your are unable to keep your appointment. The testing itself will take 1 1/2 hours (90 min.), therefore we ask you to arrive 15 minutes early to fill out the required paperwork. If you are late for this appointment, you will be asked to reschedule. The ENT physician (not the audiologist) will call you with the results of the test a few days following the test.

Thank you for your cooperation.

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PRIOR TO THE TEST DATE, YOU SHOULD CONTACT YOUR INSURANCE COMPANY TO DETERMINE IF PRECERTIFICATION IS NEEDED FOR THE PROCEDURE. THE PROCEDURE CODES THEY WILL NEED FOR PRECERTIFICATION ARE: **92541, 92542, 92543, 92544, 92546, 92547**

I have received and will comply with the above directions _____
patient signature