Astym®

Freedom of movement. Freedom from pain.

Astym® is a non-invasive treatment that regenerates healthy soft tissues (muscle, tendons, etc.) and eliminates dysfunctional scar tissue that may be contributing to pain, loss of function, or movement restrictions. Our certified Astym® providers can evaluate your condition and incorporate Astym® as a treatment option if appropriate.

Mercy | *Your life is our life's work.*

mercy.net

Astym® treatments may help patients with the following conditions:

- Lateral epicondylitis
- Medial epicondylitis
- Plantar fasciitis
- Achilles tendonitis
- Patellar tendonitis
- Hamstring strains
- Iliotibial band syndrome
- Chronic joint/soft tissue pain

Locations

Town and Country
1176 Town and Country Commons
636-893-1100
Fax: 636-893-1101

Tesson Ferry
13303 Tesson Ferry | Suite 50A
314-842-4400
Fax:314-842-5066

EST_28654 (11/19/14)