



# Astym<sup>®</sup>

*Freedom of movement.  
Freedom from pain.*

Astym<sup>®</sup> is a non-invasive treatment that regenerates healthy soft tissues (muscle, tendons, etc.) and eliminates dysfunctional scar tissue that may be contributing to pain, loss of function, or movement restrictions. Our certified Astym<sup>®</sup> providers can evaluate your condition and incorporate Astym<sup>®</sup> as a treatment option if appropriate.



*Your life is our life's work.*

## **Astym® treatments may help patients with the following conditions:**

- Lateral epicondylitis
- Medial epicondylitis
- Plantar fasciitis
- Achilles tendonitis
- Patellar tendonitis
- Hamstring strains
- Iliotibial band syndrome
- Chronic joint/soft tissue pain

### **Locations**

#### **Town and Country**

1176 Town and Country Commons  
Chesterfield, MO 63017  
636.893.1100  
Fax: 636.893.1101

#### **Tesson Ferry**

13303 Tesson Ferry | Suite 50A  
St. Louis, MO 63128  
314.842.4400  
Fax: 314.842.5066

#### **St. Peters**

107 Piper Hill Dr. | Suite 110  
St. Peters, MO 63376  
636.928.7065  
Fax: 636.928.7091

