Facial Nerve Rehabilitation
At Mercy Therapy Services

Has your facial nerve been damaged by Bell's palsy, acoustic neuroma or trauma? Has the nerve been compressed or cut due to surgery? Frequently after Bell's palsy there is a fairly quick and spontaneous recovery. But sometimes, with more severe damage, recovery is slow. We realize that this time can be stressful and upsetting. Physical therapy can enhance your recovery process. 

Mercy Therapy Services can help.
Mercy Therapy Services

Our physical therapists can evaluate and treat your facial nerve problem.

They will perform a complete evaluation of your symptoms, including decreased symmetry, trouble with closing your eye, decreased facial expression and unwanted movements (synkinesis).

Early on you will need patience while you wait for the swelling to resolve as the nerve is recovering. Even at this stage, we can give you strategies to protect your eye. We’ll also tell you what to expect during your recovery process.

In the middle and later stages of recovery, we can help you improve the symmetry of your facial expressions, stretch muscles that have become tight and minimize synkinesis.

A physician’s referral is required for evaluation and treatment. Ask your doctor if therapy can help you.

For more information, call us at 636-893-1100.

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