



These instructions are intended to make sure that your procedure goes as smoothly as possible. Please read through the entirety of this preparation sheet at least 5 days before your procedure and follow the instructions carefully. Failure to do so may result in your doctor missing important findings or having to repeat your procedure.



PROCEDURE DATE AND TIME:	QUESTIONS	LOCATION OF PROCEDURE
_____	<input type="checkbox"/> McAuley Office 405-749-4247 <input type="checkbox"/> IBD - McAuley Office 405-752-3900 <input type="checkbox"/> Edmond Office 405-340-4937	<input type="checkbox"/> Mercy Hospital Admitting 4300 W. Memorial Rd. OKC, OK 73120 <input type="checkbox"/> Mercy Outpatient Surgery Center - Edmond I-35 North Building, North Entrance 2017 W. I-35 Frontage Rd. Edmond, OK 73013
ARRIVAL time is: _____		

IMPORTANT REMINDERS:

1. You **MUST** bring someone 18 years or older to stay during the procedure and to drive you home. Otherwise, the procedure will not be done.
2. Stop taking iron supplements and diet pills 5 days before your procedure.
3. **AVOID ALL NUTS, CORN, POPCORN, SEEDS OR ANYTHING THAT HAS A HUSK FOR FIVE DAYS PRIOR TO PROCEDURE**
4. **AVOID ALEVE, IBUPROFEN AND ANY OTHER ANTI-INFLAMMATORY FOR FIVE DAYS BEFORE YOUR PROCEDURE. TYLENOL IS OKAY.**
5. **Medications:**
 - Take all your medications as usual (including blood pressure meds) the day before and the day of your procedure except for the following:
 - For Diabetics:
 - If you are on insulin, take only half of your morning dose the day of your procedure
 - Do not take diabetes pills the morning of your procedure.
 - **IF YOU ARE TAKING BLOOD THINNERS SUCH AS PLAVIX, WARFARIN, ELIQUIS, XARELTO, ETC, PLEASE CONTACT OUR OFFICE FOR DIRECTION ON HOW LONG TO HOLD BEFORE PROCEDURE. YOU DO NOT NEED TO STOP LOW DOSE ASPIRIN (325 MG AND LESS).**

Day before procedure on: _____	Day of procedure on: _____
<p>Do not eat <u>ANY</u> food after midnight.</p> <p>You may have water to drink until time of NOTHING BY MOUTH listed below.</p>	<p>You will be NOTHING BY MOUTH or NPO starting at: FOUR HOURS BEFORE PROCEDURE TIME</p> <p>**NPO means ABSOLUTELY NOTHING BY MOUTH - including gum, candy, tobacco, water, etc.*a*</p>