

# Don't let *glaucoma* steal your sight.

## KNOW YOUR RISK FACTORS & GET SCREENED.

### Understanding glaucoma

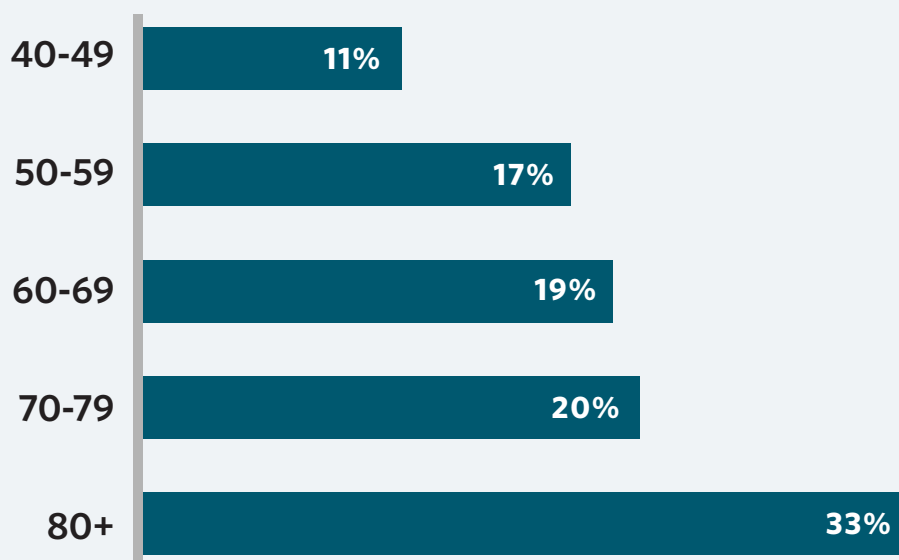
Glaucoma is a disease that damages the optic nerve and can result in vision loss and blindness.

### Glaucoma at a glance



Glaucoma can develop in **one** or **both** eyes.

Prevalence rates of glaucoma by age:



Anyone can develop glaucoma, but some people are at higher risk than others:

- ▶ African Americans over age 40
- ▶ Any person 60+, especially Hispanic Americans
- ▶ People with a family history of glaucoma

### Know your risk

In the U.S., glaucoma accounts for 9-12% of all cases of blindness.

### Eye exam

A comprehensive dilated eye exam can reveal risk factors, such as high eye pressure, thinness of the cornea and abnormal optic nerve anatomy.



### Screen before you notice symptoms

Early symptoms of glaucoma are not noticeable, so screening is important.

### Is there a cure?

There is no cure for glaucoma. Vision lost from the disease cannot be restored. However, immediate diagnosis and treatment for glaucoma can delay progression of the disease and preserve eyesight. Seek treatment early and regularly.

### Treatment for glaucoma



Medicines



Laser treatment



Surgical treatments including minimally invasive glaucoma surgeries

To find a glaucoma specialist near you, visit [mercy.net/SeeBetter](https://www.mercy.net/SeeBetter)