

KIDS Learn to Swim

SPRING 2026

Mercy Fitness Center, Healthpoint

2126 Independence St.

Cape Girardeau, MO 63701

Aquatics: (573) 986-4468

email: jaime.noack@mercy.net

To register: mercy.net/seswim *Must have a minimum of 3 participants to offer full session.

Fee: (per session) Members \$70 Non-members \$80

Water Babies (15 participants max)

Parents learn information & techniques to help orient their baby to the water & build skills/confidence. *Adult must accompany child in the water.

Suggested ages 6 months ~ 3 years.

Preschool (8 participants max)

Children learn basic water safety & aquatic swimming skills, including floats, submerging, glides & arm/leg movements.

Suggested ages ~ 3-5 years.

April 7 - 23 Water Babies 10:30 - 11am Preschool 11 - 11:30am
Water Babies 5:30 - 6pm Preschool 6 - 6:30pm

Sessions include six 30 minute classes.

Classes on Tuesdays & Thursdays

2 mornings/evenings a week for 3 weeks



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