

Health Evaluation Program 2023

Tip Sheet

Who

All co-workers enrolled in Mercy’s medical plan are eligible to participate. Co-workers hired or eligible for benefits after June 30, 2023 will automatically receive the health evaluation premium for the upcoming year.

What

A health evaluation is a four-step program that collects information from a health risk assessment questionnaire and biometrics from a yearly physical with your primary care physician or provider. It includes educational courses for any biometric results not within a normal range to be completed as a reasonable alternative standard.

When

- The deadline for completing the health evaluation steps 1-3 in the Healthification portal (HRA and biometrics) is Aug. 31
- Your yearly physical and biometric blood work (required lab chart below) can be completed with your physician between Sept. 1, 2022 – Aug. 31, 2023.
- The deadline for completing step 4 (educational courses for out of range results) in the Healthification portal is Sept. 30. This step will automatically auto complete if ALL biometrics are within normal range.
- The deadline for the reasonable alternative standard if unable to participate is Sept. 30

How to Start Taking Action

Log in to the [Healthification portal](#) and complete all four tiles in the Health Evaluation section by each individual deadline to earn the health evaluation premium discount for 2024.

Pro Tips:

- You’ll need to follow specific steps for completing program requirements depending on whether you have a Mercy physician or non-Mercy physician.
- If you’re unable to participate in the health evaluation or your biometric results aren't within the healthy range, you may be able to earn the same reward for participating in a Reasonable Alternative Standard. Reach out to support@wellright.com for more information.
- It’s the co-worker’s responsibility to request the appropriate lab work. To make sure you have the required labs with you at the time of your appointment take a screenshot and save for your records.

The ONLY acceptable labs are as follows. You need one from each column.

Acceptable Glucose Labs	Acceptable Hemoglobin A1C Labs	Acceptable Lipid Labs
Lab 15 BASIC METABOLIC PANEL	LAB90 HEMOGLOBIN A1C	Lab 18 LIPID PANEL
Lab 17 COMPREHENSIVE METABOLIC PANEL		Lab 2463 LIPID RFLX
Lab 81 GLUCOSE FASTING		
Lab 82 GLUCOSE LEVEL		
LAB19 RENAL FUNCTION PANEL		

Questions? Visit the [Healthification hub](#) for full program details or email healthification@mercy.net.