MERCY CLINIC MATERNAL FETAL MEDICINE

ME BLOOD PRESSURE MONITORING FORM

James Bartelsmeyer, MD
Amanda Trudell-Cambridge, DO
Joe Polcaro, DO
Judy Mead, MD

Ivana Vettraino, MD
Stephanie Shorey, WHNP-BC
Jennifer Hawn, WHNNP-BC

PLEASE FAX WEEKLY TO: (314) 991-5035 OR SEND THROUGH MY MERCY

Patient's Name: _____ **Date of Birth:** _____

Date	Morning Pre-Med	Morning 1-2h Post-Med	Afternoon Pre-Med	Afternoon 1-2h Post-Med	Evening Pre-Med	Evening 1-2h Post-Med	Comments

***WARNING SIGNS*: If you notice any of these symptoms, call your doctor immediately:**

- *** Sudden weight gain of more than about 1 pound a day**
- *** Swelling (edema) of the face and hands**
- *** Severe or constant headache**
- *** Pain in the upper right part of the abdomen**
- *** If your blood pressure is higher than 150/100, lay down for 20 – 30 min, then recheck. If it is still high, call the office immediately.**