

Mercy Ardmore Community Benefit Report

Diabetes Prevention Program



The Ardmore Diabetes Prevention Program started in April 2017. We decided as a core team to begin with our own co-workers before introducing the program to our community. Of the 18 co-workers who began the program, 15 are still benefiting from it.

Our overall goal is to improve the health of our community and especially to make an impact on the high rate of diabetes locally. Four of the six counties served by Mercy Ardmore received a "D" or "F" rating with obesity being the leading cause of death. This is according to the 2014 State of the State Health Report. All six counties also received a D or F rating for diabetes prevalence.

Based on these findings, our community health improvement plan was focused on combatting this problem locally.

In our co-worker pilot, participants have lost a combined total of 151 pounds and average 160 minutes of physical activity a week. They also have an aggregated weight change of 4.04%. We are well on the way to beating our 5% weight loss goal.

We have applied for recognition as a certified diabetes prevention program through the CDC and will hopefully complete all the requirements in the next two years.

If you want to know more about our Diabetes Prevention Program please contact:
Nancy Cavner
Nancy.cavner@mercy.net
580-220-6094.

Total Community Benefit \$972,000

Charity Care

Includes the actual cost of providing free or discounted care to persons who cannot afford to pay and who are not eligible for public programs. Charity care does not include bad debt.

Benefit: \$1,402,716

Community Outreach Services

Includes activities carried out to improve community health and services that are subsidized because they are needed in the community. Examples: education, support groups, health screenings, and immunizations.

Benefit: \$36,000

Health Professionals

Education and Research

Includes the cost of providing clinical placement for physicians, nurses and other health professionals plus the costs of the nursing anesthesia, EMS and radiology schools.

Benefit: \$74,153

Cash, In-Kind Donations, Workforce Enhancement and Fundraising

Includes cash, in-kind donations, fundraising costs, food & supplies to shelters, use of Mercy rooms and facilities, donated office space and recruitment of health professionals in medically underserved areas.

Benefit: \$-3,086

Medicaid Subsidies

Includes the actual unpaid cost of providing care to Medicaid patients and represents the shortfall between cost of care and the payments received by the government.

Benefit: \$-537,902