Mercy Home Health Palliative Care

Palliative care focuses on the relief of pain, symptoms and stress for those suffering from long-term, serious illnesses. The goal is to prevent and ease suffering and to enable the best possible quality of life for patients and their families. Mercy Home Health has a team of palliative care experts, including nurses, social workers, chaplains and therapists. These professionals work together to provide consistent and coordinated care that is tailored to individual patient needs.

Palliative care may be used in the management of diseases such as cancer, cardiac disease, respiratory disease, kidney failure, diabetes, AIDS, amyotrophic lateral sclerosis (ALS) and multiple sclerosis (MS).

Home Health Palliative Care is an appropriate option for individuals who:

- Meet homebound guidelines and have a skilled nursing or therapy need.
- Requires assistance with pain control.
- Have unrelieved symptoms such as pain, shortness of breath, fatigue, diarrhea, constipation, nausea or vomiting.
- Have serious illnesses regardless of their life expectancy.
- Refuse medications due to the side effects.
- Have frequent hospitalizations.
- Have terminal illnesses and do not qualify for hospice (or choose not to receive hospice services).
- Require total parenteral nutrition, or negative pressure wound therapy.

Benefits of Palliative Care include:

- Less frequent hospitalizations.
- Education and training on disease management in the home.
- Increased understanding of the medical condition and choices for care.
- Better coordination of inpatient services and home care.
- Assistance with the transition from home care to hospice (as appropriate).
- Emotional and spiritual support for patients and families.
- Expertise in Medicare, Medicaid and Private Insurance coverage for home care.

Palliative care is useful at any stage of illness. Patients may receive palliative care and curative care at the same time. For more information about Home Health Palliative Care Services, please call Mercy Home Health at 800-572-1376 or 417-820-3211.

Springfield: 417-820-4374 or 800-595-7167 **Cassville:** 417-847-6099 or 866-293-1507 **Lebanon:** 417-588-5900 or 877-500-9500 **Joplin:** 417-781-2004 | 800-638-7068

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