Our Spinal Cord Injury Program

After a spinal cord injury, it might seem like every aspect of a patient's life will be affected. Our specialized Spinal Cord Injury Program can help.

Spinal cord injury rehabilitation involves two essential processes:
• Restoration of functions that can be restored
• Learning adaptive skills for when functions cannot be restored to pre-injury level

Our program provides a personalized treatment plan for each patient and ongoing care with the goal of preparing you to return home independently or with assistance from family members or other care providers.

Our Spinal Cord Injury Program focuses on the individual patient's achievement. The care team meets regularly to monitor the patient's responses to treatment and progress. Discharge planning, which actually begins upon admission, involves the patient, caregivers and the entire rehabilitation team to ensure a smooth transition to home or the most appropriate level of care.

Spinal cord rehabilitation helps patients regain lost abilities so they can:
• Improve their health and maximize their independence
• Adapt to the changes to their body caused by the spinal cord injury
• Adjust to living within their home, family and community

Spinal Cord Injury

Inpatient Rehabilitation Facility (IRF)-treated patients were significantly more likely to be satisfied with their gait than patients treated at Skilled Nursing Facilities (SNFs)

The average length of a rehabilitation stay for the IRF cohort was nearly **40 percent shorter than the average SNF patient stay.**

13.5 days at **IRF** vs. **22.2** days at **SNF** $P < 0.0001$

Following the initial rehabilitation stay, compared to matched SNF discharged SCI patients, **IRF patients experienced on average 41 more days residing at home** (i.e., not receiving facility-based care) over a two year period.

Contact us for more information.

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