



Rehabilitation  
Hospital

# Our Stroke Rehabilitation Program

To help patients regain the most function possible after a stroke, our therapists work with them on an individual basis. We implement a therapy plan designed to maximize potential and complement medical interventions by taking an interdisciplinary team approach to care.

## Acute Inpatient Rehabilitation Plays an Important Role in Stroke Recovery

Early action is critical when a patient suffers a stroke. Once a patient's medical condition is stable and doctors have taken preventive measures against further strokes and complications, stroke rehabilitation should begin as soon as possible. Our intense inpatient program provides a personalized treatment plan for each patient and ongoing care with the goal of preparing people to return home independently or with assistance from family members or other care providers.

## Important New Guidelines from the American Heart/American Stroke Association

The American Heart Association/American Stroke Association has released guidelines to help healthcare providers, patients and their loved ones achieve the best rehabilitation results. Those guidelines state that whenever possible, initial rehabilitation should take place in an inpatient rehabilitation facility rather than a nursing home.

## Contact us for more information.

### Mercy Rehabilitation Hospital South

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## Research Shows That Inpatient Rehabilitation Results in:

- Going home quickly
- Short lengths of stay
- Minimizing hospital readmission

Every patient is treated with dignity, respect and compassion. Patients admitted to our hospital benefit from specialized intense rehabilitation for medical needs that prevent them from being transferred to a less intense level of care such as a skilled nursing facility.

## Caregiver Support

Since family is often an important part of the recovery process, the rehab staff provides stroke education and training to close family members. A social worker or case manager will help the patient and his or her caregivers arrange for the help and equipment that will be needed at home after treatment.

