

Diabetes Resources

(Community resources for low income and uninsured)

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Tips for Diabetes Management

- ❖ Discuss your concerns or questions with your primary care provider.
- ❖ Check with local hospitals and health centers for diabetes education, materials, classes and information.
- ❖ Price strips before buying a glucometer (see www.diabeteswellbeing.com).
- ❖ Test blood sugar regularly to decrease your chance of diabetic complications.
- ❖ Keep your appointments! Medical, dental, eye and foot care are all essential to quality diabetic care.
- ❖ Sign up and print out the Missouri Drug Card that is free and provides savings of up to 75% on prescriptions drugs with an average savings of around 30%. Program is open to every resident of the state. There are no income limitations, no age restrictions, and no applications to fill out. www.missouridrugcard.com
- ❖ Go online and take the name of the drug you're interested in and add ".com". For example, if you're interested in Lipitor, you would type lipitor.com. This should take you directly to the manufacturer's website, which will give you credible information on coupons and/or assistance that is available.

DIABETES RESOURCES

BD Insulin Syringe Assist Program

bd.com/us/diabetes

Supplies insulin syringes to individuals without private insurance, Medicaid, or Medicare. Income must be below \$28,000/year for a single person or \$38,000/year for a couple to be eligible. Number of syringes supplied are based on prescription and number of refills from physician. Apply by phone toll-free at: 1-866-818-6906.

Charles Ray III Diabetes Association

www.cr3diabetes.org

Offers free insulin pumps and glucose meters and test strips when available. To qualify, patients must be uninsured or underinsured, have a household income of less than \$60,000/year and have been recommended for insulin pump therapy by a physician. Application can be found at:

www.cr3diabetes.org/application.aspx

Contact Number: (919) 303-6949

Diabetes Empowerment Education Program (DEEP)

Mercy Clinic/Emerson Family YMCA
3390 Pershall Rd. Ferguson, MO 63135
Phone: 314-364-4047

6 week free sessions – Support & fun learning about how your body works and how diabetes effects it

Diabetic Rescue Supply

www.diabeticsupplyrescue.com

A non-profit company that recycles unused diabetic supplies from people that have extras and offer them at discounted prices to those without insurance. Membership is free and with each purchase members of the Test Strip Buying Club are offered bonus supplies of either a box of lancets, a box of syringes, or a glucose meter with each order.

Diabetes Well Being

www.diabeteswellbeing.com

Offers comparisons and reviews on different types of glucose meters and insulin pumps. Also compares current prices of glucose test strips between top online sources for diabetic supplies: American Diabetes Wholesale, Amazon, and www.drugstore.com. Website also includes information on nutrition, exercise, various diabetes treatments.

GoodRx

www.goodrx.com

1-866-788-8452

Free Prescription Drug Savings Card /Pharmacy Discount Card available by phone, online or “Good Rx” app.

Offers up to 80% reduced prescriptions at most pharmacies. Available to those uninsured or if prescriptions are not covered by insurance.

Medical West Healthcare Center

444 S. Brentwood Blvd
St. Louis, MO 63105
314-725-1888, Toll free: 800-489-1888
www.medicalwest.com
Offers Prodigy glucose meter and 50 test strips for \$14.95.
Store hours: M-F 8:30am-5:00pm, Sat 10:00am-3:00pm.

Missouri Claim

200 N. Keene St., Ste. 101
Columbia, MO 65201
Toll-Free: 800-390-3330
Local: 573- 817-8320
<https://missouriclaim.org/>
Classes provided to help individuals with diabetes learn how it affects their body, how to sense when blood sugar is low, meet others with diabetes, and have a fun learning experience in small group activities.

Nova Diabetes Care

1-800-681-7390
www.novamaxplus.com
www.novacares.com
Offers an instant Savings Card that can lower the price of test strips for the Nova Max Plus and Nova Max Link glucose monitors.

Oasis

50 Gay Ave
St. Louis, MO 63105
314-862-4859
<https://www.oasisnet.org/>
Health diabetes self management workshops located in St. Louis, St. Charles and Alton.

RX Outreach

www.rxoutreach.org
Offers one free Prodigy Preferred glucose meter annually to those that qualify. Also sells Prodigy test strips at a discounted rate of \$15 a box (must buy two boxes per order).

St. Vincent de Paul Prescription Assistance

Offers free Prodigy Preferred blood glucose monitor, Prodigy no coating blood glucose strips, Prodigy twist top lancets 28g and Prodigy control solution to clients of SVDP. MUST BE REFERRED TO SVDP BY LOCAL PARISH TO BE CONSIDERED A CLIENT. Call United Way 211 to find SVDP parish-based conference near you.

DIABETES PREVENTION

Mercy Diabetes Prevention Program (DPP)

Phone: 636-893-1356
Email: Katherine.lambert@mercy.net
A year long lifestyle change program led by a trained lifestyle coach to help patients learn new skills encourage them to set and meet goals.

YMCA Diabetes Prevention Program

<https://www.gwrymca.org/program/ymcas-diabetes-prevention-program>

Year long program for adults with prediabetes. Program promotes small, measurable changes that can reduce risk for type 2 diabetes and encourages participants to live happier, healthier lives. There is a cost associated with the program. Financial assistance available to those who qualify.

WOUND CARE

Wound Care Assistance Program

St. John Missionary Baptist Church
913 N. Garrison Ave
St. Louis, MO 63106
314-535-5754

Faith in Hope Multipurpose Bldg

9308 Lewis and Clark Blvd
St. Louis, MO 63136
314-400-4051 or 314-400-4052
Free wound care supplies twice a month. For acute and chronic wounds including diabetic ulcers.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.