

Disability Resources

(Community resources for low income and uninsured)

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Children

Nurses for Newborns Foundation

7259 Landsdowne, Suite 100
 St. Louis, MO **63119**
 314-544-3433, Toll Free: 800-452-4784
www.nfnf.org

In-home nursing visits and donation services are provided to babies born: with medical problems, to teen moms or mothers with disabilities/mental health concerns, or into families who do not have money for basic necessities.

Shriner's Hospital for Children-St. Louis

4400 Clayton Ave
 St. Louis, MO **63110**
 314-432-3600
www.shrinershospitalsforchildren.org

Full service children's hospital specializing in Orthopedics, Burn Care, Cleft Lip & Palate, Spinal Cord Injury, and Neuromusculoskeletal Disorders

Computers

Web Innovations & Technology Services (WITS)

647 E. Holly Avenue
 St. Louis, MO **63147**
 314-382-1650
www.witsinc.org

WITS has programs for seniors and those disabled who are interested in having a better understanding of the Internet.

Dental

National Foundation of Dentistry for the Handicapped

303-534-5360, Toll Free: 866-792-9988 OR 888-471-6334
www.nfdh.org

Developmental Disabilities

ABILITY, DSFC, Inc.

Franklin County area
 104 S. McKinley Ave., Ste. F
 Union, MO **63084**
 636-583-5801
www.abilityds.org
 636-583-5801

Provides early intervention, birth to 3; Behavioral/Autism training; Recreation program; Personal assistance; 24 Hour Residential support for developmental disabilities; First Steps OT/PT

Community Opportunities

44 Opportunity Ct
 Troy, MO **63379**
 636-462-7695
 Fax: 636-528-8499
www.commsopps.org

The Community program provides people opportunities to learn a variety of skills in the community. Individuals in this program learn communication, socialization, domestic and educational skills. Each individual has a service plan designed specifically to meet his or her needs. All participants are encouraged to reach their full potential.

Developmental Disabilities Resource Board

(St. Charles)

1025 Country Club Rd
 St. Charles, MO **63338**
 636-939-3351
<http://www.ddrb.org/index.php>

Services include: adult day services, residential programs, advocacy services, early intervention, family support, transitional programs, respite, sheltered workshop, adaptive equipment, supported employment, and recreation.

(Jefferson County)

P.O. Box 97
 Mapaville MO **63065**
 636-262-4400; Toll Free: 636-933-0244
<http://jcddrb.org>

Developmental Services of Franklin County, Inc.

104 South McKinley Ave, Suite E
 Union, MO **63084**
 636-583-5801
 Toll Free: 800-439-1750
<http://www.dsfranklin.org/>
 Assisting adults with developmental disabilities to live in the community in a manner in which they choose.

Disabled Athlete Sports Association (DASA)

1236 Jungermann Rd., Suite A
 St. Peters, MO **63376**
 636-477-0716
www.dasasports.org
 Those who live with a physical, visual disability or deaf or hard of hearing will be given the opportunity to participate in sports and fitness activities designed to improve self-esteem, growth and well-being while instilling family values. Services are subject to a fee.

Division of Developmental Disabilities

1706 Elm St
 Jefferson City, MO **65101**
 573-751-4054 Phone
 573-751-9207 Fax
<http://dmh.mo.gov/dd/>
 The Division improves the lives of persons with developmental disabilities through programs and services to enable those persons to live independently and productively. In 1988, the Division began participation in the Medicaid home and community-based waiver program, designed to help expand needed services throughout the state.

Easter Seals Midwest**(North County)**

211 N Lindbergh Blvd #130,
 St. Louis, MO **63141**
 Services: Autism services, community living service, early childhood services, and employment services.

St. Louis Arc

1177 N. Warson Road
 St. Louis, MO **63132**
 314-569-2211
<https://www.slarc.org/>

Services: Support groups, workshops, home and center based therapy, social and recreational programs, employment training services, residential and adult day programs.

St. Louis Office for Developmental Disability Resources

2334 Olive Street
 St. Louis, MO **63103**
 314-421-0090
www.stladd.org
 The St. Louis Office for Developmental Disability Resources (DD Resources) is a publicly funded agency that distributes funds to service providers for community-based services to persons who have a developmental disability and desire to remain in their homes and community.

St. Louis Project Club

3662 S Broadway
 St. Louis, MO **63118**
 314-200-5707
 Offers activities and classes such as jewelry making, sewing, and music and art projects that build social and recreational skills for people with developmental disabilities; parent and family support groups; music therapy for clients ages 6-21. Transportation to and from St. Louis Project Club events is available for clients living in St. Louis city.

Hearing/Speech**Center for Hearing and Speech**

9835 Manchester Road
 St Louis, MO **63119**
 314-968-4710
www.hearing-speechstlouis.org
 Offers hearing screenings and hearing aids at a low cost with Missouri Medicaid.

McGee's Hearing Center

703 Long Road Crossing
 Suite 5
 Chesterfield, MO **63005**
 636-536-0055
www.healthyhearing.com
 Free hearing evaluation and exam, hearing aid cleaning, estimates on repairs. Reduced price hearing aids. Inquire about Care Credit payment option, if needed. Services for people 18 years or older. Appointment needed, no walk-ins.

Housing

Delta Center for Independent Living

P.O. Box 550
St. Peters, MO 63376
636-926-8761
www.dcil.org

Delta Center offers Consumer Directed Services, skills training, adaptive telephones, low-vision aids, assistive devices, Coffee Talk (advocacy & peer support meetings), and short-term transportation assistance.

Disability Resources Association in Festus

130 Wallace Way
Festus, MO 63026
636-931-7696
Fax: 636-931-4663
Email: dra@disabilityresourcesassociation.org

Lutheran Senior Services

1150 Hanley Industrial Court
St. Louis, MO 63144
314-968-9313
www.lssliving.org

Aids in applying for affordable housing for low income elderly and elderly disabled, along with care services. Payment assistance may be available based on eligibility. Utility assistance may also be available for certain home situations.

Next Step for Life

12 Municipal Dr, Ste.A
Arnold, MO 63010
Call 636-282-4450 or 636-933-5550
<http://www.nextstepforlife.org>

Offers Residential Services to individuals living independently with developmental disabilities. Qualified professionals work with the individuals on their specific needs. Residents are provided with 24 hour care including nursing/medical supervision, therapy, and behavioral management.

Legal

Access Disability

Ph: 314-450-4700 or 314-596-4418
Fax: 314-450-4707

Main Office

1285 Fern Ridge Pswy.
Suite 120
St. Louis, MO 63141

Satellite Office

200 North Broadway
Suite 130
St. Louis, MO 63102

www.mercy.net/mnm

www.accessdisabilitylaw.com

Focuses on Social Security, SSI, and litigation matters for the disabled. Charge Social Security or SSI clients a contingent 25% attorney's fee. No retainer, no fee by the hour and no fee if the client loses.

Allsup – SSDI Representation

800-279-4357
www.allsup.com

Offers help in getting SSDI benefits and in winning disability appeals. Call for a free disability evaluation. A fee will be charged if an appeal is won.

Crowe and Shanahan: The Social Security Law Group

720 Olive Street, Suite 2300
St. Louis, MO 63101
314-231-6660, Toll Free: 877-213-7793
www.croweshanahan.com

Specializes in Social Security and disability benefits.

Disability Law Group, L.L.C

720 Olive Street Suite 1800
St. Louis, MO 63102
1-888-546-5445
www.disabilitylawgroupllc.com
Social Security Attorneys. By appointment only.

Legal Services of Eastern Missouri, Inc.

4232 Forest Park Avenue
St. Louis, MO 63108
314-534-4200, Toll Free: 800-444-0514
www.lsem.org

Offers free services to the elderly and low-income people through the Public Benefits Project of the Health and Welfare Unit.

SOAR: SSI/SSDI Outreach, Access, and Recovery

St. Patrick Center
800 N. Tucker Boulevard
St Louis, MO 63101
314-802-0700
www.prainc.com/soar

BJC Behavioral Health
1430 Olive Street
St. Louis, MO 63103
314-206-3879

Increases access to Social Security disability benefits as well as access to housing, treatment, etc. for homeless or at-risk homeless. Call and ask for a SOAR representative.

St. Louis University Legal Clinic

100 N. Tucker Blvd., Suite 704
St. Louis, MO 63101
314-977-2778

<http://law.slu.edu/clinics>

Students offer assistance with unemployment appeals, traffic tickets, warrants, and issues with landlords. Does not deal with family court, immigration cases, or criminal court.

Transportation

For additional resources, refer to "Transportation" resource list

Brentwood M.A.G.I.C. (Mature Adults Going In Class) Bus

314-581-4842 (driver)
314-963-8691 (more information)

www.brentwoodmo.org

Hours of operation: Mon-Thurs 8:00am-3:30 pm

Fees: None

Services: Open to any Brentwood resident age 60+ or to persons with a disability.

Disability Resource Association (DRA)

130 Brandon Wallace Way
Festus, MO 63028
636-931-7696

www.disabilityresourceassociation.org

Fees: \$3 one way, \$5 roundtrip, \$1 additional charge for St. Louis City or County trip

Services: Offers essential medical transportation if patient is not covered by Medicaid. Transportation also available for persons with disabilities and/or individuals of low income to jobs, interviews, classes, or job trainings. Areas serviced include Arnold, Barnhart, Crystal City, Festus, Herculaneum, and Imperial.

Metro

Call-A-Ride

314-652-3617, Toll Free: 888-652-3617
314-289-5230 (customer information/cancellation)

www.metrostlouis.org

Hours of operation: Mon-Fri 4:00am-12:00am & Sat-Sun 6:00am-10:00pm

Fees: Vary

Services: Provides curb-to-curb service in St. Louis City and County for the elderly and disabled with advance reservations. Must have a Call-A-Ride Plus card.

Metro Reduced Fare Program

314-982-1510

adaservices@metrostlouis.org

Fees: Vary (based on Reduced Fare Application)

<http://www.metrostlouis.org/RidingMetro/Accessibility/ADAServices.aspx>

St. Louis Area Agency on Aging (SLAAA)

314-612-5918, Toll Free: 877-612-5918

stlouis-mo.gov/government/departments/human-services/aging-services/transportation.cfm

Hours of operation: Dependent on request

Fees: Contribution requested

Services: SLAAA offers curb-to-curb services to residents of the city of St. Louis who are 60+ or disabled and between 18 and 59 years old. Requests should be made 2-3 days in advance.

Utilities

LIHEAP Program

Toll Free: 855-373-4636

www.dss.mo.gov/fsd/liheap.htm

The Missouri Low Income Home Energy Assistance Program (LIHEAP) has two components: Energy Assistance/Regular Heating (EA) and Energy Crisis Intervention Program (ECIP). Submit applications for disabled individuals to the local Community Action Agency (CAA). Visit online for more details, deadlines, and an application form.

Vision

Rehabilitation Services for the Blind

9900 Page Avenue, Suite 105

St. Louis, MO 63132

314- 264-7601

www.dss.mo.gov/fsd/rsb

3867 Magnolia Ave

St. Louis, MO 63110

314- 933-7311

Provides vocational rehabilitation, assistive technology, independent living rehabilitation, children's services, high school transition services, business enterprise, and blindness prevention, education, screening, and treatment programs for the blind and visually impaired.

St. Louis Society for the Blind and Visually Impaired

8770 Manchester Road
St. Louis, MO 63144
314-968-9000
www.slsbvi.org

Provides the full range of vision rehabilitation services to adults and school age students. Operates out of the Society's offices, in the home, community, or place of employment.

Additional Resources

Health and Senior Services: Division of Senior and Disability Services (DSDS)

815 Olive Street
St. Louis, MO 63101
314-340-7300
www.health.mo.gov/index.php

The division manages programs designed to maximize the independence and safety of elderly and disabled individuals.

IDD Help

877-256-2202
Mon-Fri 8 a.m.-5:00 p.m.
www.IDDHelp.org

Serving: St. Louis City, St. Louis County & St. Charles Counties

Provide information, resources, and referrals for individual with intellectual & developmental disabilities and their families

Missouri Assistive Technology

(800) 647-8557

<https://at.mo.gov/information-resources-publications/funding.html>

Funding Resource List of assistive technology for persons with disabilities, their families, advocates, and providers.

State and Federal Programs for Children, Adults, Hearing, Vision, Developmental Disabilities, Telecommunication, Refurbished Computer Programs and more.

Paraquad, Inc.

5240 Oakland Avenue
St. Louis, MO 63110
314-289-4200
www.paraquad.org/index.html

Offers assistive technology, consumer directed services, for disabilities including physical, cognitive, visual, auditory, and mental/emotional. DEAF Way interpreting, employment, public policy, and youth and family services, as well as programs for housing improvement and payment assistance are available.

Notes

Additional resources for Medical Equipment, Mental Health Services, Prescription Assistance, and Transportation Services can be accessed online at mercy.net/mnm.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.