

# **Disability Resources**

(Community resources for low income and uninsured)

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# **Children**

#### **Nurses for Newborns Foundation**

7259 Landsdowne, Suite 100 St. Louis, MO **63119** 

314-544-3433, Toll Free: 800-452-4784

#### www.nfnf.org

In-home nursing visits and donation services are provided to babies born: with medical problems, to teen moms or mothers with disa bilities/mental health concerns, or into families who do not have money for basic necessities.

# Shriner's Hospital for Children-St. Louis

4400 Clayton Ave St. Louis, MO **63110** 314-432-3600

# www.shrinershospitalsforchildren.org

Full service children's hospital specializing in Orthopedics, Burn Care, Cleft Lip & Palate, Spinal Cord Injury, and Neuromusculoskeletal Disorders

#### Computers

# Web Innovations & Technology Services (WITS)

647 E. Holly Avenue St. Louis, MO **63147** 314-382-1650

#### www.witsinc.org

WITS has programs for seniors and those disabled who are interested in having a better understanding of the Internet.

#### **Dental**

# National Foundation of Dentistry for the Handicapped

303-534-5360, Toll Free: 866-792-9988 OR 888-471-6334 www.nfdh.org

# **Developmental Disabilities**

#### ABILITY, DSFC, Inc.

Franklin County area 104 S. McKinley Ave., Ste. F Union, MO **63084** 636-583-5801

www.abilityds.org

Provides early intervention, birth to 3; Behavioral/Autism training; Recreation program; Personal assistance; 24 Hour Residential support for developmental disabilities; First Steps OT/PT

# Community Opportunities Developmental Disabilities Resource Board (St. Charles)

1025 Country Club Rd St. Charles, MO **63338** 636-939-3351

# http://www.ddrb.org/index.php

Services include: adult day services, residential programs, advocacy services, early intervention, family support, transitional programs, respite, sheltered workshop, a daptive equipment, supported employment, and recreation.

### (Jefferson County)

P.O. Box 97 Mapaville MO **63065** 

636-262-4400; Toll Free: 636-933-0244

http://jcddrb.org

# Developmental Services of Franklin County, Inc.

104 South McKinley Ave, Suite E Union, MO **63084** 636-583-5801

Toll Free: 800-439-1750 http://www.dsfranklin.org/

Assisting adults with developmental disabilities to live in the community in a manner in which they choose.

# **Disabled Athlete Sports Association (DASA)**

1236 Jungermann Rd., Suite A St. Peters, MO **63376** 636-477-0716

#### www.dasasports.org

Those who live with a physical, visual disability or deaf or hard of hearing will be given the opportunity to participate in sports and fitness activities designed to improve selfesteem, growth and well-being while instilling family values. Services are subject to a fee.

# **Division of Developmental Disabilities**

1706 Elm St Jefferson City, MO **65101** 573-751-4054 Phone 573-751-9207 Fax

http://dmh.mo.gov/dd/

The Division improves the lives of persons with developmental disabilities through programs and services to enable those persons to live independently and productively. In 1988, the Division began participation in the Medicaid home and community-based waiver program, designed to help expand needed services throughout the state.

#### **Easter Seals Midwest**

(North County)

211 N Lindbergh Blvd #130, St. Louis, MO **63141** 

Services: Autism services, community living service, early childhood services, and employement services.

#### St. Louis Arc

1177 N. Warson Road St. Louis, MO **63132** 314-569-2211

https://www.slarc.org/

Services: Support groups, workshops, home and center based therapy, social and recreational programs, employment training services, residential and adult day programs.

# St. Louis Office for Developmental Disability Resources

2334 Olive Street St. Louis, MO **63103** 314-421-0090 www.stldd.org

The St. Louis Office for Developmental Disability Resources (DD Resources) is a publicly funded a gency that distributes funds to service providers for community-based services to persons who have a developmental disability and desire to remain in their homes and community.

## St. Louis Project Club

3662 S Broadway St. Louis, MO **63118** 314-200-5707

Offers activities and classes such as jewelry making, sewing, and music and art projects that build social and recreational skills for people with developmental disabilities; parent and family support groups; music therapy for clients a ges 6-21. Transportation to and from St. Louis Project Club events is a vailable for clients living in St. Louis city.

# Hearing/Speech

# Center for Hearing and Speech

9835 Manchester Road St Louis, MO **63119** 314-968-4710

www.hearing-speechstlouis.org

Offers hearing screenings and hearing aids at a low cost with Missouri Medicaid.

### McGee's Hearing Center

703 Long Road Crossing Suite 5 Chesterfield, MO **63005** 636-536-0055 www.healthyhearing.com

Free hearing evaluation and exam, hearing aid cleaning, estimates on repairs. Reduced price hearing aids. Inquire about Care Credit payment option, if needed. Services for people 18 years or older. Appointment needed, no walk -ins.

# **Housing**

# **Delta Center for Independent Living**

P.O. Box 550 St. Peters, MO **63376** 636-926-8761

www.dcil.org

Delta Center offers Consumer Directed Services, skills training, a daptive telephones, low-vision aids, a ssistive devices, Coffee Talk (a dvocacy & peer support meetings), and short-term transportation assistance.

#### **Disability Resources Association**

130 Brandon Wallace Way Festus, MO **63028** 636-931-7696

Fax: 636-931-7696

Email: dra@disabilityresourcesassociation.org

DRA offers over 20 services to individuals with disabilities and the aged. In-Home Care (CDS), Health service, Equipment loan, Assistive telephones, Gereral Advocacy, Low Vision, Property tax credit, Transportation, Housing Assistance, Ramp/Home Modification and Independent Living skills training. Please contact us for information about all of our services.

#### **Lutheran Senior Services**

1150 Hanley Industrial Court St. Louis, MO **63144** 314-968-9313

www.lssliving.org

Aids in applying for affordable housing for low income elderly and elderly disabled, along with care services. Payment assistance may be available based on eligibility.

Utility a ssistance may also be available for certain home situations.

### **Next Step for Life**

12 Municipal Dr, Ste.A Arnold, MO **63010** 

Call 636-282-4450 or 636-933-5550

http://www.nextstepforlife.org

Offers Residential Services to idividuals living independentally with deelopemental disabilities. Qualified professionsals work with the individuals on their specific needs. Residents are provided with 24 hour care including nursing/medical supervison, therapy, and behavioral management.

# Legal

**Access Disability** 

Ph: 314-450-4700 or 314-596-4418

Fax: 314-450-4707

Main OfficeSatellite Office1285 Fern Ridge Pswy.200 North Broadway

Suite 120 Suite 130

St. Louis, MO **63141** St. Louis, MO **63102** 

www.accessdisabilitylaw.com

Focuses on Social Security, SSI, and litigation matters for the disabled. Charge Social Security or SSI clients a contingent 25% attorney's fee. No retainer, no fee by the hour and no fee if the client loses.

#### Allsup - SSDI Representation

800-279-4357

www.allsup.com

Offers help in getting SSDI benefits and in winning disability appeals. Call for a free disability evaluation. A fee will be charged if an appeal is won.

# Crowe and Shanahan: The Social Security Law Group

720 Olive Street, Suite 2300 St. Louis, MO **63101** 

314-231-6660. Toll Free: 877-213-7793

www.croweshanahan.com

Specializes in Social Security and disability benefits.

#### Disability Law Group, L.L.C

720 Olive Street 805 Meramac Station Raod Suite 1800 Valley Park, MO **63088** 

St. Louis, MO **63102** 1-888-546-5445

www.disabilitylawgroupllc.com

Social Security Attorneys. By appointment only.

# Legal Services of Eastern Missouri, Inc.

4232 Forest Park Avenue St. Louis, MO **63108** 

314-534-4200, Toll Free: 800-444-0514

www.lsem.org

Offers free services to the elderly and low-income people through the Public Benefits Project of the Health and Welfare Unit.

# SOAR: SSI/SSDI Outreach, Access, and Recovery

St. Patrick Center

800 N. Tucker Boulevard

St Louis, MO 63101

314-802-0700

BJC Behavioral Health

1430 Olive Street

St. Louis, MO 63103

314-206-3879

www.prainc.com/soar

Increases access to Social Security disability benefits as well as access to housing, treatment, etc. for homeless or at-risk homeless. Call and ask for a SOAR representative.

### St. Louis University Legal Clinic

100 N. Tucker Blvd., Suite 704

St. Louis, MO 63101

314-977-2778

http://law.slu.edu/clinics

Students offer assistance with unemployment appeals, traffic tickets, warrants, and issues with landlords. Does not deal with family court, immigration cases, or criminal court.

# **Transportation**

# Brentwood M.A.G.I.C. (Mature Adults Going In Class) Bus

314-581-4842 (driver)

314-963-8691 (more information)

www.brentwoodmo.org

Hours of operation: Mon-Thurs 8:00am-3:30 pm

Fees: None

**Services:** Open to any Brentwood resident age 60+ or to

persons with a disability.

### Disability Resource Association (DRA)

130 Brandon Wallace Way

Festus, MO 63028

636-931-7696

www.disabilityresourceassociation.org

Fees: Donations Accepted

Services: DRA offers essential medical transportation if patient is not covered by Medicaid. Transportation is also available for essential shopping for persons with disabilities and the aged. DRA requires 5 days in advance notice. We also require a 24-hour notice if you need to cancel an appointment.

#### Metro: Call-A-Ride

314-652-3617, Toll Free: 888-652-3617

314-289-5230 (customer information/cancellation)

www.metrostlouis.org

Hours of operation: Mon-Fri 4:00am-12:00am &

Sat-Sun 6:00am-10:00pm

Fees: Vary

**Services:** Provides curb-to-curb service in St. Louis City and County for the elderly and disabled with advance reservations. Must have a Call-A-Ride Plus card.

# **Metro Reduced Fare Program**

314-982-1510

adaservices@metrostlouis.org

Fees: Vary (based on Reduced Fare Application)

http://www.metrostlouis.org/RidingMetro/Accessibility/AD

Aservices.aspx

# St. Louis Area Agency on Aging (SLAAA)

314-612-5918, Toll Free: 877-612-5918

stlouis-mo.gov/government/departments/humanservices/aging-services/transportation.cfm

Hours of operation: Dependent on request

Fees: Contribution requested

**Services:** SLAAA offers curb-to-curb services to residents of the city of St. Louis who are 60+ or disabled and between 18 and 59 years old. Requests should be made 2-3 days in advance.

# **Utilities**

# **LIHEAP Program**

Toll Free: 855-373-4636

www.dss.mo.gov/fsd/liheap.htm

The Missouri Low Income Home Energy Assistance Program (LIHEAP) has two components: Energy Assistance/Regular Heating (EA) and Energy Crisis Intervention Program (ECIP). Submit a pplications for disabled individuals to the local Community Action Agency (CAA). Visit online for more details, deadlines, and an application form.

# **Vision**

#### Rehabilitation Services for the Blind

9900 Page Avenue, Suite 105 St. Louis, MO **63132** 314-264-7601 3867 Magnolia Ave St. Louis, MO **63110** 314-933-7311

www.dss.mo.gov/fsd/rsb

Provides vocational rehabilitation, assistive technology, independent living rehabilitation, children's services, high school transition services, business enterprise, and blindness prevention, education, screening, and treatment programs for the blind and visually impaired.

# St. Louis Society for the Blind and Visually Impaired

8770 Manchester Road St. Louis, MO **63144** 314-968-9000

www.slsbvi.org

Provides the full range of vision rehabilitation services to a dults and school age students. Operates out of the Society's offices, in the home, community, or place of employment

# **Additional Resources**

# Health and Senior Services: Division of Senior and Disability Services (DSDS)

815 Olive Street

St. Louis, MO 63101

314-340-7300

www.health.mo.gov/index.php

The division manages programs designed to maximize the independence and safety of elderly and disabled individuals.

### **IDD Help**

877-256-2202

Mon-Fri 8 a.m.-5:00 p.m.

www.IDDHelp.org

Serving: St. Louis City, St. Louis County & St. Charles

Counties

Provide information, resources, and referrals for individual with intelligential & developmental disabilities and their families

# **Missouri Assistive Technology**

(800) 647-8557

https://at.mo.gov/information-resourcespublications/funding.html

Funding Resource List of assistive technology for persons with disabilities, their families, advocates, and providers. State and Federal Programs for Children, Adults, Hearing, Vision, Developmental Disabilities, Telecommunication, Refurbished Computer Programs and more.

#### Paraquad, Inc.

5240 Oakland Avenue St. Louis, MO **63110** 314-289-4200

#### www.paraquad.org/index.html

Offers a ssistive technology, consumer directed services, for disabilities including physical, cognitive, visual, auditory, and mental/emotional. DEAF Way interpreting, employment, public policy, and youth and family services, as well as programs for housing improvement and payment assistance are available.

# **Notes**

Additional resources for Medical Equipment, Mental Health Services, Prescription Assistance, and Transportation Services can be accessed online at <a href="mercy.net/mnm">mercy.net/mnm</a>.

**United Way Information & Referral:** Dial 2-1-1 or visit <a href="www.211helps.org">www.211helps.org</a> to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.