

# Family and Youth Resources

(community resources for low income and uninsured)

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*\*Also see Child and Crisis Care Resources List*

## Children's Health & Safety

### **Bethany Christian Services**

1300 Hampton Ave, Suite 202  
St. Louis MO 63139  
314-781-6363

[www.safe-families.org](http://www.safe-families.org)

Provides a safe family environment for children of parents in crisis. Host families are extensively screened and supported. Biological parents retain custody of the children throughout the entire length of stay and are encouraged to be involved in the child's life. Accepts children from 0-18, with a concentration on children from 0-6 years.

### **Child Support Services**

111 N. 7th St., Room 204, **63101**  
(314) 340-7400

<https://dss.mo.gov/child-support/>

Contact the local Child Support Services to find information regarding Child Support including how to apply for the support.

### **Cotton Babies, Inc.**

6116 Baumgartner Crossing, **63129**  
888-332-2243  
Email: [sharethelove@cottonbabies.com](mailto:sharethelove@cottonbabies.com)  
[www.cottonbabies.com](http://www.cottonbabies.com)

Through the Share the Love Program, Cotton Babies provides families in need with free cloth diapers. Must provide a photo ID and WIC verification of active certification.

### **Helping Hand Me Downs**

16225 Westwoods Business Park Dr. Ellisville, MO. **63021**  
(314) 919-6999

[www.helpinghandmedowns.org](http://www.helpinghandmedowns.org)

Referral required:

See website for to connect with agency partners for referral. Provides clothing for the first year of a newborns life and connects mothers with referral agencies that help accelerate her path to independence.

### **Infant Loss Resources**

1120 South Sixth Street, Suite 100, **63104**  
800-421-3511

<https://www.infantlossresources.org>

Infant Loss Resources provides Pack-n-Plays (portable sleep yards) for parents or caregivers who cannot otherwise afford a crib or safe place for their baby to sleep. The program also offers grief support for families who have lost babies.

### **Life House Youth Center**

636-649-5542  
11 North Clark Street  
Sullivan, MO **63080**

314 E Washington St.,  
Cuba, MO, 65453

<http://www.lhcsullivan.org/>

A positive place with positive influences where youth of Franklin and Crawford Counties can spend their time and discover their full potential regardless of their social/economic backgrounds. Free for ages 10-17.

### **Nurses for Newborns Foundation**

3 Sunnen Dr., **63119**  
314-544-3433, 1-800-452-4784

<https://nursesfornewborns.org/missouri/>

NFN provides a nurse or community health worker to work with you and your baby, providing parenting education, developmental screenings and support. In-home visits and donation services are provided to babies born: with medical problems, into families who do not have money for basic necessities, or to teen moms or mothers with disabilities/mental health concerns.

**Safe Kids St. Louis**

1465 S. Grand Blvd.  
St. Louis, MO. **63104**  
314-612-5770

<https://www.safekids.org/coalition/safe-kids-st-louis>

Provides reduced price car seats and helps with installation (\$25.00 – can be paid in installments), booster seats, and cribs when available. Call to verify time, location, and eligibility of distribution. Provides presentations for injury prevention.

**Safety Stop**

314-454-KIDS (5437)

[www.stlouischildrens.org/content/safetystop.htm](http://www.stlouischildrens.org/content/safetystop.htm)

A selection of helmets, car seats and home safety equipment is available for purchase at discounted prices. Fittings and consults are free. Must make appointment in advance. Call or visit site to schedule.

## **Counseling & Family Support**

**Annie's Hope**

1333 W. Lockwood, Suite 104, **63122**  
314-965-5015

<http://www.annieshope.org/>

Provides free comprehensive support services to children, teens and their families who are grieving the death of someone significant.

**Christian Family Services**

7955 Big Bend Boulevard, **63119**  
314-968-2216

<https://www.stlcfs.org>

CFS is a non-profit child-placement agency licensed in MO and IL. Services include temporary foster placements for children from birth to preschool age, adoption counseling and support for expectant mothers, and general counseling services. All services are provided without regard to religious affiliation.

**Creve Coeur Counseling Associates**

9666 Olive Blvd. St. Louis, MO. **63132**  
314-991-0100

[www.cccastl.com](http://www.cccastl.com)

Graduate Counselor Program offers counseling for only \$15.00 per 50 minute session. No income questions or requirements. Graduate counselors are Master's level interns supervised by Licensed Professional Counselors.

**Epworth Children and Family Services**

110 N. Elm Ave, **63119**  
314-961-5718  
24/7 Helpline 314-727-6294

<http://www.epworth.org/>

Committed to keeping families together, preventing abuse and neglect, and encouraging self-sufficiency in at-risk youth. Provides foster care management, youth emergency services and transitional/independent living programs.

**Family Forward**

1167 Corporate Lake Dr. **63132**  
314-534-9350

<https://familyforwardmo.org/>

**Services for Children:** Ages three to six who have experienced early trauma. Therapeutic full-day program with before care and after care if needed. No cost program for children who are eligible.

**Services for Families:** Classes for adoptive and foster parents and caregivers. Trauma training for professionals. Prevention and treatment of child abuse, age-appropriate developmental expectations, and emotional-behavioral-relational difficulties. Home visiting ages 0-three years, links families with community resources.

**Therapy:** Individual, family, or group counseling.

**Developmental Trauma Center:** Provides assessment, treatment services, and parent education services.

**Fathers' Support Center**

1601 Olive St.  
St. Louis, MO. **63103**  
314-333-4170

<http://fatherssupportcenter.org/>

Program participants in the six-week, full-day, full-immersion **Family Formation Program**, mothers and fathers welcome. Participants are taught parenting, life skills, and preparation for employment opportunities.

**Father's Rap** is a peer-to-peer self-help program that meets Tuesday and Thursday evenings. Focuses on a variety of topics drawn from the Family Formation teachings.

**Employment and Mentoring** is available to participants enrolled in Father's Support Center's programs or attend six Father's Rap Sessions.

**Legal Services** are offered to clients, providing high quality, affordable legal assistance in family law with child support payment modifications, legal visitation, child custody, and more.

**Youth Leadership & Development** assists youth and young adults, ages 14-24, with transportation and professional attire, as well as interview prep sessions, job readiness, job retention skills, and job placement.

### **Family Support Division, Missouri Department of Social Services**

[www.dss.mo.gov](http://www.dss.mo.gov)

Offers a range of programs and services to support families, including support for the blind, child care, child support, food, energy, and medical assistance, and refugee assistance, among others.

### **Good Shepherd Children & Family Services**

111 Walker Rd. **63640**

St. Louis: 314-854-5700

Farmington: 573-664-1330

<https://goodshepherdstl.org/>

**Adoption** – Counseling, assessment, placement, post-placement supervision and support.

**Foster Care** – Provides case management for children who are in foster care while developing and maintaining foster families.

**Maternity Shelter:** Pregnant and parenting women ages 12-21 and their young children who are facing homelessness 24/7 care with a focus on parenting skills and promoting education.

**Pregnancy & Parenting Support:** Home-based counseling (pregnancy, parenting, adoption) and case management for pregnant women in crisis and family members affected by the pregnancy.

### **Lutheran Family and Children's Services**

St. Louis Office: 8631 Delmar Boulevard, **63124**

314-787-5100 or 1-866-326-LFCS

Email: [help@lfcs.org](mailto:help@lfcs.org)

[lfcsmo.org](http://lfcsmo.org)

Offers programs and services addressing adoption, child development, counseling for individuals, couples, families and groups, disaster response, foster care, intergenerational tutoring; parenting, pregnancy services, senior services, and life skills programs.

### **Mercy Professional Services**

1015 S. Compton Ave, **63104**

314-993-8818

[www.mercyprofessional.org](http://www.mercyprofessional.org)

Therapeutic counseling services are available for individuals, couples, and families who are dealing with a variety of issues. We help individuals address problems expressing as depression, anxiety, or problematic behaviors, couples in

distress, and child behavior or emotional problems in family therapy context. Sliding Scale Counseling is available from Master level Interns.

### **Preferred Family Healthcare: Team of Concern**

5025 Northrup Ave.

St. Louis, MO. **63110**

[www.pfh.org/TOC.htm](http://www.pfh.org/TOC.htm)

Provides students, teachers, and parents with preventive education on the subject of substance abuse as well as supportive services to at-risk students. Services include individual counseling, case management, and family therapy. Anyone can refer a student: a friend, a family member, a teacher or the student him or herself.

North County

11701 W. Florissant Ave

Florissant, MO 63033

314-972-8132

South County

10024 Office Center Ave Suite 100

St. Louis, MO 63128

314-729-7050

St. Peters

2120 Parkway Drive

St. Peters, MO 63376

636-332-5835

Troy

1011 E Cherry St.

Troy, MO 63379

636-224-1500

Union

500 Clark Ave

Union, MO 63084

636-224-1400

se habla espanol/Spanish is spoken here

### **St. Louis Counseling**

9200 Watson Road, G-101, **63126**

314-544-3800

<https://saintlouis counseling.org/>

Offers programs and services at eight locations around St. Louis, including counseling, psychiatry, family life education, understanding of the impact of trauma on child development and family systems and sensitive to Military personnel and families. Translation in over 40 languages is available through Language Access Metro Project (LAMP).

Bellefontaine Neighbors Office

10235 Ashbrook Drive

St. Louis, MO 63137

314-831-1533

Florissant Virtual Office

314-831-1533

Herculaneum Office  
1349 McNutt Street  
Herculaneum, MO 63048  
636-638-2203

O'Fallon, MO Office  
311 South Main  
Suite 100  
O'Fallon, MO 63366  
636-281-1990

Troy, MO Office  
#140 Professional Pkwy  
Troy, MO 63379  
636-528-5911

Union Office  
500 Clark Ave  
Union, MO 63084  
636-583-1800

### Youth in Need

St. Louis County Youth Connection Helpline  
314-628-2929

St. Charles County Youth Connection Helpline  
636-642-0642

St. Louis City Youth In Need's 24-Hour Helpline  
636-946-3771

[www.youthinneed.org](http://www.youthinneed.org)

With more than 25 locations throughout St. Charles, Lincoln, Warren and Montgomery Counties and St. Louis City, Youth in Need programs serve children, teens, and families with counseling and support groups, residential homes, foster care case management, homeless shelter and outreach, education, and infant, child, and family development.

**Central Office**  
1815 Boone's Lick Road  
St. Charles, MO 63301  
636-946-5600

**St. Louis City Head Start Center**  
3013 Meramec,  
St. Louis, MO 63118  
314-353-6906

St. Charles, Lincoln, Warren or Montgomery  
Counties  
636-332-0265

## Education & Learning Disability Testing

### Anne Malone Children and Family Services

2612 Annie Malone Drive, 63113  
314-531-0120

**Anne Malone Therapeutic Academy** offers an alternative educational setting for students with behavioral disorders and learning disabilities, grades K-12.

### Out-of-School Program

314-657-3624

<https://www.stlouis-mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm>

St. Louis Agenc on Training and Employment provides educational and employment services to youth ages 17 to 24 that are at risk of dropping out or already have. Provides educational, job training, and employment services.

### St. Louis University Psychological Services Center

7 N. Jackson Rd.

St. Louis, MO. 63103

314-935-6555

[Psychological Services Center : SLU](#)

Offers learning disability testing on a sliding scale.

### Thomas Dunn Learning Center

3113 Gasconade Street, 63118 (In Marquette Park)  
314-353-3050

[www.tdunn.org](http://www.tdunn.org)

Free Tutoring and Educational Services. Services include tutoring for all ages, library use, job search, ACT prep classes, computer lab, and Wi-Fi. See website for registration form or call for scheduling.

### University of Missouri – St. Louis Community Psychological Service

1 University Blvd.

Normandy, MO. 63121

<http://www.umsl.edu/services/cps/>

314-516-5824

Offers education evaluation services, including learning disability testing, on a sliding scale.

### YMCA Community Literacy

2815 Scott Ave, Ste. D.

St. Louis, MO. 63103

314-436-1177

<http://www.ymcastlouis.org/program/ymca-community-literacy>

Offers tutoring programs for youth and adults who struggle with reading, writing and English language skills.

## Legal

### **Arch City Defenders**

440 N. 4th Street, Ste. 390

St. Louis, MO 63102

(314) 361-8834

(855) 724-2489

Email: [mail@archcitydefenders.org](mailto:mail@archcitydefenders.org)

<https://www.archcitydefenders.org/>

Non-profit corporation dedicated to providing legal counsel to those facing state prosecution and are unable to afford private counsel.

### **Catholic Legal Assistance Ministry**

100 North Tucker Blvd.

St. Louis, MO 63101

<https://sfcsstl.org/locations/clam/>

314-977-393

Provides representation for impoverished people in need. Handles many cases involving paternity, orders of protection, guardianship, and abuse. Also offers services for immigrant populations who face challenges in filing government documents.

### **Crime Victims Center**

539 N. Grand Blvd. Ste. 400

St. Louis, MO. 63103

<https://www.supportvictims.org/>

Previously known as Legal Advocates for Abused Women (LAAW) is a local domestic violence organization in St. Louis that provides crisis intervention & support, legal information & advocacy, safety planning, and legal & social service referrals for victims of abuse. Works with law enforcement and criminal and civil courts to end violence.

### **Legal Services of Eastern Missouri, Inc. The Children's Legal Alliance**

4232 Forest Park Avenue, 63108

314-534-4200

800-444-0514

<https://lsem.org/education-justice-program/>

Provides free educational advocacy to qualifying students with special needs who are not receiving appropriate services and those who have been illegally or improperly excluded from school. Services include but are not limited to helping families obtain testing for special education services,

advocating for students facing suspension or expulsion from school, enrolling homeless children in school, connecting families and children to mental health service, and linking families to other legal assistance provided by LSEM if needed.

## Parenting

### **Anne Malone Children and Family Services**

2612 Annie Malone Drive, 63113

314-531-0120

[www.anniemalone.com](http://www.anniemalone.com)

**Crisis Care and Emergency Placement** provides safe 24 hour environment for youth aged from birth to 18 years. Provides emergency shelter, food, clothing, educational needs, conflict resolution, emergency medical attention, counseling referrals, to prevent child abuse and neglect.

Call 1-844-803-7233 (24hr)

**Community Based Program** provides intensive in-home services, individual and group-based Triple P Parenting Classes, Parent Cafes, Diaper Bank, Children's Division Supervised Visitations, and therapeutic crisis interventions to accelerate the reunification process and to prevent children from entering foster care. Email

[Referrals@anniemalone.com](mailto:Referrals@anniemalone.com)

### **Nurse-Family Partnership Program**

4000 Jennings Station Road,

St. Louis, MO 63121

314-615-7902

[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

This free program is for women living either in St. Louis City or County who are having their first baby. A registered nurse will visit women in their homes throughout the pregnancy and continue to visit until their baby is 2 years old. To enroll, women must be under 28 weeks pregnant. 23

### **Parent Fair Share**

1-800-859-7999

Provides referrals for education, employment, and social services to Missouri residents over age 18 who are underemployed/unemployed and have a case with Child Support Enforcement. For a referral call the toll free number or contact your local Child Support Enforcement office.

### **ParentLink**

573-882-7322

Toll Free: 1-800-552-8522

[www.parentlink.missouri.edu](http://www.parentlink.missouri.edu)



Parents and providers can call the warm line and access referrals, resources, and problem-solving support for children under 18. Professionals discuss the problem with the caller, suggest services, and offer referrals. Most requests are handled as they are received.

### Parents as Teachers

6 Cityplace Dr, Ste. 100

St. Louis, MO. **63146**

314-432-4330

[www.parentsasteachers.org/](http://www.parentsasteachers.org/)

Parents as Teachers (PAT) is a resource for organizations and professionals serving children and families within the early childhood development and education continuum. PAT equips early childhood organizations and professionals with information and tools that are relevant—and widely applicable—to today's parents, families and children, especially those in vulnerable circumstances.

### Saint Louis Crisis Nursery

314-533-6900

24 hr Helpline 314-768-3201

Family Empowerment Program partners with families who have children (birth through age 12) to provide services that help to minimize stress, reduce isolation, and empower families to achieve goals that ensure stability and safety for their family by building upon existing family strengths.

St. Louis City Outreach Ctr.

2433 N. Grand, St. Louis, MO 63106

314-533-6900

Central Outreach and Latino Outreach Center  
at SSM St. Mary's Hospital in St. Francis Hall-South  
6420 Clayton Rd, St. Louis, MO 63117

314-629-1937

314-255- 6145 (Latino Outreach Center)

College Hill Outreach Center at Our Lady of Perpetual Help  
4335 Warne, St. Louis, MO 63107

314-552-1304

Ferguson Outreach Center at FDCRG

1433 Stein Rd., Ferguson, MO 63135

314-629-2614

Crisis Nursery Jefferson County at Mercy Hospital Jefferson  
1400 Hwy 61 South, Crystal City, MO 63019  
314-374-1700

North County Outreach Center at Christian Hospital

11155 Dunn Rd., Ste. 210E, St. Louis MO 63136

314-629-2614

Outreach Center at Christian Activity Center East St. Louis  
540 North 6th St., East St. Louis, IL 62201  
314-533-6900

St. Charles Outreach Center

328 S. 4th Street, St. Charles, MO 63301

636-940-0742

South County Outreach Center Mercy Hospital South

10010 Kennerly Rd, St. Louis, MO 63128

314-229-1005

Wentzville Outreach Center at LINC

9 Love Park Lane, Wentzville, MO 63385

314-229-1834

## Youth Engagement

### Annie Malone Children & Family Services

2612 Annie Malone Drive, 63113

314-531-0120

<https://www.anniemalone.com/transitional-living-program>

**Transitional Living Program (TLP):** Provides youth 16-21 the skills to successfully transition into adulthood through a series of personal training and life skills development. Program runs for 6-24 months and is offered at the Malone House.

### Big Brothers Big Sisters of Eastern Missouri

St. Louis Headquarters:

501 North Grand Boulevard, Suite 100, 63103

314-361-5900

<https://www.bbbsemo.org/>

To become a Little Brother or Little Sister, a child must be between the ages of 5 and 17. Currently serves children in St. Louis City and the following counties: St. Louis, Jefferson, St. Charles, Cape Girardeau and Scott County. Contact BBBSEMO to request an application. The *Amachi Missouri* initiative is a mentoring partnership that is also available to the children of incarcerated parents.

### BicycleWORKS

2414 Menard Street, 63104

314-664-0828

Email: [info@bworks.org](mailto:info@bworks.org)

[www.bworks.org/bikeworks/](http://www.bworks.org/bikeworks/)

A division of BWORKS, the main component of BicycleWORKS is the Earn-A-Bike Program. Children are taught the basics about bicycle safety and maintenance through hands-on courses. Youth who complete the course graduate with their own bike, helmet, light, and lock.

### BookWORKS

2414 Menard Street, 63104

314-664-0828

Email: [info@bworks.org](mailto:info@bworks.org)

[www.bworks.org/bookworks/](http://www.bworks.org/bookworks/)

A division of BWORKS, the mission of BookWORKS is to promote verbal and visual literacy. Student writers learn to write and illustrate books under the supervision of tutor editors.

### **ByteWORKS**

2414 Menard Street, 63104

314-664-0828

Email: [info@bworks.org](mailto:info@bworks.org)

[www.stlbyteworks.org](http://www.stlbyteworks.org)

A division of St. Louis BWORKS, ByteWORKS offers an Earn-A-Computer (EAC) program. The EAC is a 6 week course is for children aged 8-17 years old. The following subjects are taught: Introduction to Computers; Internet and Safety on the Internet; Word Processing with OpenOffice Writer; Creating Presentations with OpenOffice Impress; Computer programming using MIT's Scratch software; and Assembling the Computer and Connecting to the Internet. Graduates receive a computer, monitor, keyboard, and mouse, audio speakers, 2GB flash drive, and a personalized email address. The program features a one-on-one mentoring component.

### **Covenant House Missouri**

2727 North Kingshighway Boulevard, 63113

314-533-2241

[www.covenanthousemo.org](http://www.covenanthousemo.org)

An organization that empowers homeless, runaway, and at-risk youth to live independently. CHMO offers a range of support services for youth ages 16-24, Monday through Friday including literacy & tutorial services, employment services, case management, etc.

### **FYI (Ferguson Youth Initiative)**

106 Church Street

Ferguson, MO 63135

314-749-5379

Email: [info@fyiferyouth.org](mailto:info@fyiferyouth.org)

[www.FYIFergYouth.org](http://www.FYIFergYouth.org)

FYI works with the City of Ferguson, youth organizations, businesses, and churches to inform the youth on programs, connect youth organizations, expand collaboration efforts, and coordinate a youth driven and sustainable process.

### **Missouri 4-H**

MU Extension in St. Louis County

132 E. Monroe Avenue

Kirkwood MO 63122

314-400-2115

MU Extension St. Louis Metro Area Office

8225 Florissant Rd

Saint Louis, MO 63121

314-200-2705

<http://extension.missouri.edu/stlouis/4h/4hyouth.html>

University of Missouri Extension's 4-H (Head, Heart, Health, Hands) educational program empowers young people to reach their full potential while working and learning in partnership with caring adults. As one of the nation's largest youth organizations, 4-H helps young people become competent, capable, caring and contributing members of society. A wide range of programs and clubs including focuses on college, science, leadership, etc. are available in St. Louis City and County. Call for membership and more information.

### **Out-of-School Program**

314-657-3624

[https://www.stlouis-](https://www.stlouis-mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm)

[mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm](https://www.stlouis-mo.gov/government/departments/slate/youth/out-of-school-youth-program.cfm)

St. Louis Agencet on Training and Employment provides educational and employment services to youth ages 17 to 24 that are at risk of dropping out or already have. Provides educational, job training, and employment services.

### **STL Youth Sports Outreach**

9424 Everman

Overland, MO. **63144**

314-312-9231

<http://www.abcballpark.com/stlyso>

Provides sports equipment to families in need with children who wish to participate in organized sports programs. Offers a "trade up" program for families to donate outgrown equipment and get gear that is the right size.

**The SPOT  
Supporting Positive Opportunities with Teens**

4169 Laclede (between Sarah and Boyle), 63108

314-535-0413

Option 5 for shower, laundry, computer, food, and other resources.

<https://thespot.wustl.edu/>

The SPOT is open Mon-Fri; all services are available to anyone between 13 -24 years old. Youth can drop in to hang out, eat, use computers and showers, talk with a case manager or counselor, and get free basic medical care (focus on reproductive and sexual health).

Youth Connection 24/7 Mental Health Assistance

Call 314-819-8802

Text 31658

**Wyman**

600 Kiwanis Drive

Eureka, MO 63025

636-938-5245

[www.wymancenter.org](http://www.wymancenter.org)

An organization enabling teens from disadvantaged circumstances to lead successful lives and build strong communities. Wyman creates interactive peer group experiences, delivers curriculum that is engaging, relevant and challenging, provides community service learning, and makes sure there is strong support from adults as positive role models. Services include the Teen Outreach Program, (TOP), Teen Leadership Program (TLP), Five Star After School Program, and camp opportunities.

**United Way Information & Referral:** Dial 2-1-1 or visit [www.211helps.org](http://www.211helps.org) to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.