

Family and Youth Resources

(community resources for low income and uninsured)

Contents:

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**Also see Child and Crisis Care Resources List*

Children's Health & Safety

Board of Religious Organizations (BRO)

4262 Cleveland Avenue, **63110**
314-865-1677
brostl.org

Provides a small care package for newborns that includes blankets, clothes, and diapers. Open M, W, F 9am-2pm. Best to call ahead, but not necessary.

Child Support Services

111 N. 7th St., Room 204, **63101**
(314) 340-7400
<https://dss.mo.gov/child-support/>

Contact the local Child Support Services to find information regarding Child Support including how to apply for the support.

Cotton Babies, Inc.

6116 Baumgartner Crossing, **63129**
888-332-2243
www.cottonbabies.com

Through the Share the Love Program, Cotton Babies provides families in need with free cloth diapers. Must provide a photo ID and WIC verification of certification.

Helping Hand Me Downs

636-346-3719
www.helpinghandmedowns.org

Provides clothing for the first year of a newborn's life and connects mothers with referral agencies that help accelerate her path to independence.

Life House Youth Center

636-649-5542
11 North Clark Street
Sullivan, MO **63080**
<http://www.lhcsullivan.org/>

A positive place with positive influences where youth of Franklin and Crawford Counties can spend their time and discover their full potential regardless of their social/economic backgrounds. This program exists to promote a strong sense of community and to glorify God.

Mercy Children's Hospital

615 S. New Ballas Road, **63141**
314- 961-5229
www.mercy.net/stlouismo/practice/mercy-childrens-hospital-st-louis

Offers a variety of free or affordable classes and programs for women and children including CPR & First Aid, bicycle helmet fittings, and Home Alone. For a full list of classes and to register, visit: mercy.gosignmeup.com

Nurses for Newborns Foundation

7259 Lansdowne, Suite 100, **63119**
314-544-3433, 1-800-452-4784
www.nfnf.org

In-home nursing visits and donation services are provided to babies born: with medical problems, into families who do not have money for basic necessities, or to teen moms or mothers with disabilities/mental health concerns.

Safe Families for Children

7520 Big Bend Boulevard, **63119**
314-781-6363
www.safe-families.org

Provides a safe family environment for children of parents in crisis. Host families are extensively screened and supported. Biological parents retain custody of the children throughout the entire length of stay and are encouraged to be involved in the child's life. Accepts children from 0-18, with a concentration on children from 0-6 years.

Safe Kids St. Louis7980 Clayton Road, **63117**

314-612-5770

cathy_metzger@ssmhc.comwww.SafeKidsStl.com

Provides reduced price car seats (\$25.00 – can be paid in installments), booster seats, and cribs when available. No appointment necessary, call to verify time and location of distribution.

Safety Stop

314-454-KIDS (5437)

www.stlouischildrens.org/content/safetystop.htm

A selection of helmets, car seats and home safety equipment is available for purchase at discounted prices. Fittings and consults are free. Must make appointment in advance. Call or visit site to schedule.

SIDS Resources1120 South Sixth Street, Suite 100, **63104**

314-822-2323, 800-421-3511

Fax: 314-588-0850

www.sidsresources.org/index.htm

Supplies Pack 'n Play cribs along with classes for setting up cribs and safe sleeping practices. To sign up call Velma Walker, Urban Outreach Coordinator. The program also offers support for families who have lost babies.

Counseling & Family Support**Annie's Hope**1333 W. Lockwood, Suite 104, **63122**

314-965-5015

<http://www.annieshope.org/>

Provides free comprehensive support services to children, teens and their families who are grieving the death of someone significant.

Coalition for Healthy African-American Relationships and Marriages (CHAARM)2433 North Grand Boulevard, **63106****4730 Margaretta Ave 63115**

314-769-1103

Provides education, information, advocacy, events and activities to promote healthy relationships at home, work, school and community. Also offer consulting services in program development and design for faith and community-based organizations.

Christian Family Services7955 Big Bend Boulevard, **63119**

314-968-2216

www.cfserve.org

CFS is a non-profit child-placement agency licensed in MO and IL. Services include temporary foster placements for children from birth to preschool age, adoption counseling and support for expectant mothers, and general counseling services. All services are provided without regard to religious affiliation.

Creve Coeur Counseling Associates10176 Corporate Square Drive, **63132**

314-991-0100

www.cccastl.com

Graduate Counselor Program offers counseling for only \$15.00 per 50 minute session. No income questions or requirements. Graduate counselors are Master's level interns supervised by Licensed Professional Counselors.

Epworth Children and Family Services110 N. Elm Ave, **63119**

314-961-5718

<http://www.epworth.org/>

Committed to keeping families together, preventing abuse and neglect, and encouraging self-sufficiency in at-risk youth. Provides foster care management, youth emergency services and transitional/independent living programs.

Family Forward3309 South Kingshighway, **63139**

314-534-9350

<https://familyforwardmo.org/>

Services for Children: Therapeutic preschool for children experiencing emotional and behavioral problems; foster care case management; and foster home recruitment

Services for Families: Individual and family therapy for children and adults, provided in-home or in-office; mentoring for parents navigating the social welfare system; and services to help individuals at risk of chronic maltreatment.

Services for Teens: Drug Court mentoring; work skills and job-readiness training; and mentoring and long-term support for teen parents.

Services for Children with Developmental Disabilities:

Long-term, 24-hour residential care for nonambulatory children ages 0-21 with significant medical needs.

Family Support Division, Missouri Department of Social Services

City of St. Louis - 314-877-2000
 St. Louis County - 314-877-4000
 St. Charles County - 314-940-3186
www.dss.mo.gov

Offers a range of programs and services to support families, including support for the blind, child care, child support, food, energy, and medical assistance, and refugee assistance, among others.

Fathers' Support Center

2700 Cherokee St,
 St Louis, MO 63118
 314-333-4170
<http://fathersupportcenter.org/>

Program participants in the six-week **Responsible Fatherhood Project** and **Parenting in Partnership** courses learn the necessary skills for effective parenting, personal, spiritual and emotional development, substance abuse prevention and child abuse and neglect prevention.

Youth Leadership & Development Program (YLDP) assists youth and young adults, ages 13-21, with transportation and professional attire, as well as interview prep sessions, job readiness, job retention skills, and job placement.

Offender Reentry Project (ORP) provides critical recovery services to adult offenders returning to St. Louis after incarceration, including substance abuse and co-occurring disorder assessment and treatment, and mental health services.

Legal Services are offered to clients, providing high quality, affordable legal assistance in family law with child support payment modifications, legal visitation, child custody, and more.

Good Shepherd Children & Family Services

1340 Partridge Avenue, **63130**
 314-854-5700
goodshepherdstl.org

Adoption – Counseling, assessment, placement, post-placement supervision and support.

Foster Care – Provides case management for children who are in foster care while developing and maintaining foster families.

Maternity Shelter: Pregnant and parenting women ages 12-21 and their young children who are facing homelessness 24/7 care with a focus on parenting skills and promoting education.

Pregnancy & Parenting Support: Home-based counseling (pregnancy, parenting, adoption) and case management for pregnant women in crisis and family members affected by the pregnancy.

Lutheran Family and Children's Services

St. Louis Office: 8631 Delmar Boulevard, **63124**
 314-787-5100 or 1-866-326-LFCS
 Email: lfcsmo@lfcs.org
lfcsmo.org

Offers programs and services addressing adoption, child development, counseling for individuals, couples, families and groups, disaster response, foster care, intergenerational tutoring; parenting, pregnancy services, senior services, and life skills programs.

Mercy Professional Services

1015 S. Compton Ave, **63104**
 314-977-1240
www.mercyprofessional.org

Therapeutic counseling services are available for individuals, couples, and families who are dealing with a variety of issues. We help individuals address problems expressing as depression, anxiety, or problematic behaviors, couples in distress, and child behavior or emotional problems in family therapy context. Sliding Scale Counseling is available from Master level Interns.

Preferred Family Healthcare: Team of Concern

11701 W. Florissant Avenue
 Florissant, MO **63033**
 314-972-8132
www.pfh.org/TOC.htm

Provides students, teachers, and parents with preventive education on the subject of substance abuse as well as supportive services to at-risk students. Services include individual counseling, case management, and family therapy. Anyone can refer a student: a friend, a family member, a teacher or the student him or herself.

St. Louis Counseling9200 Watson Road, G-101, **63126**

314-544-3800

<https://saintlouis counseling.org/>

Offers programs and services at eight locations around St. Louis, including counseling, psychiatry, family life education, understanding of the impact of trauma on child development and family systems and sensitive to Military personell and families. Translation in over 40 languages is available through Language Access Metro Project (LAMP).

BELLEFONTAINE NEIGHBORS OFFICE

10235 Ashbrook Drive

St. Louis, MO **63137**

314-831-1533

FLORISSANT OFFICE

1385 Harkee Drive

Florissant, MO **63031**

314-831-1533

HERCULANEUM OFFICE

1349 McNutt Street

Herculaneum, MO **63048**

636-638-2203

O'FALLON, MO OFFICE

311 South Main

Suite 100

O'Fallon, MO **63366**

636-281-1990

SOUTH COUNTY OFFICE (Administration)

9200 Watson Road, G-101

St. Louis, MO **63126**

314-544-3800

TROY, MO OFFICE

#140 Professional Pkwy

Troy, MO **63379**

636-528-5911

UNION OFFICE

102 E. Springfield,

Ste. 202

Union, MO **63084**

636-583-1800

WEST COUNTY OFFICE

498 Woods Mill Road

Manchester, MO **63011**

636-391-9966

St. Louis Healthy Families4557 Laclede Avenue, **63108**

314-361-1222

slhmc@att.netwww.stlhealthyfamilies.org

Coordinates community wide education efforts that support the development of essential relationship skills. Programs and services are available to adults and teens throughout the St. Louis area at very little or no cost. Call or visit website to find an available program or workshop targeted for singles, couples, families, youth, or business environments.

Youth in Need

St. Louis County Youth Connection Helpline

314-628-2929

St. Charles County Youth Connection Helpline

636-642-0642

St. Louis City Youth In Need's 24-Hour Helpline

636-946-3771

www.youthinneed.org

With more than 25 locations throughout St. Charles, Lincoln, Warren and Montgomery Counties and St. Louis City, Youth in Need programs serve children, teens, and families with counseling and support groups, residential homes, foster care case management, homeless shelter and outreach, education, and infant, child, and family development.

Central Office

1815 Boone's Lick Road

St. Charles, MO **63301**

636-946-5600

Foster Care Case Management

2324 Marconi

St. Louis, MO **63110**

314-963-8201

St. Louis City Head Start Center

3013 Meramec,

St. Louis, MO **63118**

314-353-6906

Education & Learning Disability Testing**Bridge of Hope Ministries**

4001 Cottage Avenue

St. Louis, MO **63113**

314-703-2458

www.bridgeofhopestl.com

Empowering students of all ages through one on one tutoring for grades K-12, adult education classes, a community garden, and a tool library for people to use for jobs or home repair.

Emerson Academy Therapeutic School2612 Annie Malone Drive, **63113**

314-361-2222

Email: dcampbell@anniemalone.comwww.anniemalone.com/index.html

Emerson Academy offers an alternative educational setting for students with behavioral disorders and learning disabilities, grades K-12. Emerson works with students and families to inform, educate, and support, with the ultimate goal to return successful students back to their home school district.

St. Louis University Psychological Services Center221 North Grand Boulevard, **63103**

314-977-2278

Offers learning disability testing on a sliding scale.

Thomas Dunn Learning Center3113 Gasconade Street, **63118** (In Marquette Park)

314-353-3050

www.tdunn.org

Free Drop-In Tutoring and Educational Services. Monday through Thursday 3pm-6pm. Services include tutoring for all ages, library use, job search, ACT prep classes, computer lab, and Wi-Fi.

University of Missouri – St. Louis Community Psychological Service232 Stadler Hall, One University Boulevard, **63121**

314-516-5824

Offers education evaluation services, including learning disability testing, on a sliding scale.

YMCA Community Literacy326 South 21st Street, **63103**

314-436-1177

<http://www.ymcastlouis.org/program/ymca-community-literacy>

Offers tutoring programs for youth and adults who struggle with reading, writing and English language skills.

Legal**Arch City Defenders**

812 N. Collins

Laclede's Landing, **63102**

1-855-724-2489

Email: ArchCityDefenders@gmail.comwww.Archcitydefenders.wordpress.com

Non-profit corporation dedicated to providing legal counsel to those facing state prosecution and are unable to afford private counsel.

Catholic Legal Assistance Ministry321 North Spring Avenue, **63108**

314-977-3993

Provides representation for impoverished people in need. Handles many cases involving paternity, orders of protection, guardianship, and abuse. Also offers services for immigrant populations who face challenges in filing government documents.

Legal Advocates for Abused Women (LAAW)

Helpline: 314-664-6699, 1-800-527-1460

laawstl.org

LAAW is a local domestic violence organization in St. Louis that provides crisis intervention & support, legal information & advocacy, safety planning, and legal & social service referrals for victims of abuse. Works with law enforcement and criminal and civil courts to end violence.

Legal Services of Eastern Missouri, Inc. The Children's Legal Alliance4232 Forest Park Avenue, **63108**

314-534-4200

800-444-0514

www.lsem.org/CLAEducation_14.aspx

Provides free educational advocacy to qualifying students with special needs who are not receiving appropriate services and those who have been illegally or improperly excluded from school. Services include but are not limited to helping families obtain testing for special education services, advocating for students facing suspension or expulsion from school, enrolling homeless children in school, connecting families and children to mental health service, and linking families to other legal assistance provided by LSEM if needed.

Parenting**Annie Malone Children & Family Service Center**2612 Annie Malone Drive, **63113**

314-531-0120

Email: info@anniemalone.comwww.anniemalone.com

Parent Education: Offers classes which focus on age appropriate discipline, developmental expectations, and behavior modification techniques for raising a child.

Nurse-Family Partnership Program

St. Louis County Department of Public Health
4000 Jennings Station Road, **63121**
314-679-7879

www.nursefamilypartnership.org

This free program is for women living either in St. Louis City or County who are having their first baby. A registered nurse will visit women in their homes throughout the pregnancy and continue to visit until their baby is 2 years old. To enroll, women must be under 28 weeks pregnant.

Parent Fair Share

1-800-859-7999

Provides referrals for education, employment, and social services to Missouri residents over age 18 who are underemployed/unemployed and have a case with Child Support Enforcement. For a referral call the toll free number or contact your local Child Support Enforcement office.

ParentLink

573-882-7323

Toll Free: 1-800-552-8522

Text: 585-326-4591

www.parentlink.missouri.edu

Parents and providers can call the warm line and access referrals, resources, and problem-solving support for children under 18. Professionals discuss the problem with the caller, suggest services, and offer referrals. Most requests are handled as they are received. When more research is needed, information is obtained within the week.

Parents as Teachers

2228 Ball Drive, **63146**

314-432-4330

www.parentsasteachers.org/

Parents as Teachers (PAT) is a resource for organizations and professionals serving children and families within the early childhood development and education continuum. PAT equips early childhood organizations and professionals with information and tools that are relevant—and widely applicable—to today's parents, families and children, especially those in vulnerable circumstances.

Saint Louis Crisis Nursery

314-533-6900

Family Empowerment Program partners with families who have children (birth through age 12) to provide services that help to minimize stress, reduce isolation, and empower families to achieve goals that ensure stability and safety for their family by building upon existing family strengths.

St. Louis City Outreach Ctr.

2433 N. Grand, St. Louis, MO **63106**

314-533-6900

Central Outreach and Latino Outreach Center
at SSM St. Mary's Hospital in St. Francis Hall-South
6420 Clayton Rd, St. Louis, MO **63117**

314-629-1937

314-255- 6145 (Latino Outreach Center)

College Hill Outreach Center at Our Lady of Perpetual Help
4335 Warne, St. Louis, MO **63107**

314-552-1304

Ferguson Outreach Center at FDCRG

1433 Stein Rd., Ferguson, MO **63135**

314-686-1537

Crisis Nursery Jefferson County at Mercy Hospital Jefferson
1400 Hwy 61 South, Crystal City, MO **63019**

314-374-1700

North County Outreach Center at Christian Hospital
11155 Dunn Rd., Ste. 210E, St. Louis MO **63136**

314-629-2614

Outreach Center at Christian Activity Center East St. Louis
540 North 6th St., East St. Louis, IL **62201**

314-533-6900

St. Charles Outreach Center

328 S. 4th Street, St. Charles, MO **63301**

636-940-0742

South County Outreach Center Mercy Hospital South
10010 Kennerly Rd, St. Louis, MO **63128**

314-229-1005

Wentzville Outreach Center at LINC

9 Love Park Lane, Wentzville, MO **63385**

314-229-1834

Youth Engagement

Angel Baked Cookies

3636 North Market, **63113**
 314-65-ANGEL (652-6435)
 Email: angel@angelbaked.org
www.angelbaked.org

Angel Baked Cookies is a social enterprise of North Grand Neighborhood Services (NGNS) that empowers youth in North St. Louis through employment, professional development, and prayer. The Angels are teens 16-19 who prepare cookies in a fully-equipped bakery and work on sales and marketing. Faithful to the slogan, "our secret recipe is prayer," each work day begins with a group prayer and reflection. Contact the program to inquire about teen employment opportunities.

Annie Malone Children & Family Service Center

2612 Annie Malone Drive, **63113**
 314-531-0120
 Email: info@anniemalone.com
www.anniemalone.com

Transitional Living Program (TLP): Provides youth 16-21 the skills to successfully transition into adulthood through a series of personal training and life skills development. Program runs for 12-18 months and is offered at the Malone House,

Big Brothers Big Sisters of Eastern Missouri

St. Louis Headquarters:
 501 North Grand Boulevard, Suite 100, **63103**
 314-361-5900
 Fax: 314- 361-4484
www.bbbs.org

To become a Little Brother or Little Sister, a child must be between the ages of 5 and 17. Currently serves children in St. Louis City and the following counties: St. Louis, Jefferson, St. Charles, Cape Girardeau and Scott County. Contact BBBSEMO to request an application. The *Amachi Missouri* initiative is a mentoring partnership that is also available to the children of incarcerated parents.

BicycleWORKS

2414 Menard Street, **63104**
 314-827-6640
 Email: info@bworks.org
www.bworks.org/bikeworks/

A division of BWORKS, the main component of BicycleWORKS is the Earn-A-Bike Program. Children are taught the basics about bicycle safety and maintenance through hands-on courses. Youth who complete the course graduate with their own bike, helmet, light, and lock.

www.mercy.net/mnm

BookWORKS

2414 Menard Street, **63104**
 314-827-6640
 Email: info@bworks.org
www.bworks.org/bookworks/

A division of BWORKS, the mission of BookWORKS is to promote verbal and visual literacy. Student writers learn to write and illustrate books under the supervision of tutor editors. M, T, W 4:30-6pm.

ByteWORKS

2414 Menard Street, **63104**
 314-827-6640
 Email: info@bworks.org
www.stlbyteworks.org

A division of St. Louis BWORKS, ByteWORKS offers an Earn-A-Computer (EAC) program. The EAC is a 6 week course is for children aged 8-17 years old. The following subjects are taught: Introduction to Computers; Internet and Safety on the Internet; Word Processing with OpenOffice Writer; Creating Presentations with OpenOffice Impress; Computer programming using MIT's Scratch software; and Assembling the Computer and Connecting to the Internet. Graduates receive a computer, monitor, keyboard, and mouse, audio speakers, 2GB flash drive, and a personalized email address. The program features a one-on-one mentoring component.

Covenant House Missouri

2727 North Kingshighway Boulevard, **63113**
 314-533-2241
 Email: bmoritz@covenanthousemo.org
www.covenanthousemo.org

An organization that empowers homeless, runaway, and at-risk youth to live independently. CHMO offers a range of support services for youth ages 16-21, Monday through Friday including literacy & tutorial services, employment services, case management, etc. To learn more about Support Services, contact 314-450-7672.

FYI (Ferguson Youth Initiative)

110 Church Street
 Ferguson, MO **63135**
 314-675-0394
 Email: fyi@fergusoncity.com
www.FYIFergYouth.org

FYI works with the City of Ferguson, youth organizations, businesses, and churches to inform the youth on programs, connect youth organizations, expand collaboration efforts, and coordinate a youth driven and sustainable process.

Missouri 4-H

St. Louis County MU Extension Center:
121 S. Meramec, Suite 501, **63105**
314-615-2911

<http://extension.missouri.edu/stlouis/4h/4hyouth.html>

University of Missouri Extension's 4-H (Head, Heart, Health, Hands) educational program empowers young people to reach their full potential while working and learning in partnership with caring adults. As one of the nation's largest youth organizations, 4-H helps young people become competent, capable, caring and contributing members of society. A wide range of programs and clubs including focuses on college, science, leadership, etc. are available in St. Louis City and County. Call for membership and more information.

Out-of-School Time Programs

201 S. Jefferson Avenue, **63103**
314-932-4615
Fax: 314- 932-4665

phunter@youthinneed.org

STL Youth Sports Outreach

314-313-3076

www.abcballpark.com/stlyso.aspx

Provides sports equipment to families in need with children who wish to participate in organized sports programs. Offers a "trade up" program for families to donate outgrown equipment and get gear that is the right size.

The SPOT**Supporting Positive Opportunities with Teens**

4169 Laclede (between Sarah and Boyle), **63108**
314-535-0413

thespot.wustl.edu

The SPOT is open Mon-Fri 1-5pm; all services are available to anyone between 13 -24 years old. Youth can drop in to hang out, eat, use computers and showers, talk with a case manager or counselor, and get free basic medical care (focus on reproductive and sexual health).

Wyman

600 Kiwanis Drive
Eureka, MO **63025**
636-938-5245

Email: info@wymancenter.org

www.wymancenter.org

An organization enabling teens from disadvantaged circumstances to lead successful lives and build strong communities. Wyman creates interactive peer group experiences, delivers curriculum that is engaging, relevant and challenging, provides community service learning, and makes sure there is strong support from adults as positive role models. Services include the Teen Outreach Program, (TOP), Teen Leadership Program (TLP), Five Star After School Program, and camp opportunities.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.