

Fitness/Recreation Center Resources

(community resources for low-income and uninsured)

Locations in the greater St. Louis area that provide fitness and recreational opportunities for free or at an affordable cost.



St. Louis City Department of Parks, Recreation, and Forestry

Locations offer a variety of free facilities including fitness rooms, basketball and tennis courts, pools, and craft and game rooms.

www.stlouis.missouri.org/citygov//parks

Buder Recreation Center
2900 Hickory, 63104
314-664-0327

Forest Park
5595 Grand Dr, 63112
314-877-1309

Marquette Recreation Center
4025 Minnesota, 63118
314-353-1250

Tandy Recreation Center
4206 Kennerly, 63113
314-652-5131

West End Recreation Center
5250 Enright, 63108
314-367-4141

Cherokee Recreation Center
3200 S Jefferson, 63118
314-664-0582

Gamble Recreation Center
2907 Gamble St, 63106
314-531-0505

Soulard Recreation Center
1614 S 8th St, 63104
314-621-1286

12th and Park Recreation Center
1410 S Tucker, 63104
314-589-6142

Wohl Recreation Center
1515 N Kingshighway,
63113
314-367-2292

St. Louis County Department of Parks and Recreation

Locations offer a variety of free or low-cost facilities including fitness rooms, basketball and tennis courts, ice rinks, pools, and water parks.

www.stlouisco.com/ParksandRecreation

Afton White-Rodgers Community Center
9801 Mackenzie Rd,
63123
314-615-8822

Kennedy Recreation Complex
6050 Wells Rd, 63128
314-615-5KRC (5572)

St. Vincent Community Center
7335 St Charles Rock Rd,
63133
314-615-8STV (8788)

Greensfelder Recreation Complex in Queeny Park
550 Weidman Rd, 63011
314-615-8GRC (8472)

North County Recreation Complex at Veterans Memorial Park
2577 Redman Rd, 63136
314-615-8840

St. Louis Public Schools: Community Education Full Service Schools

Free or affordable fitness facilities and classes. Some locations also offer dental services, relationship seminars & counseling, and asthma education.

www.slps.org

Beyo-Long Middle CEFSS
5028 Morganford Rd
63118
314-353-1034

Clay Elementary CEFSS
3820 N 14th St
63107
314-231-9249

Ford Elementary CEFSS
1383 Clara Ave,
63112
314-383-7001

Hamilton eMINTS Academy CEFSS
5819 Westminister Pl
63112
314-367-6996

YMCA

Offer scholarships for low-income families for up to 65% off membership fee. Pick up application on-site or download from website. Must provide either 1040 tax form or letter of non-filing with application.

www.ymcastlouis.org

Marquette YMCA

304 N Broadway, 63102
314-436-7070

**Washington University
Campus YMCA**

1 Brookings Dr, 63130
314-935-5010

Monsanto Family YMCA

555 Page Blvd, 63112
314-367-4646

Mid-County Family YMCA

1900 Urban Dr, 63144
314-962-9450

**Webster Groves Family
YMCA**

226 E Lockwood Ave,
63119
314-962-9622

**Carondelet Park Rec
Center**

930 Holly Hills Ave, 63111
314-768-9622

Emerson Family YMCA

3390 Pershall Rd, 63135
314-521-1822

Kirkwood Family YMCA

325 N Taylor Ave, 63122
314-965-9622

**Edward Jones Family
YMCA**

12521 Marine Ave, 63146
314-439-9622

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.