

Food Pantry Resources – St. Louis City

(community resources for low income and uninsured)

South St. Louis

ZIP CODE	NAME	ADDRESS	PHONE NUMBER	TIME & DATE	ZIP CODES SERVED; ADDITIONAL COMMENTS
63104	EMMANUEL ADVENTIST	1401 LASALLE	314-482-2594	Every other Mon 10 AM- 12:00 PM (63103, 63104) Every other Thu 9-11:00 AM (all zip codes)	63103 & 63104 ; bring proof of income, residence & social security for everyone in the house
	FOCUS NORTH AMERICA - ST. LOUIS CENTER	1901 ANN	314-776-4205	2nd and 4th Wed 9-11:30 AM	63104, 63118
	ISAIAH 58 MINISTRIES	2149 S. GRAND	314-776-1410	Tue, Wed, Thu 10:00AM-1:00 PM	63104, 63110, 63116, 63118
	KINGDOM HOUSE	1321 S. 11TH	314-421-0400	Mon-Fri 9:00AM-5:00PM	63104, 63111, 63118 ; emergency assistance
	TRINITY LUTHERAN CHURCH	812 SOULARD	314-231-4092	Groceries: Fri, 9-10:30 AM Soup Alley: Mon-Fri, 9-10:30 AM & Sat 10-11:30 AM	63104 ; bring proof of income, residence, & ID. Fill out application at soup kitchen.
	ST. VINCENT'S CHURCH*	1408 S. 10TH	314-231-9328	Tue & Thu, 9 AM-2:00 PM 3rd Sat, 9:30 AM-12:00 noon (need appointment)	63104 & 63118 ; must make an appointment by calling St. Vincent's 314-231-9328
63109	FAMILY FOOD PANTRY	4228 S. KINGSHIGHWAY	314-583-3307	Sat, 9:30-11:30 AM	63109, 63111, 63116, 63139
	TRINITY ASSEMBLY OF GOD	4720 JAMIESON	314-752-1015	1st and last Thu, 12:30-1:30 PM	Any zip code
63110	ST. CRONAN CATHOLIC CHURCH*	1202 S. BOYLE	314-533-0651	2nd, 4th & 5th Sat, 9-11:00 AM	63110 ; bring photo ID, proof of residence, SSN; emergency assistance
63111	CARONDELET COMMUNITY BETTERMENT FEDERATION	6408 MICHIGAN	314-752-6339	Mon, Wed 8:15 AM-11:45 AM	City Residents; bring photo ID and proof of residence
	GRACE HILL PATCH NEIGHBORHOOD CENTER	7925 MINNESOTA	314-584-6961	by appointment only	63111 , Lemay-MS R, Hwy H-Alabama; Head Start location
	NEW JOURNEY BAPTIST CHURCH	4555 VIRGINIA	314-832-2142	Wed, 2:00 PM - 3:00 PM	Any zip code
	ST. TRINITY LUTHERAN CHURCH	517 W. KOELN	314-353-3276	Mon, Wed, Sat, 9-10:30 AM	63111, 63116 ; bring photo ID, SSN for household members, proof of income and residence
63116	BEVO AREA COMMUNITY IMPROVEMENT CORPORATION	4705 RIDGEWOOD	314-402-5745	Mon-Friday appointment only	St. John the Baptist Catholic Church Boundaries; call to make an appointment. Leave all information on voicemail.

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63118	CHAPEL FOR THE EXCEPTIONAL	3436 WINNEBAGO	314-776-7172	Thurs, 12 noon -1 PM	63118 ; bring state ID Soup Kitchen Mon-Fri 12-12:30PM
	GUARDIAN ANGEL/SETTLEMENT ASSOCIATION	2700 CHEROKEE ST	314-773-9027	Mon-Fri, 9AM-12noon, 1pm -3pm (need appointment)	63104, 63118 ; appointments required; photo ID, SS card, proof of residence and income
	INSTITUTE FOR CHRIST THE KING (ST. FRANCES DE SALES)*	2836 IOWA	314-289-6101 ext.1147	Food delivery ONLY	63104, 63118 ; NO walk ins
	LOVE AND CARE CHURCH	3137 S. JEFFERSON	314-776-1655	Fri, 12:30-2:00 PM	Any zip code; Leave number, will call back
	METRO CHRISTIAN WORSHIP CENTER	3452 POTOMAC	314-772-8444 ext.135	Wed, Thurs 11:00 AM-4:00 PM 3rd Sat 10:30 am (pantry not open on Wed or Thurs of 3rd week)	Any zip code; bring photo ID, proof of residence, and SSN; must fill out an application
	SALVATION ARMY TEMPLE CORPS	2740 ARSENAL	314-771-3460	1st, 3rd, 4th Thu, 3-5 PM 2nd Thurs Mobile Mart 3-5 PM (any zip code)	63101, 63102, 63103, 63104, 63109, 63110, 63118, 63139 ; state ID and SSN for entire family; walk-in emergency food may be available
	ST. AGATHA FOOD PANTRY	930 WITHNELL	314-772-4491	Mon, Tue, Thu, 1 - 2:30 PM (need appointment)	63118 within parish boundaries; emergency assistance for gas/electric
	ST. ANTHONY OF PADUA CHURCH*	3140 MERAMEC	314-352-1460	Mon, Thu 10:00 AM-noon Wed, 4-6:00 PM	63111, 63116, 63118
	ST. PIUS V CHURCH	3310 S. GRAND	314-772-1525	Tue, Fri, 2-3:30 PM	parish boundaries bring photo ID and proof of residence; emergency assistance
	ST. WENCESLAUS CATHOLIC CHURCH	3014 OREGON	314-865-1020	3rd Mon, 9:30-11:30 AM	63118 ; parish boundaries; bring photo ID, proof of residence, SSN
63139	HI POINTE CENTER	6020 SOUTHWEST	314-781-1617	Mon-Wed, 9:00 AM-3:00 PM one time emergency assistance (need appointment)	63139 , boundaries: City Limits-W, Kingshighway-E, Oakland-N, Chippewa-S

* indicates Society of St. Vincent de Paul Parish; to find nearest location visit <http://svdpstlouis.org> or call 211.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.

North St. Louis

ZIP CODE	NAME	ADDRESS	PHONE NUMBER	TIME & DATE	ZIP CODES SERVED; ADDITIONAL COMMENTS
63101	ST. NICHOLAS CHURCH	701 N. 18TH	314-231-2860	Mon, 12:30-2:00 PM	63101; once a month; bring proof of residence
63103	CENTRAL BAPTIST CHURCH	2800 WASHINGTON	314-533-0747	2nd and 4th Tue (closed August) 12:45-1:45 PM	Any zip code; bring photo ID; proof of family size and residence
	ST. VINCENT de PAUL	1310 Papin St.	314-881-6000	By appointment only	Any zip code
	THIRD BAPTIST CHURCH	620 N. GRAND	314-533-7340	3rd Sat, 8-10:30 AM	Any zip code; bring photo ID
63106	STS. TERESA AND BRIDGET CATHOLIC CHURCH*	2401 N. GRAND	314-531-1190	Thu, 9 AM - noon	Any zip code; bring names and SSN for all household members; emergency assistance
	SUNSHINE MINISTRIES, INC.	1520 N. 13TH	314-231-8209	Call to enroll	Must enroll in & attend M meeting; assigned day & time
	ZION LUTHERAN CHURCH	2500 N 21ST	314-231-0382	Mon, 9:00 AM - 1:00 PM	63106, 63107; bring proof of income or social security and residence; resale store
63107	INNER CITY CHRISTIAN CHURCH	1956 E. WARNE	314-385-9375	By appointment only	Any zip code; bring photo ID; proof of income
	KEY LIFE ENRICHMENT CENTER	2917 NATURAL BRIDGE	314-704-5783	3rd Sat, 10 AM-2 PM & Wed night if extra food	63107
	OUR LADY OF PERPETUAL HELP FOOD PANTRY	4335 WARNE	314-535-9794	Tue, Thu, Sat 9 AM-noon	63107; bring photo ID; proof of residence; SSN
	ST. JOHN UCC	2240 ST. LOUIS	314-533-8668	Mon & Fri, 8:30-10:30 AM	63106, 63107; bring photo ID; proof of family size; proof of residence
	STAR BETHEL FULL GOSPEL	3529 N. JEFFERSON	314-531-3554	Every other SAT 9 AM-noon	
63108	COMMUNITY WOMEN AGAINST HARDSHIP	3963 W. BELLE	314-289-7523	By appointment only	Clients Only; bring photo ID; referral required
	LANE TABERNACLE CME CHURCH	910 N. NEWSTEAD	314-533-0534	Every other Thu, 10 AM-noon	Any zip code; bring photo ID
	PEOPLE'S COMMUNITY ACTION CORPORATION	4236 LINDELL	314-862-6270	By appointment only	Emergency Assistance
	PILGRIM CONGREGATIONAL UCC FOOD PANTRY	826 UNION	314-367-8173	1st & 3rd Wed of the month 10-11:30 AM	Any Zip Code; bring photo ID
	SECOND PRESBYTERIAN CHURCH	4501 WESTMINSTER	314-367-0366	Sat, 10-10:30 AM	Any zip code; bring photo ID
	TRINITY EPISCOPAL	600 N. EUCLID	314-361-4655	Tue & Wed, 1-3:00 PM	Any zip code; What to bring: Head of household: SSN & photo ID Household members: SSN

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	URBAN LEAGUE OF METRO ST LOUIS	935 N VANDEVENTER	314-615-3690	Tue, Wed, Thu 2-5 PM	City residents; bring photo ID; can come once a month
63112	A NEW CORNERSTONE	5436 BARTMER	314-467-6617	Fri, Sat 10 AM-noon; Tues 9 AM-3 PM	63112, 63115
	GRACE AND PEACE FELLOWSHIP	5574 DELMAR	314-367-8959	1st & 3rd Wed, 1:30-2:30 PM	Any zip code; bring photo ID
	GRACE U.M. FOOD PANTRY	6199 WATERMAN	314-863-1992	Tue, 9:45-11:45 AM	63105, 63018, 63110, 63112, 63113, 63115, 63120, 63121, 63130, 63133; bring ID or SSN for each household member; referral preferred; clothing closet
	NEIGHBORHOOD OUTREACH CENTER	5325 DR. MARTIN LUTHER KING DR	314-361-7878	Mon, Tue, Wed 10:00 AM-12:00 PM	Any zip code; bring photo ID
	SOLOMON'S TEMPLE CHURCH	5569 PAGE	314-361-4460	4th Sat 11:00 AM-1:00 PM	Any zip code; bring photo ID
	ST. AUGUSTINE'S CATHOLIC CHURCH*	1371 HAMILTON	314-385-1934	Mon & Wed 9:30-11 AM	63105, 63108, 63112, 63113, 63120, 63121, 63133; bring photo ID and proof of address
	ST. PAUL AME CHURCH	1260 HAMILTON	314-385-8900	2nd & 4th Tue, 9:30-11:30 AM	Any zip code; bring photo ID
63113	CHRIST PILGRIMS REST	1341 N. KINGSHIGHWAY	314-367-2974	Tue, 8-10:00 AM	Any zip code
	CITY OF PEACE PANTRY	5140 GARFIELD	314-521-1122	Tue, 11 AM-12:30 PM	Any zip code
	ELMWOOD EMERGENCY FOOD PANTRY	5048 DR. MARTIN LUTHER KING	314-361-2129	3rd Sat, 10 AM-1:00 PM	Any zip code
	ESTELL MINISTRIES FOOD PANTRY	3803 PAGE	314-602-8107	Thu, 10:30 AM-12:30 PM	Any zip code
	GREAT THINGS INC	4675 PAGE	314-363-8679	Last two weeks of the month Tue, Wed, Thu 11 AM-1:00 PM	Any zip code; bring photo ID; referral letter required
	NEWSTEAD AVE MISSIONARY BAPTIST CHURCH	4370 N. MARKET	314-371-4436	4th Sat, 10:30-11:30 AM	63113; bring photo ID; referral required
	PLEASANT GREEN BAPTIST CHURCH (RUTH FAULKNER FOOD PANTRY)	1220 REV G.H. PRUITT	314-535-7548	2nd & 4th Wed, 11 AM-1:00 PM	Any zip code; bring photo ID; referral required; emergency assistance; clothing closet
	SALVATION ARMY - EUCLID	2618 N. EUCLID	314-531-5621	By appointment only	Any zip code
	ST LUKE MEMORIAL BAPTIST	3623 FINNEY	314-531-1978	4th Sat, 9 AM-noon	
	WESTSIDE MISSIONARY BAPTIST CHURCH	4675 PAGE	314-535-9002	last two weeks on Tue, Wed, Thu 11 AM-1:00 PM	Any zip code; referral required and picture ID; emergency assistance
	WILLIAM'S TEMPLE CHURCH OF GOD IN CHRIST	1500 UNION	314-361-7878	Tue, 1-2:00 PM	Any zip code; bring photo ID; proof of residence

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63115	ALL SAINTS EPISCOPAL	5010 TERRY	314-367-2314	Sat, 9-11:00 AM	63115, 63113, 63112, 63120, 63108; must have voucher from social service agency; bring photo ID
	KOSSUTH FOOD SERVICE	3801 CLARENCE	314-652-4163	Thu, 10:30 AM-noon	Any zip code; bring photo ID
	MEMORIAL BLVD CHRISTIAN CHURCH	3000 N. KINGSHIGHWAY	314-367-6817	Tue & Thu, 2-4:00 PM	Any zip code; referral required
	MT CHAPEL MISSIONARY BAPTIST CHURCH	2929 LAMBDIN	314-531-7994	By appointment only	63115; bring photo ID
	MT NEBO PANTRY	4981 THEODORE	314-389-2269	Wed, 9 AM-12 PM except 5th Wed of the month	63113, 63120, 63121, 63112, 63115, 63147; bring photo ID; proof of residence
	NEW HIGH POWER STEPPING STONE	4030 N. KINGSHIGHWAY	314-537-0000	Thu, 10:00 AM-noon	Any zip code; bring photo ID; proof of residence
	ST. ELIZABETH (ENGELBER)*	4746 CARTER	314-381-1900	Tue & Thu, 9-10:45 AM	63115; bring ID and SSN; clothing closet
	ST LOUIS DREAM CENTER	4324 MARGARETTA	314-381-0700 x8043	Mon-Fri (except Thu) 10-11:30 AM & 1-3:00 PM; Sat 11 AM-1 PM; Sun 10:30-11 AM & 12:30-1 PM	Any zip code; bring photo ID
	ST. PETER AME CHURCH	4730 MARGARETTA	314-381-3345	Tue, 9 AM-1 PM	Any zip code; bring proof of income and one monthly bill for identification
	WESLEY HOUSE	4507 LEE	314-385-1000	3rd Thu, 1-3:00 PM	63104, 63106, 63107, 63112, 63113, 63115, 63120, 63147
63120	ST MATTHEWS PANTRY	5402 WREN	314-261-7765	Wed, 9 AM-noon	63120; bring ID showing zip code
63147	CHURCH OF GOD AT BADEN	8375 N. BROADWAY	314-261-1376	2nd & 4th Sat, 9:00-10:00 AM	Any zip code
	CIRCLE OF LIGHT FOOD PANTRY	8759 ANNETTA	314-625-5476	2nd & 4th Sat, 10:00 AM-1:00 PM	
	LIFE CENTER INTERNATIONAL	8500 HALLS FERRY	314-452-6899	Tue, 5:30-7:00 PM	Bring ID
	OUR LADY OF THE HOLY CROSS CATHOLIC CHURCH*	8115 CHURCH	314-381-0323	Tue, 7-8:00 PM, closed first Tue	63147, 63136, 63120

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