## Food Pantry Resources – St. Louis City
(community resources for low income and uninsured)

### South St. Louis

<table>
<thead>
<tr>
<th>ZIP CODE</th>
<th>NAME</th>
<th>ADDRESS</th>
<th>PHONE NUMBER</th>
<th>TIME &amp; DATE</th>
<th>ZIP CODES SERVED; ADDITIONAL COMMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>63104</td>
<td>EMMANUEL ADVENTIST</td>
<td>1401 LASALLE</td>
<td>314-482-2594</td>
<td>Every other Mon 10 AM - 12:00 PM (63103, 63104) Every other Thu 9-11:00 AM (all zip codes)</td>
<td>63103 &amp; 63104: bringing proof of income, residence &amp; social security for everyone in the house</td>
</tr>
<tr>
<td>63104</td>
<td>FOCUS NORTH AMERICA - ST. LOUIS CENTER</td>
<td>1901 ANN</td>
<td>314-776-4205</td>
<td>2nd and 4th Wed 9-11:30 AM</td>
<td>63104, 63118</td>
</tr>
<tr>
<td>63104</td>
<td>ISAIAH 58 MINISTRIES</td>
<td>2149 S. GRAND</td>
<td>314-776-1410</td>
<td>Tue, Wed, Thu 9:00AM-1:00PM</td>
<td>63104, 63110, 63116, 63118</td>
</tr>
<tr>
<td>63104</td>
<td>KINGDOM HOUSE</td>
<td>1321 S. 11TH</td>
<td>314-421-0400</td>
<td>Mon-Fri 9:00AM-5:00PM</td>
<td>63104, 63111, 63118; emergency assistance</td>
</tr>
<tr>
<td>63104</td>
<td>TRINITY LUTHERAN CHURCH</td>
<td>812 SOULARD</td>
<td>314-231-4092</td>
<td>Groceries: Fri, 9-10:30 AM Soup Alley: Mon-Fri, 9-10:30 AM &amp; Sat 10-11:30 AM</td>
<td>63104: bringing proof of income, residence, &amp; ID. Fill out application at soup kitchen.</td>
</tr>
<tr>
<td>63104</td>
<td>ST. VINCENT'S CHURCH*</td>
<td>1408 S. 10TH</td>
<td>314-231-9328</td>
<td>Tue &amp; Thu, 9 AM-2:00 PM 3rd Sat, 9:30 AM-12:00 noon (need appointment)</td>
<td>63104 &amp; 63118: must make an appointment by calling St. Vincent’s 314-231-9328</td>
</tr>
<tr>
<td>63109</td>
<td>FAMILY FOOD PANTRY</td>
<td>4228 S. KINGSHIGHWAY</td>
<td>314-583-3307</td>
<td>Sat, 9:30-11:30 AM</td>
<td>63109, 63111, 63116, 63139</td>
</tr>
<tr>
<td>63109</td>
<td>TRINITY ASSEMBLY OF GOD</td>
<td>4720 JAMIESON</td>
<td>314-752-1015</td>
<td>1st and last Thu, 12:30-1:30 PM</td>
<td>Any zip code</td>
</tr>
<tr>
<td>63110</td>
<td>ST. CRONAN CATHOLIC CHURCH*</td>
<td>1202 S. BOYLE</td>
<td>314-533-0651</td>
<td>2nd, 4th &amp; 5th Sat, 9-11:00 AM</td>
<td>63110: bringing photo ID, proof of residence, SSN; emergency assistance</td>
</tr>
<tr>
<td>63111</td>
<td>CARONDELET COMMUNITY BETTERMENT FEDERATION</td>
<td>6408 MICHIGAN</td>
<td>314-752-6339</td>
<td>Mon, Wed 8:15 AM-11:45 AM</td>
<td>City Residents; bringing photo ID and proof of residence</td>
</tr>
<tr>
<td>63111</td>
<td>GRACE HILL PATCH NEIGHBORHOOD CENTER</td>
<td>7925 MINNESOTA</td>
<td>314-584-6961</td>
<td>by appointment only</td>
<td>63111, Lemay-MS R, Hwy H-Alabama; Head Start location</td>
</tr>
<tr>
<td>63111</td>
<td>NEW JOURNEY BAPTIST CHURCH</td>
<td>4555 VIRGINIA</td>
<td>314-832-2142</td>
<td>Wed, 2:00 PM - 3:00 PM</td>
<td>Any zip code</td>
</tr>
<tr>
<td>63111</td>
<td>ST. TRINITY LUTHERAN CHURCH</td>
<td>517 W. KOELN</td>
<td>314-353-3276</td>
<td>Mon, Wed, Sat, 9-10:30 AM</td>
<td>63111, 63116: bringing photo ID, SSN for household members, proof of income and residence</td>
</tr>
<tr>
<td>63116</td>
<td>BEVO AREA COMMUNITY IMPROVEMENT CORPORATION</td>
<td>4705 RIDGEWOOD</td>
<td>314-402-5745</td>
<td>Mon-Friday appointment only</td>
<td>St. John the Baptist Catholic Church Boundaries; call to make an appointment. Leave all information on voicemail.</td>
</tr>
</tbody>
</table>
### Food Pantry Resources – St Louis City

6/13/2018

**United Way Information & Referral:** Dial 2-1-1 or visit [www.211helps.org](http://www.211helps.org) to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.

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<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>63118</td>
<td>CHAPEL FOR THE EXCEPTIONAL</td>
<td>3436 WINNEBAGO</td>
<td>314-776-7172</td>
<td>Thurs, 12 noon -1 PM</td>
<td>63118; bring state ID: Soup Kitchen Mon-Fri 12:12:30PM</td>
</tr>
<tr>
<td></td>
<td>GUARDIAN ANGEL/SETTLEMENT ASSOCIATION</td>
<td>2700 CHEROKEE ST</td>
<td>314-773-9027</td>
<td>Mon- Fri, 9AM-12noon, 1pm -3pm (need appointment)</td>
<td>63104, 63118; appointments required; photo ID, SS card, proof of residence and income</td>
</tr>
<tr>
<td></td>
<td>INSTITUTE FOR CHRIST THE KING (ST. FRANCES DE SALES)*</td>
<td>2836 IOWA</td>
<td>314-289-6101 ext.1147</td>
<td>Food delivery ONLY</td>
<td>63104, 63118; NO walk ins</td>
</tr>
<tr>
<td></td>
<td>LOVE AND CARE CHURCH</td>
<td>3137 S. JEFFERSON</td>
<td>314-776-1655</td>
<td>Fri, 12:30-2:00 PM</td>
<td>Any zip code: Leave number, will call back</td>
</tr>
<tr>
<td></td>
<td>METRO CHRISTIAN WORSHIP CENTER</td>
<td>3452 POTOMAC</td>
<td>314-772-8444 ext.135</td>
<td>Wed, Thurs 11:00 AM-4:00 PM, 3rd Sat 10:30 am (pantry not open on Wed or Thurs of 3rd week)</td>
<td>Any zip code: bring photo ID, proof of residence, and SSN; must fill out an application</td>
</tr>
<tr>
<td>63118</td>
<td>SALVATION ARMY TEMPLE CORPS</td>
<td>2740 ARSENAL</td>
<td>314-771-3460</td>
<td>1st, 3rd, 4th Thu, 3-5 PM 2nd Thurs Mobile Mart 3-5 PM (any zip code)</td>
<td>63101, 63102, 63103, 63104, 63109, 63110, 63118, 63139; state ID and SSN for entire family; walk-in emergency food may be available</td>
</tr>
<tr>
<td></td>
<td>ST. AGATHA FOOD PANTRY</td>
<td>930 WITHNELL</td>
<td>314-772-4491</td>
<td>Mon, Tue, Thu, 1 - 2:30 PM (need appointment)</td>
<td>63118 within parish boundaries; emergency assistance for gas/electric</td>
</tr>
<tr>
<td></td>
<td>ST. ANTHONY OF PADUA CHURCH*</td>
<td>3140 MERAMEC</td>
<td>314-352-1460</td>
<td>Mon, Thu 10:00 AM-noon Wed, 4-6:00 PM</td>
<td>63111, 63116, 63118</td>
</tr>
<tr>
<td></td>
<td>ST. PIUS V CHURCH</td>
<td>3310 S. GRAND</td>
<td>314-772-1525</td>
<td>Tue, Fri, 2-3:30 PM</td>
<td>parish boundaries bring photo ID and proof of residence; emergency assistance</td>
</tr>
<tr>
<td></td>
<td>ST. WENCESLAUS CATHOLIC CHURCH</td>
<td>3014 OREGON</td>
<td>314-865-1020</td>
<td>3rd Mon, 9:30-11:30 AM</td>
<td>63118; parish boundaries; bring photo ID, proof of residence, SSN</td>
</tr>
<tr>
<td>63139</td>
<td>HI POINTE CENTER</td>
<td>6020 SOUTHWEST</td>
<td>314-781-1617</td>
<td>Mon-Wed, 9:00 AM-3:00 PM one time emergency assistance (need appointment)</td>
<td>63139; boundaries: City Limits-W. Kingshighway-E, Oakland-N, Chippewa-S</td>
</tr>
</tbody>
</table>

* indicates Society of St. Vincent de Paul Parish; to find nearest location visit [http://svdpslouis.org](http://svdpslouis.org) or call 211.
## North St. Louis

<table>
<thead>
<tr>
<th>ZIP CODE</th>
<th>NAME</th>
<th>ADDRESS</th>
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</tr>
</thead>
<tbody>
<tr>
<td>63101</td>
<td>ST. NICHOLAS CHURCH</td>
<td>701 N. 18TH</td>
<td>314-231-2860</td>
<td>Mon, 12:30-2:00 PM</td>
<td>63101; once a month; bring proof of residence</td>
</tr>
<tr>
<td>63103</td>
<td>CENTRAL BAPTIST CHURCH</td>
<td>2800 WASHINGTON</td>
<td>314-533-0747</td>
<td>2nd and 4th Tue (closed August) 12:45-1:45 PM</td>
<td>Any zip code; bring photo ID; proof of family size and residence</td>
</tr>
<tr>
<td></td>
<td>ST. VINCENT de PAUL</td>
<td>1310 Papin St.</td>
<td>314-881-6000</td>
<td>By appointment only</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>THIRD BAPTIST CHURCH</td>
<td>620 N. GRAND</td>
<td>314-533-7340</td>
<td>3rd Sat, 8-10:30 AM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td>63106</td>
<td>STS. TERESA AND BRIDGET CATHOLIC CHURCH*</td>
<td>2401 N. GRAND</td>
<td>314-531-1190</td>
<td>Thu, 9 AM - noon</td>
<td>Any zip code; bring names and SSN for all household members; emergency assistance</td>
</tr>
<tr>
<td></td>
<td>SUNSHINE MINISTRIES, INC.</td>
<td>1520 N. 13TH</td>
<td>314-231-8209</td>
<td>Call to enroll</td>
<td>Must enroll in &amp; attend M meeting; assigned day &amp; time</td>
</tr>
<tr>
<td></td>
<td>ZION LUTHERAN CHURCH</td>
<td>2500 N 21ST</td>
<td>314-231-0382</td>
<td>Mon, 9:00 AM - 1:00 PM</td>
<td>63106, 63107; bring proof of income or social security and residence; resale store</td>
</tr>
<tr>
<td>63107</td>
<td>INNER CITY CHRISTIAN CHURCH</td>
<td>1956 E. WARNE</td>
<td>314-385-9375</td>
<td>By appointment only</td>
<td>Any zip code; bring photo ID; proof of income</td>
</tr>
<tr>
<td></td>
<td>KEY LIFE ENRICHMENT CENTER</td>
<td>2917 NATURAL BRIDGE</td>
<td>314-704-5783</td>
<td>3rd Sat, 10 AM-2 PM &amp; Wed night if extra food</td>
<td>63107</td>
</tr>
<tr>
<td></td>
<td>OUR LADY OF PERPETUAL HELP FOOD PANTRY</td>
<td>4335 WARNE</td>
<td>314-535-9794</td>
<td>Tue, Thu, Sat 9 AM-noon</td>
<td>63107; bring photo ID; proof of residence; SSN</td>
</tr>
<tr>
<td></td>
<td>ST. JOHN UCC</td>
<td>2240 ST. LOUIS</td>
<td>314-533-8668</td>
<td>Mon &amp; Fri, 8:30-10:30 AM</td>
<td>63106, 63107; bring photo ID; proof of family size; proof of residence</td>
</tr>
<tr>
<td></td>
<td>STAR BETHEL FULL GOSPEL</td>
<td>3529 N. JEFFERSON</td>
<td>314-531-3554</td>
<td>Every other SAT 9 AM-noon</td>
<td></td>
</tr>
<tr>
<td></td>
<td>COMMUNITY WOMEN AGAINST HARDSHIP</td>
<td>3963 W. BELLE</td>
<td>314-289-7523</td>
<td>By appointment only</td>
<td>Clients Only; bring photo ID; referral required</td>
</tr>
<tr>
<td></td>
<td>LANE TABERNACLE CME CHURCH</td>
<td>910 N. NEWSTEAD</td>
<td>314-533-0534</td>
<td>Every other Thu, 10 AM-noon</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>PEOPLE’S COMMUNITY ACTION CORPORATION</td>
<td>4236 LINDELL</td>
<td>314-862-0270</td>
<td>By appointment only</td>
<td>Emergency Assistance</td>
</tr>
<tr>
<td>63108</td>
<td>PILGRIM CONGREGATIONAL UCC FOOD PANTRY</td>
<td>826 UNION</td>
<td>314-367-8173</td>
<td>1st &amp; 3rd Wed of the month 10-11:30 AM</td>
<td>Any Zip Code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>SECOND PRESBYTERIAN CHURCH</td>
<td>4501 WESTMINSTER</td>
<td>314-367-0366</td>
<td>Sat, 10-10:30 AM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>TRINITY EPISCOPAL</td>
<td>600 N. EUCLID</td>
<td>314-361-4655</td>
<td>Tue &amp; Wed, 1-3:00 PM</td>
<td>Any zip code; What to bring: Head of household: SSN &amp; photo ID Household members: SSN</td>
</tr>
</tbody>
</table>

www.mercy.net/mnm
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<tbody>
<tr>
<td>63112</td>
<td>A NEW CORNERSTONE</td>
<td>5436 BARTMER</td>
<td>314-467-6617</td>
<td>Fri, Sat 10 AM-noon; Tues 9 AM-3 PM</td>
<td>63112, 63115</td>
</tr>
<tr>
<td></td>
<td>GRACE AND PEACE FELLOWSHIP</td>
<td>5574 DELMAR</td>
<td>314-367-8959</td>
<td>1st &amp; 3rd Wed, 1:30-2:30 PM</td>
<td>Any zip code; bring photo ID</td>
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<tr>
<td></td>
<td>GRACE U.M. FOOD PANTRY</td>
<td>6199 WATERMAN</td>
<td>314-863-1992</td>
<td>Tue, 9:45-11:45 AM</td>
<td>63105, 63018, 63110, 63112, 63113, 63115, 63120, 63121, 63130, 63133; bring ID or SSN for each household member; referral preferred; clothing closet</td>
</tr>
<tr>
<td></td>
<td>NEIGHBORHOOD OUTREACH CENTER</td>
<td>5325 DR. MARTIN LUTHER KING DR</td>
<td>314-361-7878</td>
<td>Mon, Tue, Wed 10:00 AM-12:00 PM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>SOLOMON’S TEMPLE CHURCH</td>
<td>5569 PAGE</td>
<td>314-361-4460</td>
<td>4th Sat 11:00 AM-1:00 PM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>ST. AUGUSTINE’S CATHOLIC CHURCH*</td>
<td>1371 HAMILTON</td>
<td>314-385-1934</td>
<td>Mon &amp; Wed 9:30-11 AM</td>
<td>63105, 63108, 63112, 63113, 63120, 63121, 63133; bring photo ID and proof of address</td>
</tr>
<tr>
<td></td>
<td>ST. PAUL AME CHURCH</td>
<td>1260 HAMILTON</td>
<td>314-385-8900</td>
<td>2nd &amp; 4th Tue, 9:30-11:30 AM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td>63113</td>
<td>CHRIST PILGRIMS REST</td>
<td>1341 N. KINGSHIGHWAY</td>
<td>314-367-2974</td>
<td>Tue, 8-10:00 AM</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>CITY OF PEACE PANTRY</td>
<td>5140 GARFIELD</td>
<td>314-521-1122</td>
<td>Tue, 11 AM-12:30 PM</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>ELMWOOD EMERGENCY FOOD PANTRY</td>
<td>5048 DR. MARTIN LUTHER KING</td>
<td>314-361-2129</td>
<td>3rd Sat, 10 AM-1:00 PM</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>ESTELL MINISTRIES FOOD PANTRY</td>
<td>3803 PAGE</td>
<td>314-602-8107</td>
<td>Thu, 10:30 AM-12:30 PM</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>GREAT THINGS INC</td>
<td>4675 PAGE</td>
<td>314-363-8679</td>
<td>Last two weeks of the month Tue, Wed, Thu 11 AM-1:00 PM</td>
<td>Any zip code; bring photo ID; referral letter required</td>
</tr>
<tr>
<td></td>
<td>NEWSSTEAD AVE MISSIONARY BAPTIST CHURCH</td>
<td>4370 N. MARKET</td>
<td>314-371-4436</td>
<td>4th Sat, 10:30-11:30 AM</td>
<td>63113; bring photo ID; referral required</td>
</tr>
<tr>
<td></td>
<td>PLEASANT GREEN BAPTIST CHURCH (RUTH FAULKNER FOOD PANTRY)</td>
<td>1220 REV G.H. PRUITT</td>
<td>314-535-7548</td>
<td>2nd &amp; 4th Wed, 11 AM-1:00 PM</td>
<td>Any zip code; bring photo ID; referral required; emergency assistance; clothing closet</td>
</tr>
<tr>
<td></td>
<td>SALVATION ARMY - EUCLID</td>
<td>2618 N. EUCLID</td>
<td>314-531-5621</td>
<td>By appointment only</td>
<td>Any zip code</td>
</tr>
<tr>
<td></td>
<td>ST LUKE MEMORIAL BAPTIST</td>
<td>3623 FINNEY</td>
<td>314-531-1978</td>
<td>4th Sat, 9 AM-noon</td>
<td>63113; bring photo ID; referral required and picture ID; emergency assistance</td>
</tr>
<tr>
<td></td>
<td>WESTSIDE MISSIONARY BAPTIST CHURCH</td>
<td>4675 PAGE</td>
<td>314-535-9002</td>
<td>last two weeks on Tue, Wed, Thu 11 AM-1:00 PM</td>
<td>Any zip code; referral required and picture ID; emergency assistance</td>
</tr>
<tr>
<td></td>
<td>WILLIAM’S TEMPLE CHURCH OF GOD IN CHRIST</td>
<td>1500 UNION</td>
<td>314-361-7878</td>
<td>Tue, 1-2:00 PM</td>
<td>Any zip code; bring photo ID; proof of residence</td>
</tr>
</tbody>
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<tbody>
<tr>
<td>63115</td>
<td>ALL SAINTS EPISCOPAL</td>
<td>5010 TERRY</td>
<td>314-367-2314</td>
<td>Sat, 9-11:00 AM</td>
<td>63115, 63113, 63112, 63120, 63108; must have voucher from social service agency; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>KOSSUTH FOOD SERVICE</td>
<td>3801 CLARENCE</td>
<td>314-652-4163</td>
<td>Thu, 10:30 AM-noon</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td>63120</td>
<td>MEMORIAL BLVD CHRISTIAN CHURCH</td>
<td>3000 N. KINGSHIGHWAY</td>
<td>314-367-6817</td>
<td>Tue &amp; Thu, 2-4:00 PM</td>
<td>Any zip code; referral required</td>
</tr>
<tr>
<td></td>
<td>MT CHAPEL MISSIONARY BAPTIST CHURCH</td>
<td>2929 LAMBDIN</td>
<td>314-531-7994</td>
<td>By appointment only</td>
<td>63115; bring photo ID</td>
</tr>
<tr>
<td>63120</td>
<td>MT NEBO PANTRY</td>
<td>4981 THEODORE</td>
<td>314-389-2269</td>
<td>Wed, 9 AM-12 PM except 5th Wed of the month</td>
<td>63113, 63120, 63121, 63112, 63115, 63147; bring photo ID; proof of residence</td>
</tr>
<tr>
<td>63120</td>
<td>NEW HIGH POWER STEPPING STONE</td>
<td>4030 N. KINGSHIGHWAY</td>
<td>314-537-0000</td>
<td>Thu, 10:00 AM-noon</td>
<td>Any zip code; bring photo ID; proof of residence</td>
</tr>
<tr>
<td></td>
<td>ST. ELIZABETH (ENGELBER)*</td>
<td>4746 CARTER</td>
<td>314-381-1900</td>
<td>Tue &amp; Thu, 9-10:45 AM</td>
<td>63115; bring ID and SSN; clothing closet</td>
</tr>
<tr>
<td>63147</td>
<td>ST LOUIS DREAM CENTER</td>
<td>4324 MARGARETTA</td>
<td>314-381-0700 x8043</td>
<td>Mon-Fri (except Thu) 10-11:30 AM &amp; 1-3:00 PM; Sat 11 AM-1 PM; Sun 10:30-11 AM &amp; 12:30-1 PM</td>
<td>Any zip code; bring photo ID</td>
</tr>
<tr>
<td></td>
<td>ST. PETER AME CHURCH</td>
<td>4730 MARGARETTA</td>
<td>314-381-3345</td>
<td>Tue, 9 AM-1 PM</td>
<td>Any zip code; bring proof of income and one monthly bill for identification</td>
</tr>
<tr>
<td></td>
<td>WESLEY HOUSE</td>
<td>4507 LEE</td>
<td>314-385-1000</td>
<td>3rd Thu, 1-3:00 PM</td>
<td>63104, 63106, 63107, 63112, 63113, 63115, 63120, 63147</td>
</tr>
<tr>
<td>63120</td>
<td>ST MATTHEWS PANTRY</td>
<td>5402 WREN</td>
<td>314-261-7765</td>
<td>Wed, 9 AM-noon</td>
<td>63120; bring ID showing zip code</td>
</tr>
<tr>
<td></td>
<td>CHURCH OF GOD AT BADEN</td>
<td>8375 N. BROADWAY</td>
<td>314-261-1376</td>
<td>2nd &amp; 4th Sat, 9:00-10:00 AM</td>
<td>Any zip code</td>
</tr>
<tr>
<td>63147</td>
<td>CIRCLE OF LIGHT FOOD PANTRY</td>
<td>8759 ANNETTA</td>
<td>314-625-5476</td>
<td>2nd &amp; 4th Sat, 10:00 AM-1:00 PM</td>
<td></td>
</tr>
<tr>
<td></td>
<td>LIFE CENTER INTERNATIONAL</td>
<td>8500 HALLS FERRY</td>
<td>314-452-6899</td>
<td>Tue, 5:30-7:00 PM</td>
<td>Bring ID</td>
</tr>
<tr>
<td></td>
<td>OUR LADY OF THE HOLY CROSS CATHOLIC CHURCH*</td>
<td>8115 CHURCH</td>
<td>314-381-0323</td>
<td>Tue, 7-8:00 PM, closed first Tue</td>
<td>63147, 63136, 63120</td>
</tr>
</tbody>
</table>

* indicates Society of St. Vincent de Paul Parish; to find nearest location visit [http://svdpstlouis.org](http://svdpstlouis.org) or call 211.

**United Way Information & Referral**: Dial 2-1-1 or visit [www.211helps.org](http://www.211helps.org) to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.