

Senior Citizen Resources

Note: We will limit senior resources to those listed below.

Transportation and Medical Equipment Resources are available within the respective Resource Lists available at mercy.net/mnm.

Resource and Referral

AARP Foundation Senior Services

3470 Hampton Ave
St. Louis, MO 63139
314-367-6777

<http://local.aarp.org/saint-louis-mo/>

AARP is a nonprofit, nonpartisan organization that helps people 50 and older improve the quality of their lives such as health care, employment and income security, and protection from financial abuse.

Aging Ahead

14535 Manchester Rd
Manchester, MO 63011
636-207-0847

<https://www.agingmissouri.org/>

This website has the contact information for local senior centers as well as resources for area services for seniors.

Seniors' Resource Guide

P.O. Box 456
St. Louis, MO 63088
636-225-2442
Fax 636-225-2662

<https://www.stlouistimes.com/SeniorsResourceGuide/SRG-HowtoGetaCopy.aspx>

Published by the St. Louis Times, this resource book is specifically for senior services in St. Louis City and the counties of St. Louis, Franklin, Jefferson and St. Charles.

St. Louis Area Agency on Aging

1520 Market St, Suite 4086
St. Louis, MO 63103
314-612-5918
Fax: 314-612-5915
<http://www.slaaa.org>

SLAAA provides a comprehensive and coordinated system of community based services for older adults who reside within the boundaries of the city of St. Louis.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.