

Utility and Rent Assistance- Jefferson County

(community resources for low income and uninsured)

Agency/ Site Name	Assistance Provided				Address/Telephone	Funding Eligible for Residents of:
	Utility	Rent	Mortgage	Weather- ization		
Good Shepherd Catholic Church*	X	X			703 Third Street Hillsboro, MO 63050 1-877-238-3228 ext 3330	Parish Boundaries
Immaculate Conception Catholic Church*	X				2300 Church Road Arnold, MO 63010 636-321-0002 opt 6	Parish Boundaries
Jefferson Franklin Community Action Corporation	X			X	2 Merchant Drive Hillsboro, MO 63050 636-789-2686	Jefferson and Franklin Counties
Our Lady Queen of Peace Catholic Church*	X				4696 Notre Dame Lane House Springs, MO 63051 636-671-3062	Parish Boundaries
Sacred Heart Catholic Church*	X				555 Bailey Road Crystal City, MO 63019 877-238-3228 ext 3324	Parish Boundaries
Salvation Army Church	X	X	X		3740 Telegraph Road Arnold, MO 63010 636-464-0787	Jefferson County
St. Anthony Catholic Church*	X				3009 High Ridge Blvd High Ridge, MO 63049 636-677-4868	Parish Boundaries
St. David Catholic Church*	X				2334 Tenbrook Road Arnold, MO 63010 636-296-5485	Parish Boundaries
St. John Catholic Church*	X				4614 Blue Springs Road Imperial, MO 63052 314-289-6101 ext 3332	Parish Boundaries
St. Joseph Catholic Church*	X	X			6020 Old Antonia Road Imperial, MO 63052 636-464-1013	Parish Boundaries
St. Paul Catholic Church*	X				15 Forest Knoll Drive Fenton, MO 63026 636-326-2530	Parish Boundaries
St. Rose of Lima Catholic Church*	X				504 S. Third Street DeSoto, MO 63020 636-586-2047	Parish Boundaries

* indicates Society of St. Vincent de Paul Parish; to find nearest location visit <http://svdpstlouis.org> or call 211.

DO NOT LET UNPAID BILLS ACCUMULATE. SEEK HELP EARLY!

- Call a social service agency in your area to see if they have an assistance program, such as your church, the Catholic Church, Salvation Army or United Way. Call them weekly or as suggested.
- Understand how and why you were short this month.
- See if you qualify for additional services, such as area Food Pantries. This may free up money for rent and utilities.

When you require assistance, most agencies will need:

- Proof of income and monthly expenses
- Proof of address, such as Photo ID and copy of current bill.

TIPS:

- **PLAN AHEAD.** Consider budget billing and ask utility companies if you qualify for any low-income or special programs.
- Pay your bills on time to avoid late fees.
- In the summer, set your thermostat as high as comfortably possible. The less difference between the indoor and outdoor temperatures, the lower your overall cooling bill will be. Try setting it at 78°.
- Using fans can help create an air flow that will make your home more comfortable. If you use an air conditioner, a ceiling fan will allow you to raise the thermostat setting about 4° with no reduction in your comfort.
- If your air conditioner is old, consider purchasing a new, energy-efficient model. You could save up to 50% on your utility bill for cooling. Look for the ENERGY STAR® and EnergyGuide labels.
- Limit the use of your oven in the summer months. Use lids when cooking.
- Don't place lamps or TV sets near your air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
- While running the air conditioner, keep the window coverings closed during the day to keep out direct sunlight.
- In the winter, keep the draperies and shades on your south facing windows open during the day to allow the sunlight to enter your home and closed at night to reduce the chill you may feel from cold windows.
- In the winter, set your thermostat as low as is comfortable when home. By resetting your programmable thermostat from 72 degrees to 65 degrees for eight hours a day (for instance, while no one is home or while everyone is tucked in bed) you can cut your heating bill by up to 10 percent.
- Weatherize your home — caulk and weatherstrip any doors and windows that leak air. In the winter, use heavy plastic on windows to keep out drafts.
- Replace furnace filters regularly. Keep equipment clean.
- Turn off your computer and monitor when not in use.
- Consider air-drying clothes on clothes lines or drying racks.
- Lower your water heater's thermostat to WARM/LOW or set at 120°. Your water heater accounts for 14% of your utility bill.
- Clean the lint filter in the dryer after every load. Periodically inspect your dryer vent to ensure it is not blocked.
- Consider a simple budget for your household. Evaluate expenses and set priorities. (Examples: Free TV vs. Cable or Satellite; one telephone line vs. land-line AND cell phone)

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.