

WIC Resources – Franklin County, Jefferson County and Washington County

(community resources for low income and uninsured)

How do I get on WIC (Women, Infants and Children)?

To apply for WIC benefits, you must contact a WIC local agency near you and schedule an appointment. For additional assistance finding a WIC agency, please contact TEL-LINK at 1-800-TEL-LINK or 1-800-835-5465.

What benefits does WIC offer?

The Missouri WIC program provides supplemental food, health care referrals, nutrition education, and breastfeeding promotion and support to eligible pregnant women, new mothers, breastfeeding and postpartum women, infants, and children up to age five (5). Fathers, grandparents, guardians, and foster parents may also apply for benefits for the children living in their household.

Who is eligible to receive WIC benefits?

WIC serves pregnant women, non-breastfeeding postpartum women (up to 6 months after delivery or termination of the pregnancy), breastfeeding women (up to 1 year after delivery as long as they are breastfeeding the baby), and infants from birth up to 1 year of age, and children up to their 5th birthday.

All applicants must meet income guidelines.

Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF) participants and MO HealthNet participants of income-qualifying MO HealthNet programs are automatically eligible for WIC benefits.

Individuals who meet income and category guidelines will have a nutrition and health assessment during the certification process.

Website: health.mo.gov/living/families/wic/index.php

Franklin, Jefferson, and Washington County WIC Locations

Franklin County Department of Health

414 E Main St
Union, MO 63084

Hours: Monday – Friday: 8:00 am – 4:30 pm

Main line: 636-583-7307

Call for an appointment

Jefferson County Health Dept

1818 Lonedell Rd.
Arnold, MO 63010

Hours: Tuesday and Wednesday: 8:30 am – 5:30 pm

636-789-2686 ext 5

Evening hours are by appointment only

Call for appointment

Washington County Health Department

520 Purcell Drive
Potosi, MO 63664

Hours: Monday – Friday: 8:00 am – 5:00 pm

573-436-9403

Missouri WIC Income Guidelines - April 1, 2023
Guidelines reflect gross (pre-tax) income

Family Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$26,973	\$2,248	\$1,124	\$1,038	\$519
2	\$36,482	\$3,041	\$1,521	\$1,404	\$702
3	\$45,991	\$3,833	\$1,917	\$1,769	\$885
4	\$55,500	\$4,625	\$2,313	\$ 2,135	\$1,068
5	\$65,009	\$5,418	\$2,501	\$ 2,501	\$1,251
6	\$74,518	\$6,210	\$2,867	\$ 2,867	\$1,434
7	\$84,027	\$7,003	\$3,502	\$ 3,232	\$1,616
8	\$93,536	\$7,795	\$3,898	\$ 3,598	\$1,799
9	\$103,045	\$8,588	\$4,294	\$ 3,964	\$1,982
10	\$112,554	\$9,380	\$4,690	\$ 4,329	\$2,165
11	\$122,063	\$10,172	\$5,086	\$ 4,695	\$2,348
12	\$131,572	\$10,965	\$5,483	\$ 5,061	\$2,531
13	\$141,081	\$11,757	\$5,879	\$ 5,427	\$2,714
14	\$150,590	\$12,550	\$6,275	\$ 5,792	\$2,896
15	\$160,099	\$13,342	\$6,671	\$ 6,158	\$3,079
16	\$169,608	\$14,134	\$7,067	\$ 6,524	\$3,262
Each additional family member	Plus \$9,509	Plus \$793	Plus \$397	Plus \$366	Plus \$183

If a pregnant woman does not meet these guidelines, then family size may be increased by the number of fetuses in utero, if the mother permits. Income guidelines are based on 185% of poverty level.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.