**WIC Resources – Lincoln County, St. Charles County and Warren County**

(community resources for low income and uninsured)

**How do I get on WIC (Women, Infants and Children)?**
To apply for WIC benefits, you must visit a WIC agency near you.
For additional assistance finding a WIC agency, please contact TEL-LINK at 1-800-TEL-LINK or 1-800-835-5465.

**What benefits does WIC offer?**
The WIC program provides breastfeeding support, nutrition education, referrals to appropriate health agencies, and nutritious foods for eligible applicants.

**Who is eligible to receive WIC benefits?**
WIC serves pregnant women, non-breastfeeding postpartum women (up to 6 months after delivery or termination of the pregnancy), breastfeeding women (up to 1 year after delivery as long as they are breastfeeding the baby), infants from birth up to 1 year of age, and children up to their 5th birthday.

All applicants must meet income guidelines.

Individuals who meet income and category guidelines will be assessed for nutritional risk factors during the certification process.

Website: [health.mo.gov/living/families/wic/index.php](http://health.mo.gov/living/families/wic/index.php)

**Lincoln, St. Charles, and Warren County WIC Locations**

**Lincoln County Health Department**
#5 Health Department Lane
Troy, MO 63379
636-528-6117

*Hours: 8:00 am - 4:30 pm Mon-Fri
Call for appointment*

**St. Charles Health Department**
1650 Boone Slick Road
St. Charles, MO 63301
636-949-7402

*Hours: 8:00 am - 5:00 pm Mon, Wed, Thur, Fri
8:00 am - 6:30 pm 2nd & 4th Tues
Call for appointment*

**NECAC – O’Fallon**
3400 Meadow Pointe Drive
O’Fallon, MO 63366
636-240-7350

*Hours: 8:00 am - 5:00 pm Tues – Fri (closed from 12 – 1)
Call for appointment*

**NECAC – Warrenton**
120 E. Main Street
Warrenton, MO 63383
636-456-2933

*Hours: 8:00 am - 5:00 pm Wed-Fri (closed 12-1)
Call for appointment*
## Missouri WIC Income Guidelines - May 1, 2018

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Annual</th>
<th>Monthly</th>
<th>Weekly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$22,459</td>
<td>$1,872</td>
<td>$432</td>
</tr>
<tr>
<td>2</td>
<td>$30,451</td>
<td>$2,538</td>
<td>$586</td>
</tr>
<tr>
<td>3</td>
<td>$38,443</td>
<td>$3,204</td>
<td>$740</td>
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<tr>
<td>4</td>
<td>$46,435</td>
<td>$3,870</td>
<td>$893</td>
</tr>
<tr>
<td>5</td>
<td>$54,427</td>
<td>$4,536</td>
<td>$1,047</td>
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<tr>
<td>6</td>
<td>$62,419</td>
<td>$5,202</td>
<td>$1,201</td>
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<tr>
<td>7</td>
<td>$70,411</td>
<td>$5,868</td>
<td>$1,355</td>
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<tr>
<td>8</td>
<td>$78,403</td>
<td>$6,534</td>
<td>$1,508</td>
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<tr>
<td>9</td>
<td>$86,395</td>
<td>$7,200</td>
<td>$1,662</td>
</tr>
<tr>
<td>10</td>
<td>$94,387</td>
<td>$7,866</td>
<td>$1,816</td>
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<tr>
<td>11</td>
<td>$102,379</td>
<td>$8,532</td>
<td>$1,969</td>
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<tr>
<td>12</td>
<td>$110,371</td>
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<tr>
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<td>$118,363</td>
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<td>14</td>
<td>$126,355</td>
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<tr>
<td>15</td>
<td>$134,347</td>
<td>$11,196</td>
<td>$2,584</td>
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<tr>
<td>16</td>
<td>$142,339</td>
<td>$11,862</td>
<td>$2,738</td>
</tr>
<tr>
<td>Each Additional Family Member</td>
<td>Plus $7,992</td>
<td>Plus $666</td>
<td>Plus $154</td>
</tr>
</tbody>
</table>

Please note: Pregnant women are counted as **two** family members. Income guidelines are based on 185% of poverty level.

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**United Way Information & Referral:** Dial 2-1-1 or visit [www.211helps.org](http://www.211helps.org) to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.