

WIC Resources – Lincoln County, St. Charles County and Warren County

(community resources for low income and uninsured)

How do I get on WIC (Women, Infants and Children)?

To apply for WIC benefits, you must visit a WIC agency near you.

For additional assistance finding a WIC agency, please contact TEL-LINK at 1-800-TEL-LINK or 1-800-835-5465.

What benefits does WIC offer?

The WIC program provides breastfeeding support, nutrition education, referrals to appropriate health agencies, and nutritious foods for eligible applicants.

Who is eligible to receive WIC benefits?

WIC serves pregnant women, non-breastfeeding postpartum women (up to 6 months after delivery or termination of the pregnancy), breastfeeding women (up to 1 year after delivery as long as they are breastfeeding the baby), infants from birth up to 1 year of age, and children up to their 5th birthday.

All applicants must meet income guidelines.

Individuals who meet income and category guidelines will be assessed for nutritional risk factors during the certification process.

Website: health.mo.gov/living/families/wic/index.php

Lincoln, St. Charles, and Warren County WIC Locations

Lincoln County Health Department

#5 Health Department Lane
Troy, MO **63379**
636-528-6117

Hours: 8:00 am - 4:30 pm Mon-Fri
Call for appointment

St. Charles Health Department

1650 Boone Slick Road
St. Charles, MO **63301**
636-949-7402

Hours: 8:00 am - 5:00 pm Mon, Wed, Thur, Fri
8:00 am - 6:30 pm 2nd & 4th Tues
Call for appointment

NECAC – O’Fallon

3400 Meadow Pointe Drive
O’Fallon, MO **63366**
636-240-7350

Hours: 8:00 am - 5:00 pm Tues – Fri (closed from 12 – 1)
Call for appointment

NECAC – Warrenton

120 E. Main Street
Warrenton, MO **63383**
636-456-2933

Hours: 8:00 am - 5:00 pm Wed-Fri (closed 12-1)
Call for appointment

Missouri WIC Income Guidelines - May 1, 2019
Guidelines reflect gross (pre-tax) income

Family Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$23,107	\$1,926	\$963	\$889	\$445
2	\$31,284	\$2,607	\$1,304	\$1,204	\$602
3	\$39,461	\$3,289	\$1,645	\$1,518	\$759
4	\$47,638	\$3,970	\$1,985	\$1,833	\$917
5	\$55,815	\$4,652	\$2,326	\$2,147	\$1,074
6	\$63,992	\$5,333	\$2,667	\$2,462	\$1,231
7	\$72,169	\$6,015	\$3,008	\$2,776	\$1,388
8	\$80,346	\$6,696	\$3,348	\$3,091	\$1,546
9	\$88,523	\$7,377	\$3,689	\$3,405	\$1,703
10	\$96,700	\$8,059	\$4,030	\$3,720	\$1,860
11	\$104,877	\$8,740	\$4,370	\$4,034	\$2,017
12	\$113,054	\$9,422	\$4,711	\$4,349	\$2,175
13	\$121,231	\$10,103	\$5,052	\$4,663	\$2,332
14	\$129,408	\$10,784	\$5,392	\$4,978	\$2,489
15	\$137,585	\$11,466	\$5,733	\$5,292	\$2,646
16	\$145,762	\$12,147	\$6,074	\$5,607	\$2,804
Each additional family member	Plus \$8,177	Plus \$682	Plus \$341	Plus \$315	Plus \$158

If a pregnant woman does not meet these guidelines, then family size may be increased by the number of fetuses in utero, if the mother permits. Income guidelines are based on 185% of poverty level.

United Way Information & Referral: Dial 2-1-1 or visit www.211helps.org to quickly and easily find non-emergency services in your area, including basic needs, physical and mental health resources, job programs, support for seniors and more. Now accessible via phone, online chat, self-service web directly, and mobile app.