

Advancing Care Together



Mercy Health Foundation | April 2016

Coletta Building Set to Open this Summer



Opening in summer 2016, the comprehensive, state-of-the-art facility will include breast health and cancer care services, providing patients and their family members everything they need in one place. The building will also serve as an active research center, helping to pioneer innovations in early detection and beyond.

The Coletta Building is named in honor of Sister Mary Coletta Massoth, who led the opening of Mercy Hospital Oklahoma City 40 years ago. She was a champion for cancer patients and lost her own battle with the disease more than 30 years ago.

The Coletta Building will offer the following services and technology:

- Mercy Women's Center
- Mercy Radiation Oncology
- Mercy Clinic Oncology and Hematology
- Mercy Oncology Infusion
- Mercy Cancer Resource Center
- Mercy Clinic Breast Surgery
- Mercy Clinic General Surgery

To date, more than **\$11 million** has been raised for the Mercy Coletta Building Capital Campaign. A total of **\$9 million** remains to meet our campaign goal of **\$20 million**. We are grateful for the donors who have generously supported the campaign and helped make the Coletta Building a reality.

For more information or to see a list of our donors, please visit mercy.net/colettacampaign.



Your life is our life's work.

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Mercy Physicians Honored as Top Cancer Doctors



Dr. Alan Hollingsworth and Dr. Rebecca Stough were recently recognized in *Newsweek* magazine's Top Cancer Doctors for 2015. The *Newsweek* list comes from the Castle Connolly list of Top Doctors. They then select physicians who have made major contributions to oncology through

pursuits which are typically associated with academic medical centers. Dr. Hollingsworth is one of only three physicians in the surgery category selected from Oklahoma and Dr. Stough is the only diagnostic radiologist in Oklahoma on the list.

Both physicians will see patients in the new Coletta Building, opening summer 2016. Dr. Hollingsworth has been with Mercy since 1999 and serves as the medical director of the Mercy Women's Center and works as a breast cancer researcher.

Dr. Stough has been with Mercy since 1992 and currently serves as the director of imaging for Mercy Women's Center in Oklahoma City.



Wellness Wednesday Program Offers Support to Many

Mercy understands the importance of integrative medicine in preventing disease and improving the quality of life for patients. The Wellness Wednesday Program, which will be housed in the Coletta Building upon its completion, works together with traditional medical treatments by providing wellness education and support services for individuals and family members coping with cancer throughout the greater Oklahoma City region. The program aims to reduce cancer recurrence and improve the patient's physical, mental, and emotional wellbeing. A related benefit is the sense of empowerment patients achieve by shifting their focus away from the illness and onto nutrition and exercise, something over which they have more control.

Most Wednesdays, Mercy dietitians, trainers, and chaplains host the program at Mercy Hospital Oklahoma City. Instructors focus on topics to prevent and survive cancer through a variety of tools including diet, exercise, and mental or emotional fitness for whole being wellness. Classes feature cooking demonstrations using a variety of fresh, healthy foods, taste testing, and take-home recipes; exercise demonstrations, fitness plans, and strategies to increase everyday fitness; and mental, emotional, and spiritual resources for coping with challenges for participants to incorporate into their daily lives. By providing the tools needed to sustain healthy habits at home, the goal is to engage patients and their families to become active participants in improving their own health and decreasing their risk for developing new or recurrent cancer.

The Wellness Wednesday program is provided at no cost to patients and their families. For more information, please contact Lara Gaston at 405-752-3166.

Save the Date! Coletta Building Blessing, June 23 at 4:00 p.m.

Mark your calendars—the Coletta Building will soon be open! The breast center is scheduled to begin seeing patients on Monday, May 23, 2016. The remainder of the building will open on **Thursday, June 23, 2016**.

Mercy donors, co-workers and friends are invited to attend **the blessing of the Coletta Building on Thursday, June 23, at 4 p.m.** This will be a wonderful opportunity to see the new building. We hope you can join us!

“Our community deserves the highest level of cancer care possible. Join us in making that a reality.”

How You Can Help

1. Make a gift today. Donate online at mercy.net/donate or by calling Mercy Health Foundation Oklahoma City at 405-486-8775.
2. Ask a friend or family member to join you in your support of Mercy Health Foundation by making a gift to the Coletta Building campaign.
3. Spread the word. Do you know of someone in need of exceptional health care? Tell them about Mercy by forwarding this newsletter or encouraging them to visit us at mercy.net.

Special Thanks To The Campaign Steering Committee

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