

# Upper Endoscopy Preparation

## Three Days Prior to Endoscopy

**STOP** taking any non-steroidal anti-inflammatory drugs (Ibuprofen, Naproxen and Aleve, Etc.) until after your procedure. You may continue to take a once daily aspirin regiment during this time frame. Tylenol is acceptable to take if needed.

## One Day Prior to Endoscopy

Nothing more to eat or drink after Midnight. This requirement is for your safety and to prevent any delays in your procedure time.

Refrain from using marijuana, starting the evening prior to your procedure. The use of marijuana prior to your procedure will result in cancellation of the procedure.

## DAY OF THE EXAMINATION:

Diabetic patients should make appropriate adjustments to oral and injectable medications as previously instructed. If you have not received instructions on these medications, please contact the facility or the prescribing physician.

If you normally take heart, high blood pressure or seizure medications in the morning, please do so with a small sip of water.

Refrain from smoking the day of the procedure.

Women: You may be required upon arrival to undergo a pregnancy test prior to your procedure.

Please remove any jewelry prior to leaving for the facility as jewelry cannot be worn during your procedure.

Leave all valuables at home or with your driver.

## Bring with you:

1. A responsible adult, 18 years or older to drive you home, and remain at the Mercy GI Endoscopy Center for the duration of your stay. You will be given sedation during your examination. You will NOT be allowed to leave unaccompanied, drive a car or work for the remainder of the day. You CANNOT take a cab, Uber or any non-medical transportation.

2. Insurance cards and prescription cards, legal photo ID and a list of your medications.

## Mercy GI Endoscopy Services

**Nurse line: 314-387-2321 option 2**

**Cancel or Reschedule: 314-984-9407**

