



Mercy Clinic
Pediatric Urology
621 S. New Ballas Rd.
Suite 537A
St. Louis, MO 63141
phone 314-251-6990
fax 314-251-6998
mercy.net

Anand V. Palagiri, MD
Tara Albert, RN, MSN, CPNP
Brooke Skowera, RN, MSN, CPNP

Surgery Fasting Instructions

At midnight the evening before surgery, stop all food including candy, gum, formula and cereal. Additionally, certain drinks such as orange juice, milk and dairy products must stop at midnight.

If your child is breastfeeding, they are permitted to breastfeed up until 4 hours prior to arrival at the surgery center.

Your child may drink clear fluid up until 4 hours prior to the time you are told to be at the surgery center. Clear fluids including water, apple juice, clear juice without pulp and Pedialyte are appropriate for consumption.

Please contact our office if you have any questions.

Respectfully,

Mercy Clinic Children's Urology



Every child. Every need. Every day.