

# Post-Concussion Program

## Symptoms and Treatment



Dizziness, lightheadedness, tinnitus, confusion, light sensitivity, and nausea. All are post-concussion symptoms. Contrary to popular belief, the head itself doesn't have to hit something to sustain a concussion. Concussions can occur in many settings, including athletics, the workplace, car accidents, or other traumas.

While post-concussion symptoms resolve without intervention in some cases, for others individualized therapy may be needed. When your doctor recommends therapy to relieve your symptoms, **Mercy Therapy Services can help.**

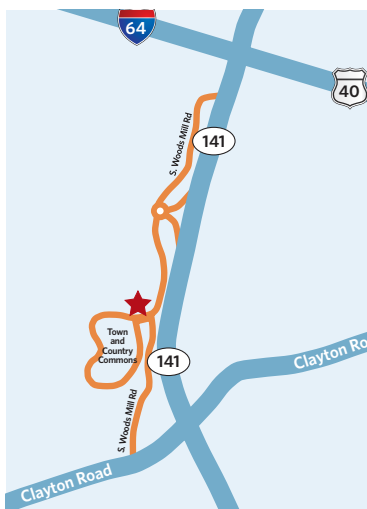
# Mercy Therapy Services

At Mercy, our therapists specialize in treating post-concussion syndrome. We use the Neurocom system, which allows us to effectively assess and treat balance issues resulting from concussions. We also employ thorough testing to evaluate and treat problems of movement and balance related to your ears. This has been clinically shown to decrease the duration and severity of post-concussion symptoms.

Based on an evaluation of your specific symptoms, we'll create a personalized program that may include physical therapy, occupational therapy and/or speech therapy to assist you in resolving your concussion.

Please contact us to further discuss our individualized programs for post-concussion syndrome.

**For more information or to schedule an appointment, call 636-893-1100.**



## **Post-Concussion Program Mercy Therapy Services**

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