

PRE-SURGERY INSTRUCTION SHEET

Patient Name:

Surgical Procedure: IN-PATIENT PROCEDURE

Date:

Location: Mercy Hospital Lebanon at the Central Waiting desk .

Instructions:

Patient can have nothing to eat or drink after midnight prior to the procedure.

NOTE: YOU WILL BE ADMITTED TO THE HOSPITAL SO REMEMBER TO BRING AN EXTRA SET OF CLOTHES/PAJAMAS, NON SLIP SOCKS AND OR HOUSESLIPPERS, AND ANY PERSONAL CARE ITEM SUCH AS TOOTHPASTE, TOOTHBRUSH COMBS,ETC....

Medications: If you take Coumadin or Warfarin (blood thinner), please stop 4 days prior to procedure-contact the prescribing physician regarding instructions about stopping your blood thinner as well as making a follow up appointment for lab work (protime) after surgery.

PRE-OPERATIVE INSTRUCTIONS

DO NOT:

- **EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.**
- WEAR TIGHT CLOTHING SUCH AS GIRDLES OR PANTYHOSE.
- WEAR ANY JEWELRY TO SURGERY.
- WEAR MAKE-UP OR NAIL POLISH TO SURGERY..

- ARRIVE EARLY FOR SURGERY UNLESS YOU ARE CALLED.
 - SHAVE PRIOR TO SURGERY.
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DO:

- **BRING A COPY OF LIVING WILL OR ADVANCED DIRECTIVE.** (IF YOU ALREADY HAVE ONE)
- WEAR COTTON SOCKS AND UNDERCLOTHES.
- NOTIFY YOUR DOCTOR IF YOU DEVELOP A COLD, FEVER OR OTHER ILLNESS BEFORE SURGERY.
- SHOWER OR BATHE (ALSO WASH YOUR HAIR) WITH ANTIBACTERIAL SOAP (SUCH AS DIAL) THE DAY BEFORE AND THE MORNING OF SURGERY.
- WEAR CLEAN, LOOSE FITTING CLOTHING AND SHOES THAT ARE EASILY REMOVED.
- BRING A CASE FOR CONTACTS OR GLASSES.
- BRUSH YOUR TEETH AND GARGLE THE MORNING OF SURGERY, BUT DO NOT SWALLOW ANY WATER.

Surgery Patients:

Please be aware that having a test or surgery performed by our surgeons may require some sort of financial responsibility on your part.

If you have health insurance, we will call them and get your benefits, which include the deductible, coinsurance and out of pocket amounts you will owe. This information is available to you prior to your surgery or test.

If you have any questions or comments prior to your test or surgery, please feel free to call our office between the hours of 8:30am and 4:30pm M-F daily.

Thanks,
SJC Lebanon General Surgery Clinic
417-533-6780

Mercy Hospital – Lebanon
PRE-OP Instructions

All patients need to call Same Day Surgery as soon as possible for pre-admissions at:

417-533-6200

If unable to reach a nurse, please leave a message with a call back number.
Calls will be returned between 9:00_{am} and 4:00_{pm}.

Please have your **Pre-Surgery Instruction Sheet** available
They will obtain information from you regarding your health history and current medications.

The day before surgery a nurse from Same Day Surgery will call you after **1:00_{pm}** to give you your arrival time.

You should not take any (blood thinners)

- Aspirin
- Ibuprofen
- Coumadin
- Vitamin E

· Garlic

For _____ days prior to your procedure.

You should not take Phentermine at least **two weeks** prior to surgery.

You should not take Bontril at least **one week** prior to surgery.

Please take any routine heart, seizure, blood pressure or psychiatric medications the morning of surgery with a small sip of water, just enough to get it down

You may also take Tylenol or Extra-Strength Tylenol, unless otherwise instructed by your physician

You may also take pain medication, only if needed

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY

DO NOT SMOKE OR USE ANY TOBACCO PRODUCTS AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY

THE NIGHT BEFORE SURGERY AND THE MORNING OF SURGERY, TAKE A SHOWER WITH HIBICLENS SOAP, LIQUID DIAL SOAP OR AN ANTI-BACTERIAL SOAP.

Do not shave the surgical site

Please call if you have any cat scratches or tick bites.

Also please be sure to have a driver with you and someone who can be with you for at least 24 hours, if you are having an outpatient surgery.