



Rehab for Spinal Cord Injuries

After a spinal cord injury, you need specialized therapy to restore as much mobility as possible. Our accredited rehab program tailors therapy to your needs, so you get the right support during recovery. Our dedicated doctors, nurses, therapists and other specialists work as a team to help improve your abilities and quality of life.

Restoration & Adaptive Skills

Every spinal cord injury is different, so having a personalized therapy plan is vital. Our two-part rehab process for spinal cord injuries includes:

- Restoring body functions to the greatest extent possible
- Learning adaptive skills if pre-injury functions aren't fully regained

Our inpatient program offers intense therapy and ongoing care to support your recovery.

Inpatient Spinal Cord Rehab Benefits

- Improves your health and independence
- Teaches you to adapt to body changes
- Helps you adjust to living at home, with your family and in your community

Your care team meets regularly to review your personal goals, therapy plan and progress.

Your discharge plan involves you, your caregivers and the entire rehab team. We work with you to ensure a smooth transition home or to the right level of care.

Inpatient Rehab vs. Skilled Nursing

Patients who receive inpatient rehab versus skilled nursing care:



Are more likely to be satisfied with their gait



Have shorter lengths of stay



Reside more days at home than in a care facility

Caregiver Support

Having a support system is important to your recovery. We offer education and training for close family members and caregivers. Our social workers and case managers help you and those caring for you get the help and equipment you'll need during recovery.

Contact us to learn more.

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