



# Mercy Therapy Services Spinal Cord Injury

Recovering from a spinal cord injury requires special care. Mercy has the expertise and specialized equipment to help you make the most of your recovery. Our team of physical therapists and occupational therapists will examine your recovery from every angle and give you the care you need.

**We'll tailor your recovery program to meet your needs.** Our therapists can help with all aspects of recovery, including: basic strengthening, mobility, balance, brace walking, wheelchair skills and evaluations, and driver's evaluations.



*Your life is our life's work.*

[mercy.net](http://mercy.net)

## Specialized Equipment

Our therapists have a variety of tools to help you reach your goals. These include:

- Equalizer – wheelchair accessible weight equipment.
- Uppertone—wheelchair accessible weight equipment that is considered “hands free”.
- ERGYS and RT equipment — Allows arm or leg cycling with electrical stimulation (stimulates paralyzed or weak muscles to cycle).
- Motomed — Provides active and assisted arm and leg cycling.
- Mobile Arm Support — Helps clients with weak shoulders and elbows with activities such as typing, drawing, eating and more.
- Standing frames
- Bioness/Walkaide — Electrical stimulation raises up foot to assist with walking.
- Body weight-supported gait training with Lite Gait Harness — Gives secure support with a harness while walking.
- Pressure mapping — Computerized system that shows any high pressure areas while sitting.

## After discharge from outpatient therapy,

clients can continue to use equipment approved by therapists, such as the standing frames, RT and ERGYS functional electrical stimulation cycles, Motomed, Equalizer and Uppertone with the Next Step program, for a minimal fee.

## Mercy Therapy Services

### Town and Country

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