



## Start the Conversation

**Are you tired and worried because of increased office visits or urgent care visits? Maybe you are worried about co-payments, hospital admissions and whether your loved ones wishes are being met? Is your loved one not “bouncing back” despite the treatment they are receiving? Maybe their increased or uncontrolled pain is impacting their quality of life?**

*Although it's difficult to talk about, families often wait until a time of crisis to discuss their wishes. Decisions are made that may affect the rest of a person's life. We urge you to speak with a Mercy Home Services Nurse about your wishes, fears and next steps. Now is the best time to start the conversation, learn more and ask questions. This greatly reduces stress, and by having these discussions, patients and families will feel confident to make educated decisions about the healthcare options available.*

### **Our Home Services Nurses will discuss:**

- Advanced Directives - Are they in place and do you know what your loved one wishes and hope for with their current plan of care?
- If your loved one has a chronic or terminal illness, would they prefer to manage care from home or seek hospitalization?
- What worries you about your loved ones illness and what fears do you have?

There is help and support available by nurses and aides to manage your loved ones symptoms and pain at home, or will provide additional support to those in nursing homes. Social workers, chaplains and trained volunteers are also available to meet the needs of patients and their families. These services as well as the related medications, equipment and supplies are covered under Medicare and Medicaid and most private insurances.

It can be difficult to care for a family member at home, and no one can do it alone.

### **Start the Conversation.**

**Mercy Home Services** can be reached at **314-251-6423** from 8 am. to 4:30 p.m. daily.

