



Mercy Cancer Services Rehabilitation Program

Insurance Coverage

Most STAR Program cancer rehabilitation services are reimbursed by health insurance providers. Check your insurance plan for specific rehabilitation benefits.

Appointments and Information

For appointments or additional information, please call 636-256-7827. A provider referral is needed before beginning therapy.

Locations

Mercy's STAR Program is available at these locations:

Mercy Clarkson and Clayton

15945 Clayton Rd., Suite 230 C
Ballwin, MO 63011

David C. Pratt Cancer Center

607 S. New Ballas Rd., Suite 2210
St. Louis, MO 63141

Mercy Therapy Services - Crestwood

10024 Watson Road
St. Louis, MO 63126

Mercy Therapy Services - Piper Hill

107 Piper Hill Drive, Suite 160
St. Peters, MO 63376

Mercy Therapy Services - Hazelwood

755 Dunn Road, Ste. 145
Hazelwood, MO 63042

mercy.net/stl



The St. Louis area's
most comprehensive
STAR-certified
rehabilitation program

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Mercy STAR Program

At Mercy, we're dedicated to helping cancer survivors regain health and wholeness so that they can have the best quality of life possible. Cancer treatment can often cause significant pain, fatigue and disability. Through our STAR Program, we can help you minimize the difficult side effects that often come with treatment. The STAR Program provides you with coordinated cancer rehabilitation supported by an expert team of STAR-certified clinicians and providers.



STAR Team

The journey through cancer treatment can be a tough one. Whether you've just been diagnosed, have already completed treatment or are somewhere in between, Mercy's STAR (Survivorship Training and Rehab) Program can help improve your physical, emotional and spiritual outlook. This proven program helps patients heal.

At Mercy, we have the most comprehensive STAR Program in the St. Louis area. Our program offers a team of STAR-certified clinicians and specialists from many different areas to help ease the effects of cancer treatment and improve the way you feel and live. Each of our specialists has completed extensive STAR training to earn certification.

Our expert team includes:

- Medical oncologists
- Radiation oncologists
- Surgical oncologists
- Breast surgeons
- General surgeons
- Physical therapists
- Occupational therapists
- Chiropractors/acupuncture
- Dietitian
- Breast navigators
- Palliative care specialists
- Holistic nurse
- Infusion nurses
- Social workers
- Inpatient oncology staff
- Pastoral services
- Certified lymphedema therapists
- Psychologists

Rehabilitation Plans

We'll work with you to develop a cancer rehabilitation plan to help you heal. The specifics of your plan will depend on your individual goals and may include focusing on increasing strength and energy, managing pain, improving functionality for daily living and improving quality of life.

Our team specializes in addressing these conditions:

- Balance and gait problems
- Chemotherapy-induced neuropathy
- Cognitive issues (difficulty processing information)
- Emotional distress
- Headaches
- Inability to perform daily living activities
- Limited movement of extremities
- Lymphedema, including post-operative edema
- Musculoskeletal or neuropathic pain
- Post-mastectomy pain syndrome
- Radiation fibrosis syndrome
- Sexual dysfunction
- Sleep problems
- Speech/language disorders
- Swallowing issues
- Urinary incontinence
- Weakness and fatigue
- Weight loss and problems with taste, appetite, constipation and diarrhea

Therapy Services

Therapies may include:

- Customized exercise programs to improve strength, mobility and endurance
- Energy conservation training
- ADL (self-care) training
- Certified lymphedema specialists apply edema care
- Patient and family education
- Referrals to social worker or other services as needed

We also offer services to promote healing and well-being including:

- Massage therapy
- Acupuncture
- Healing touch
- Guided imagery
- Reflexology