



Mercy offers specialized care for people with all forms of neurological disorders and injuries. Our therapy team is dedicated to serving these patients. Whether you are recovering from a traumatic event such as brain injury, spinal cord injury or stroke, or have a neurological disorder such as multiple sclerosis or Parkinson's disease, we'll help you maximize your independence. Our therapies aim to restore function to improve your ability to return to school, work and hobbies.

Dedicated team members include physical therapists, occupational therapists and speech therapists with extensive neurological experience and expertise.

Town and Country

1176 Town and Country Commons
Chesterfield, MO | 63017
636.893.1100

Tesson Ferry

13303 Tesson Ferry, Suite 50A
St. Louis, MO | 63128
314.842.4400



Your life is our life's work.

mercy.net/STLNeuroTherapy

STL_31838 (3/15/17)



Mercy Neurological Therapy Services



Your life is our life's work.

mercy.net/STLNeuroTherapy



The Mercy Neurological Outpatient Team offers specialized and individualized one-on-one care to speed your recovery.

PHYSICAL THERAPY uses a combination of treatments that increase strength, balance and mobility so you can better access your home and community.

Specialized services include:

- Treatment for vertigo and other vestibular dysfunctions (dizziness and balance problems).
- Post concussion program.
- Fall prevention.
- Trials and recommendations for orthotics (leg braces).
- LVST BIG program for patients with Parkinson's disease.
- MS program with specialized and MS- certified therapists and an MS exercise class.
- Customized wheelchair seating evaluations and pressure mapping to help reduce the risk of pressure sores.

- Facial neuromuscular re-education for people with facial weakness or paralysis.

Specialized equipment

- NeuroCom Balance Master & inVision equipment.
- ReWalk robotics.
- Lite Gait – body weight-supported device for walking.
- Bioness L300/Walk Aide for foot drop.
- Treatment for spinal cord injury – RT 300 functional electrical stimulation for lower body mobility, walking with leg braces
- Standing frames and Hoyer lift.
- Wheelchair accessible weight and cardio equipment.

OCCUPATIONAL THERAPY focuses on developing skills needed for independent living such as preparing meals, doing laundry, driving, or completing work-related tasks.

Specialized services include:

- Driver's assessment and training program with a Certified Driver Rehabilitation Specialist.
- Home safety, including cooking assessments.
- Trials and recommendations for orthotics (arm braces).
- LVST BIG program for patients with Parkinson's disease.

Specialized equipment

- Vision Coach to help improve reaction time, attention, scanning and peripheral vision.
- Saebo and Bioness H200 to maximize function of upper extremity after a neuromuscular incident.
- RT 300 functional electrical stimulation for upper body mobility.

SPEECH THERAPY helps patients who have difficulty communicating due to speech, language, memory or cognitive problems.

Specialized services and equipment include:

- Swallowing program including VitalStim- certified therapists for swallowing training.
- LSVT LOUD (Lee Silverman) voice program for patients with Parkinson's disease.
- Treatment for patients with vocal cord dysfunction.

Transitional Treatment and Follow-up Services

- Our therapists work closely with Missouri Vocational Rehabilitation. Together, we help patients who intend to return to work or need to look for a different type of employment due to injury or disease.
- Patients who've finished formal therapies can request a therapist-designed custom Next Step program to continue exercising.

For individuals who qualify, transportation can be arranged for a nominal fee.

For more information, or to schedule an appointment or tour, call Mercy Therapy Services at 636.893.1100.