

## How long can I stay?

You can remain in our Swing Bed Program as long as you have therapy and rehabilitation goals to meet. Once you have reached these goals, you may be able to return home. If you meet your rehabilitation goals before 20 days, you may be discharged. You may also need to explore additional care options.

## What are my activities?

We expect you to take part in a variety of daily activities to help you achieve your independence. You'll be given an activities calendar and a list of available activities when you begin the program. If there are other activities that you enjoy, they may be brought in from home. Please talk with a member of your care team before you bring them in.

## Can I leave?

It may be possible to leave the hospital for a few hours. Please contact a member of your care team. He or she will talk with your doctor about a pass.

## What does insurance cover?

Medicare and some insurance plans:

- Cover the first 20 days of care at 100%, as long as there is a skilled service needed, provided and accepted
- Require a co-pay for 21 days through discharge (or day 100, whichever comes first), as long as you continue to require a swing bed. If you have supplemental insurance, it may cover your co-pay

Also, Medicare and most insurance plans don't pay for custodial care. Custodial care is general nursing care provided when a patient's condition is not expected to improve.

If you're unclear about the type of care you're eligible for under Medicare, it's important to ask your Mercy RN Case Manager for assistance.

Please contact us for more information about the Mercy Hospital Tishomingo Swing Bed Program.

### Mercy Hospital Tishomingo

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## Swing Bed Program

Easing the move from  
hospital to home.



*Your life is our life's work.*

## From hospital to home.

You're ready to be released from the hospital, but you may need a little more time and special care to fully recover. This is often the case if you've had a joint replacement, stroke, head injury or other surgery. Or, you may need treatment to manage pain, or extra care to help a wound heal.

This is why Mercy Hospital Tishomingo offers the Swing Bed Program, skilled care to help you regain strength and independence in a hospital setting. Swing beds allow patients who have been treated in a hospital to remain close to home for continued care rather than moving to a rehabilitation facility or nursing home.

## Our services.

Mercy Hospital Tishomingo Swing Bed Program is a combination of 24-hour nursing services, rehabilitation therapies and education, including:

- Heart monitoring
- IV medicine
- Daily injections
- Feeding tube adjustments
- Respiratory treatments that need adjustments
- Complex wound care
- Physical, occupational and speech therapies
- Patient and family education for new conditions such as diabetes or colostomy care
- Nutritional counseling

## Who's on my team?

The Swing Bed Program is managed by an expert group of caregivers under a doctor's direction. Your care team may include the following:

- **RN Case Manager.** Usually the first contact a hospital, doctor or patient will have regarding a possible swing bed stay. Once you're admitted to the program, the case manager works with you and your family to connect you to services you need
- **Physical Therapist or Physical Therapy Assistant.** These specialists help you with mobility and pain reduction using a variety of exercises
- **Occupational Therapist or Occupational Therapy Assistant.** They help you meet goals for daily living activities such as dressing, bathing, cooking, eating or maybe writing or using a computer
- **Speech Language Pathologist.** Speech therapy may be needed for patients who have difficulty with swallowing and speech
- **Dietitian.** Proper nutrition is important for recovery and good health. We offer nutritional support, education and, if necessary, custom diets to meet your preference and dietary needs

## Who qualifies for this program?

In addition to getting your doctor's referral, you must be in the hospital for at least three nights before transfer to the Swing Bed Program. If you've been discharged to your home from a hospital, but are having trouble recovering, you can still be admitted into our Swing Bed Program. You must have stayed in the hospital for at least three nights in a row within the last 30 days.

Talk with your doctor or case manager who will refer you to our program. Once a referral is made, our Swing Bed Coordinator will look at your case to see if our program is a good fit for you.

## How is this different from a regular hospital stay?

With our Swing Bed Program, we'll help you get better and regain your highest level of independence. During the day, you'll get therapy and treatment based on your condition and recovery goals. Similar to the hospital, you'll receive around-the-clock nursing care overseen by a doctor.

Best of all, you'll be able to trade the hospital gown for your own comfortable clothing. We encourage you to personalize your room and remain active and social. When you aren't in therapy, you can spend time visiting with family and friends, playing cards or board games, or just relaxing.