

COVID-19 Vaccine

MYTH VS FACT

MYTH

- ✗ The COVID-19 vaccine gives you a mild case of COVID-19.
- ✗ Side effects from the COVID-19 vaccine are worse than the actual virus.
- ✗ You don't need to get the COVID-19 vaccine if you're pretty healthy.
- ✗ You'll test positive on COVID-19 viral tests after you get the vaccine.
- ✗ If you already had COVID-19, you don't need the vaccine.
- ✗ One dose of the vaccine is enough. You don't need two doses.
- ✗ The COVID-19 vaccine (an mRNA vaccine) can alter your DNA.
- ✗ If you wear a mask and social distance in public, you don't need to get the COVID-19 vaccine.
- ✗ A flu vaccine will help protect you from COVID-19.
- ✗ If you're pregnant, you shouldn't get the COVID-19 vaccine.
- ✗ The COVID-19 vaccine causes infertility issues.

FACT

- ✓ The COVID-19 vaccine won't give you COVID-19, because it doesn't contain the live virus.
- ✓ Minimal side effects are possible, but they far outweigh the risks of COVID-19. Vaccination will help keep you from getting COVID-19, which can lead to serious illness or death.
- ✓ There's no way of knowing how COVID-19 will affect you. The COVID-19 vaccine is a safe way to build immune protection for yourself and keep those around you safer.
- ✓ If your body develops an immune response, which is the goal of vaccination, you may test positive on antibody tests. You won't test positive on COVID-19 viral tests.
- ✓ Natural immunity from having the virus varies from person to person. People who've gotten sick with COVID-19 and recovered can still benefit from the vaccine.
- ✓ Two doses are needed for the vaccine to be fully effective. You'll need a second shot several weeks after the first.
- ✓ The mRNA molecules from the COVID-19 vaccine never enter the nucleus of the cell, which is where DNA is stored. This means the mRNA doesn't affect DNA in any way.
- ✓ To stop this pandemic, we need to use all of the tools available to fight this virus. The COVID-19 vaccine is one of those tools.
- ✓ A flu vaccine won't protect you from getting COVID-19, but can prevent you from getting influenza (flu) at the same time as COVID-19.
- ✓ Actually, pregnant women with COVID-19 are at greater risk of severe illness. Pregnant women who meet the criteria for vaccination may wish to receive the COVID-19 vaccine.
- ✓ There's no data to suggest the COVID-19 vaccine causes infertility or fertility-related issues.