

Family and Youth Resources

(community resources for low income and uninsured)

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Children's Health & Safety

Annie Malone Children & Family Service Center

2612 Annie Malone Drive, **63113**
314-531-0120
Email: info@anniemalone.com
www.anniemalone.com

Teen Crisis and Juvenile Court Respite: Temporary care for youth ages 13-18 whose parents/guardian are experiencing an emergency situation that requires short term stays (usually 3-5 days for Teen Crisis), and for youth who may be at risk for abuse and neglect. The Juvenile Court Respite program has a 5-day-max per placement.

Board of Religious Organizations (BRO)

4262 Cleveland Avenue, **63110**
314-865-1677
brostl.org

Provides a small care package for newborns that includes blankets, clothes, and diapers. Open M, W, F 9am-2pm. Best to call ahead, but not necessary.

Child Support Services

111 N. 7th St., Room 204, **63101**
(314) 340-7400
<https://dss.mo.gov/child-support/>

Contact the local Child Support Services to find information regarding Child Support including how to apply for the support.

Cotton Babies, Inc.

6116 Baumgartner Crossing, **63129**
888-332-2243
www.cottonbabies.com

Through the Share the Love Program, Cotton Babies provides families in need with free cloth diapers. Must provide a photo ID and WIC verification of certification.

Good Shepherd Children & Family Services

1340 Partridge Avenue, **63130**
314-854-5700
goodshepherdstl.org

Adoption – Counseling, assessment, placement, post-placement supervision and support.

Foster Care – Provides case management for children who are in foster care while developing and maintaining foster families.

Helping Hand Me Downs

636-346-3719
www.helpinghandmedowns.org

Provides clothing for the first year of a newborns life and connects mothers with referral agencies that help accelerate her path to independence.

Mercy Children's Hospital

615 S. New Ballas Road, **63141**
314- 961-5229
www.mercy.net/stlouismo/practice/mercy-childrens-hospital-st-louis

Offer a variety of free or affordable classes and programs for women and children including CPR & First Aid, bicycle helmet fittings, and Home Alone. For a full list of classes and to register, visit: mercy.gosignmeup.com

Nurses for Newborns Foundation

7259 Lansdowne, Suite 100, **63119**
 314-544-3433, 1-800-452-4784
www.nfnf.org

In-home nursing visits and donation services are provided to babies born: with medical problems, into families who do not have money for basic necessities, or to teen moms or mothers with disabilities/mental health concerns.

Safe Families for Children

7520 Big Bend Boulevard, **63119**
 314-781-6363
www.safe-families.org

Provides a safe family environment for children of parents in crisis. Host families are extensively screened and supported. Biological parents retain custody of the children throughout the entire length of stay and are encouraged to be involved in the child's life. Accepts children from 0-18, with a concentration on children from 0-6 years.

Safe Kids St. Louis

7980 Clayton Road, **63117**
 314-612-5770
cathy_metzger@ssmhc.com
www.SafeKidsStl.com

Provides reduced price car seats (\$25.00 – can be paid in installments), booster seats, and cribs when available. No appointment necessary, call to verify time and location of distribution.

Safety Stop

314-454-KIDS (5437)
www.stlouischildrens.org/content/safetystop.htm

A selection of helmets, car seats and home safety equipment is available for purchase at discounted prices. Fittings and consults are free. Must make appointment in advance. Call or visit site to schedule.

SIDS Resources

1120 South Sixth Street, Suite 100, **63104**
 314-822-2323, 800-421-3511
 Fax: 314-588-0850
www.sidsresources.org/index.htm

Supplies Pack 'n Play cribs along with classes for setting up cribs and safe sleeping practices. To sign up call Velma Walker, Urban Outreach Coordinator. The program also offers support for families who have lost babies.

St. Louis Crisis Nursery

11710 Administration Drive, Suite 18, **63148**
 314-292-5770
 Fax: 314-292-5776
www.crisisnurserykids.org/

Provides short-term emergency shelter for children, birth through age 12 whose families are faced with emergency or crisis. Gives ongoing support and follow-up care to families, and serves as a child/family advocate for social services.

Crisis Nursery Centene Center
 1928 Gravois Road, **63104**
 314-768-3201 (24-Hour Helpline)

Crisis Nursery North
 11037 Breezy Point Lane, **63136**
 314-953-8030 (24-Hour Helpline)

Crisis Nursery, Saint Charles
 315 First Capitol Drive
 St. Charles, MO **63301**
 636-947-0600 (24-Hour Helpline)

Crisis Nursery, West
 330 South Fourth Street
 St. Charles, MO **63301**
 636-940-2504 (24-Hour Helpline)

Crisis Nursery, Wentzville
 700 Medical Drive,
 Wentzville, MO **63385**
 636-887-3070 (24-Hour Helpline)

Outreach Center, St. Louis City
 2401 North Grand, **63106**

Outreach Center, South County
 8300 Morganford Road, **63123**

Thrive St. Louis

4331 Lindell Boulevard **63108**
 314-783-3040, Fax: 314-783-3041
 24/7 Helpline: 314-773-3041

www.thrivestlouis.org

Car seats can be obtained through one of three City of St. Louis/St. Louis County Pregnancy Resource Centers. Any pregnant or new mom may elect to enroll in the Resource Program to receive needed baby items at no cost. Visit the website or call for an appointment.

Thrive Pregnancy Resource Centers

St. Louis City
 4331 Lindell Boulevard
 St. Louis, MO **63108**
 314-783-0478; 24/7 Helpline: 314-773-4626

North County
 3394 McKelvey, Suite 102A
 Bridgeton, MO **63044**
 314-785-0211

South County
 5757 South Lindbergh, Suite 201
 St. Louis, MO **63123**
 314-894-7780

Counseling & Family Support

Annie's Hope

1333 W. Lockwood, Suite 104, **63122**
 314-965-5015
<http://www.annieshope.org/>

Provides free comprehensive support services to children, teens and their families who are grieving the death of someone significant.

Catholic Family Services

9200 Watson Road, G-101, **63126**
 314-544-3800
cfsstl.org

Offers programs and services at several locations around St. Louis metro, including counseling, psychiatry, family life education, classes for parents, and a fatherhood initiative program. Translation in over 40 languages is available through Language Access Metro Project (LAMP).

Coalition for Healthy African-American Relationships and Marriages (CHAARM)

2433 North Grand Boulevard, **63106**
 314-769-1103
 Email: info@blackmarriageworks.com
www.blackmarriageworks.com

Provides education, information, advocacy, events and activities to promote healthy relationships at home, work, school and community. Also offer consulting services in program development and design for faith and community-based organizations.

Christian Family Services

7955 Big Bend Boulevard, **63119**
 314-968-2216
www.cfserve.org

CFS is a non-profit child-placement agency licensed in MO and IL. Services include temporary foster placements for children from birth to preschool age, adoption counseling and support for expectant mothers, and general counseling services. All services are provided without regard to religious affiliation.

Creve Coeur Counseling Associates

10176 Corporate Square Drive, **63132**
 314-991-0100
www.cccastl.com

Graduate Counselor Program offers counseling for only \$15.00 per 50 minute session. No income questions or requirements. Graduate counselors are Master's level interns supervised by Licensed Professional Counselors.

Epworth Children and Family Services

110 N. Elm Ave, **63119**
 314-961-5718
<http://www.epworth.org/>

Committed to keeping families together, preventing abuse and neglect, and encouraging self-sufficiency in at-risk youth. Provides foster care management, youth emergency services and transitional/independent living programs.

Family Support Division, Missouri Department of Social Services

City of St. Louis - 314-877-2000
 St. Louis County - 314-877-4000
 St. Charles County - 314-940-3186
www.dss.mo.gov

Offers a range of programs and services to support families, including support for the blind, child care, child support, food, energy, and medical assistance, and refugee assistance, among others.

Family Resource Center

3309 South Kingshighway, **63139-1101**
 314.534.9350
www.frcmo.org

Services for Children: Therapeutic preschool for children experiencing emotional and behavioral problems; foster care case management; and foster home recruitment

Services for Families: Individual and family therapy for children and adults, provided in-home or in-office; mentoring for parents navigating the social welfare system; and services to help individuals at risk of chronic maltreatment .

Services for Teens: Drug Court mentoring; work skills and job-readiness training; and mentoring and long-term support for teen parents.

Good Shepherd Children & Family Services

1340 Partridge Avenue, **63130**
 314-854-5700
goodshepherdstl.org

Expectant Parent Support: Home-based counseling (pregnancy, parenting, adoption) and case management for pregnant women in crisis and family members affected by the pregnancy.

Youth/Family Support and Mentoring: Youth are provided tutoring, mentoring and assistance with independent living skills while family members are taught the skills needed to maintain a stable home. Skills developed: budgeting, advocating for your child at school, and conflict resolution, among others.

Lutheran Family and Children's Services

St. Louis Office: 8631 Delmar Boulevard, **63124**
 314-787-5100 or 1-866-326-LFCS
 Email: lfcsmo@lfcs.org
lfcsmo.org

Offers programs and services addressing adoption, child development, counseling for individuals, couples, families and groups, disaster response, foster care, intergenerational tutoring; parenting, pregnancy services, senior services, and life skills programs.

Preferred Family Healthcare: Team of Concern

11701 W. Florissant Avenue
 Florissant, MO **63033**
 314-972-8132
www.pfh.org/TOC.htm

Provides students, teachers, and parents with preventive education on the subject of substance abuse as well as supportive services to at-risk students. Services include individual counseling, case management, and family therapy. Anyone can refer a student: a friend, a family member, a teacher or the student him or herself.

St. Louis Healthy Families

4557 Laclede Avenue, **63108**
 314-361-1222
slhmc@att.net
www.stlhealthyfamilies.org

Coordinates community wide education efforts that support the development of essential relationship skills. Programs and services are available to adults and teens throughout the St. Louis area at very little or no cost. Call or visit website to find an available program or workshop targeted for singles, couples, families, youth, or business environments.

Education & Learning Disability Testing

Bridge of Hope Ministries

4001 Cottage Avenue
 St. Louis, MO **63113**
 314-703-2458
www.bridgeofhopestl.com

Empowering students of all ages through one on one tutoring for grades K-12, adult education classes, a community garden, and a tool library for people to use for jobs or home repair.

Emerson Academy Therapeutic School

2612 Annie Malone Drive, **63113**
 314-361-2222
 Email: dcampbell@anniemalone.com
www.anniemalone.com/index.html

Emerson Academy offers an alternative educational setting for students with behavioral disorders and learning disabilities, grades K-12. Emerson works with students and families to inform, educate, and support, with the ultimate goal to return successful students back to their home school district.

Family Support Network

7514 Big Bend Boulevard, **63119**
 314-644-5055
 Email: info@familysupportnet.org
www.familysupportnet.org

School Links: School-based program (available in four school districts in St. Louis City and County) designed for families with school age children experiencing behavioral challenges or difficulties functioning in school.

Mercy Professional Services

8420 Delmar Boulevard, **63124**
 314-993-8818
www.mercyprofessional.org

Therapeutic counseling services are available for individuals, couples, and families who are dealing with a variety of issues. We help Individuals who are wanting to address problems expressing as depression, anxiety, or problematic behaviors. Couples in distress, child behavior or emotional problems in Family therapy context. Sliding Scale Counseling is available from Master level Interns.

St. Louis University Psychological Services Center

221 North Grand Boulevard, **63103**
 314-977-2278

Offers learning disability testing on a sliding scale.

Thomas Dunn Learning Center

3113 Gasconade Street, **63118** (In Marquette Park)
 314-353-3050
www.tdunn.org

Free Drop-In Tutoring and Educational Services. Monday through Thursday 3pm-6pm. Services include tutoring for all ages, library use, job search, ACT prep classes, computer lab, and Wi-Fi.

www.mercy.net/mnm

University of Missouri – St. Louis Community Psychological Service

232 Stadler Hall, One University Boulevard, **63121**
 314-516-5824

Offers education evaluation services, including learning disability testing, on a sliding scale.

YMCA Community Literacy

326 South 21st Street, **63103**
 314-436-1177
<http://www.ymcastlouis.org/program/ymca-community-literacy>

Offers tutoring programs for youth and adults who struggle with reading, writing and English language skills.

Legal

Arch City Defenders

812 N. Collins
 Laclede's Landing, **63102**
 1-855-724-2489
 Email: ArchCityDefenders@gmail.com
www.Archcitydefenders.wordpress.com

Non-profit corporation dedicated to providing legal counsel to those facing state prosecution and are unable to afford private counsel.

Catholic Legal Assistance Ministry

321 North Spring Avenue, **63108**
 Contact Ms. Marie Kenyon: 314-977-3993

Provides representation for impoverished people in need. Handles many cases involving paternity, orders of protection, guardianship, and abuse. Also offers services for immigrant populations who face challenges in filing government documents.

Legal Advocates for Abused Women (LAAW)

Helpline: 314-664-6699, 1-800-527-1460
laawstl.org

LAAW is a local domestic violence organization in St. Louis that provides crisis intervention & support, legal information & advocacy, safety planning, and legal & social service referrals for victims of abuse. Works with law enforcement and criminal and civil courts to end violence.

Legal Services of Eastern Missouri, Inc. The Children's Legal Alliance

4232 Forest Park Avenue, **63108**
314-534-4200
800-444-0514
www.lsem.org/CLAEducation_14.aspx

Provides free educational advocacy to qualifying students with special needs who are not receiving appropriate services and those who have been illegally or improperly excluded from school. Services include but are not limited to helping families obtain testing for special education services, advocating for students facing suspension or expulsion from school, enrolling homeless children in school, connecting families and children to mental health service, and linking families to other legal assistance provided by LSEM if needed.

Parenting

Annie Malone Children & Family Service Center

2612 Annie Malone Drive, **63113**
314-531-0120
Email: info@anniemalone.com
www.anniemalone.com

Parent Education: Offers classes which focus on age appropriate discipline, developmental expectations, and behavior modification techniques for raising a child.

Father's Support Center

4411 North Newstead Avenue, **63115**
314-333-4107
www.fatherssupportcenter.org/home

Hours of operation vary depending on programming. Offers programs to help fathers become responsible parents committed to cohesive family relationships. The center additionally offers a Legal Clinic for services in family law.

Nurse-Family Partnership Program

St. Louis County Department of Public Health
4000 Jennings Station Road, **63121**
314-679-7879
www.nursefamilypartnership.org

This free program is for women living either in St. Louis City or County who are having their first baby. A registered nurse will visit women in their homes throughout the pregnancy and continue to visit until their baby is 2 years old. To enroll, women must be under 28 weeks pregnant.

Parent Fair Share

1-800-859-7999

Provides referrals for education, employment, and social services to Missouri residents over age 18 who are underemployed/unemployed and have a case with Child Support Enforcement. For a referral call the toll free number or contact your local Child Support Enforcement office.

ParentLink

573-882-7323
Toll Free: 1-800-552-8522
Text: 585-326-4591
www.parentlink.missouri.edu

Parents and providers can call the warm line and access referrals, resources, and problem-solving support for children under 18. Professionals discuss the problem with the caller, suggest services, and offer referrals. Most requests are handled as they are received. When more research is needed, information is obtained within the week.

Redevelopment Opportunities for Women

City: 306 North Tucker, **63101**
314-588-8300
County: 2709 Woodson Road, Overland, **63114**
314-863-0015
Email: lgerassi@row-stl.org
www.row-stl.org

Offers Family Strengths Program, which provides key parenting information and personal development, and the Family Literacy Program, which addresses literacy as a family issue with economic ties. Childcare is available for children (age 0-6 years) while women attend class, and one bus ticket is given for each participant using public transportation. Call, email, or visit the website for class schedules and more information.

Youth Engagement

Angel Baked Cookies

3636 North Market, **63113**

314-65-ANGEL (652-6435)

Email: angel@angelbaked.org

www.angelbaked.org

Angel Baked Cookies is a social enterprise of North Grand Neighborhood Services (NGNS) that empowers youth in North St. Louis through employment, professional development, and prayer. The Angels are teens 16-19 who prepare cookies in a fully-equipped bakery and work on sales and marketing. Faithful to the slogan, "our secret recipe is prayer," each work day begins with a group prayer and reflection. Contact the program to inquire about teen employment opportunities.

Annie Malone Children & Family Service Center

2612 Annie Malone Drive, **63113**

314-531-0120

Email: info@anniemalone.com

www.anniemalone.com

Transitional Living Program (TLP): Provides youth 16-21 the skills to successfully transition into adulthood through a series of personal training and life skills development. Program runs for 12-18 months and is offered at the Malone House,

Big Brothers Big Sisters of Eastern Missouri

St. Louis Headquarters:

501 North Grand Boulevard, Suite 100, **63103**

314-361-5900

Fax: 314- 361-4484

www.bbbs.org

To become a Little Brother or Little Sister, a child must be between the ages of 5 and 17. Currently serves children in St. Louis City and the following counties: St. Louis, Jefferson, St. Charles, Cape Girardeau and Scott County. Contact BBBSEMO to request an application. The *Amachi Missouri* initiative is a mentoring partnership that is also available to the children of incarcerated parents.

Building Block Program

2838 Market Street, **63103**

Veronica Travis: 314-333-5614

Jordan Covington: 314- 333-5615

www.employmentstl.org

The Employment Connection Building Blocks Program gives youth ages 15½ - 17 the opportunity to learn leadership development, money management, vocational skill building, get hired, make money, build character, and be a force for change in the community. Must be a city resident. Call to register.

BicycleWORKS

2414 Menard Street, **63104**

314-827-6640

Email: info@bworks.org

www.bworks.org/bikeworks/

A division of BWORKS, the main component of BicycleWORKS is the Earn-A-Bike Program is a free program for kids. Children are taught the basics about bicycle safety and maintenance through hands-on courses held on Saturdays and Wednesdays. Youth who complete the course graduate with their own bike, helmet, light, and lock, and ride in a group safety ride with adults and peers. Recycled bikes are available for sale every Thursday in 2011.

BookWORKS

2414 Menard Street, **63104**

314-827-6640

Email: info@bworks.org

www.bworks.org/bookworks/

A division of BWORKS, the mission of BookWORKS is to promote verbal and visual literacy. Student writers learn to write and illustrate books under the supervision of tutor editors. M, T, W 4:30-6pm.

ByteWORKS

2414 Menard Street, **63104**

314-827-6640

Email: info@bworks.org

www.stlbyeworks.org

A division of St. Louis BWORKS, ByteWORKS offers an Earn-A-Computer (EAC) program. The EAC is a 6 week course is for children aged 8-17 years old. The following subjects are taught: Introduction to Computers; Internet and Safety on the Internet; Word Processing with OpenOffice Writer; Creating Presentations with OpenOffice Impress; Computer programming using MIT's Scratch software; and Assembling the Computer and Connecting to the Internet. Graduates receive a computer, monitor, keyboard, and mouse, audio speakers, 2GB flash drive, and a personalized email address. The program features a one-on-one mentoring component.

Covenant House Missouri

2727 North Kingshighway Boulevard, **63113**

314-533-2241

Email: bmoritz@covenanthousemo.org

www.covenanthousemo.org

An organization that empowers homeless, runaway, and at-risk youth to live independently. CHMO offers a range of support services for youth ages 16-21, Monday through Friday including literacy & tutorial services, employment services, case management, etc. To learn more about Support Services, contact 314-450-7672.

FYI (Ferguson Youth Initiative)

110 Church Street

Ferguson, MO **63135**

314-675-0394

Email: fyi@fergusoncity.com

www.FYIFergYouth.org

FYI works with the City of Ferguson, youth organizations, businesses, and churches to inform the youth on programs, connect youth organizations, expand collaboration efforts, and coordinate a youth driven and sustainable process.

Good Shepherd Children & Family Services

1340 Partridge Avenue, **63130**

314-854-5700

goodshepherdstl.org

Residential Care: Serves 12 girls and 12 boys, ages 12-21, and 6-8 pregnant and parenting teens. Offers a safe place to live, combined with therapy, independent living skills, educational services, and mentorships as they prepare for moving back into the community.

Missouri 4-H

St. Louis County MU Extension Center:

121 S. Meramec, Suite 501, **63105**

314-615-2911

<http://extension.missouri.edu/stlouis/4h/4hyouth.html>

University of Missouri Extension's 4-H (Head, Heart, Health, Hands) educational program empowers young people to reach their full potential while working and learning in partnership with caring adults. As one of the nation's largest youth organizations, 4-H helps young people become competent, capable, caring and contributing members of society. A wide range of programs and clubs including focuses on college, science, leadership, etc. are available in St. Louis City and County. Call for membership and more information.

Out-of-School Time Programs

201 S. Jefferson Avenue, **63103**

314-932-4615

Fax: 314- 932-4665

phunter@youthinneed.org

The SPOT

Supporting Positive Opportunities with Teens

4169 Laclede (between Sarah and Boyle), **63108**

314-535-0413

thespot.wustl.edu

The SPOT is open Mon-Fri 1-5pm; all services are available to anyone between 13 -24 years old. Youth can drop in to hang out, eat, use computers and showers, talk with a case manager or counselor, and get free basic medical care (focus on reproductive and sexual health).

Wyman

600 Kiwanis Drive
Eureka, MO **63025**
636-938-5245
Email: info@wymancer.org
www.wymancer.org

An organization enabling teens from disadvantaged circumstances to lead successful lives and build strong communities. Wyman creates interactive peer group experiences, delivers curriculum that is engaging, relevant and challenging, provides community service learning, and makes sure there is strong support from adults as positive role models. Services include the Teen Outreach Program™ (TOP), Teen Leadership Program (TLP), Five Star After School Program, and camp opportunities.

Youth in Need

24-hour help line: 636-946-3771
Central Office: 636-946-5600
www.youthinneed.org

With more than 25 locations throughout St. Charles, Lincoln, Warren and Montgomery Counties and St. Louis City, Youth in Need programs serve children, teens, and families with residential homes, foster care case management, homeless outreach, counseling and support groups, education, and infant, child, and family development.

St. Louis City Head Start Center

3013 Meramec, **63118**
314-353-6906
Fax: 314- 353-2713
rjoiner@youthinneed.org

Foster Care Case Management

4926 Reber Place, **63139**
314-372-8405
Fax: 314- 372-8409
bmenn@youthinneed.org

United Way Information & Referral: Dial 211 or 800-427-4626, or visit www.211missouri.org for critical health and human services, everyday needs and in time of crisis—24-hour, seven-days-a-week availability. When appropriate, 2-1-1 specialists can connect callers directly with a service provider, eliminating the need to make another telephone call.