Ear Piercing

AFTER CARE INSTRUCTIONS

You have wisely chosen to have your ears pierced with Blomdahl Medical Ear Piercing, thereby obtaining maximum protection against potential infection during the piercing process. The ear piercing "earring" itself has been developed specially for ear piercing, to avoid problems with nickel allergy and other contact allergies during the healing period.

This is how you best care for your newly pierced ears:

- Never touch your ears without cleaning your hands thoroughly. Do not twist the earrings.
- Clean your newly pierced ears (on both sides) carefully with soap and clean running water twice a day. Rinse with a lot of clean running water and dry with a clean towel or q-tips.
- Make sure that your newly pierced ears are always kept clean, dry and airy.
- Cover your ears when you are putting on hair spray, spray perfume, hair-dye etc.
- Take extra care when you put on or remove clothes over your head, to prevent the earrings from getting caught.
- After about six weeks you are recommended to remove the ear piercing studs and change (be careful) to earrings with a thinner post, e.g. Blomdahl Caring Earrings.

This is how you remove the plastic butterfly:

Wash your ear and hands! With one hand take hold of the jewelry part of the ear-piercing earring. With the other hand wiggle the butterfly, till you feel that the butterfly loosens. Repeat this in the opposite direction and the butterfly will loosen with ease.

Prolonged swelling, redness or discomfort after ear piercing is not normal. In the event of this, remove the earring immediately and rinse with an antiseptic solution at least three times a day. Swelling, redness or pain after ear piercing in the non-lobe part of the ear (cartilage) is serious—contact our physician.

After the healing period there is still a risk of developing nickel allergy if you use inappropriate earrings. We recommend Blomdahl Caring Earrings if this happens. Blomdahl’s earrings were developed in consultation with skin specialists.